Independence Village of Traverse City

September 2025 Life Enrichment Monthly Calendar

Independent Living

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Church Service (CH) I I:00 Exercise Video- Resident Run (AA) 3:00 Puzzle Group (L)	Labor Day 11:00 Exercise Video (AA) Noon-Labor & Leisure Picnic Luncheon (DR) 3:00 Pickup Crosswords (A) 5:00 Grab & Go Sack Dinner (DR) 6:00 Resident Led Games (P)	8:30/9:00/9:30 Shopping Trips (A I I:00 Balloon Volleyball (AA) I:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 3:00 October Activity Planning Meeting (AA) 6:00 Resident Led Games (P)	3) 10:00 Euchre Club (P) 11:00 Chair Yoga (AA) 11:00 Communion (CH) 2:00 N. Sky Raptor Show (A) 3:30 Wine Down Wed. (P) 6:00 Resident Led Games (P)	I 0:30 BATA Bus Orientation (A) I 1:00 Exercise (AA) I:30 Outing- Moomer's Ice Cream 2:30 Bridge Club (P) 6:00 Resident Led Games (P)	I 1:00 Exercise With Powerback (AA) 1:30 Kitchen Band Practice(AA) 2:00 Bible Study (CH) 3:00 Fall Jazz-up Flower Boxes (FY) 6:00 Friday Poker (P)	I 1:00 Exercise Video (AA) 1:30 Kitchen Band Practice (AA) 3:00 Grab N' Go Word Search (A) 6:00 Euchre Club (P)
	Grandparent's Day! 7 9:30 Church Service (CH) 11:00 Exercise Video- Resident Run (AA) 3:00 Puzzle Group (L)	8 I I:00 Exercise Video- Resident Run (AA) I:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: The Crown (L) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P)	(A)	10:00 Euchre Club (P) 11:00 Chair Yoga (AA) 11:00 Communion (CH) 2:00 Performer- Billy McCallister (A) 3:30 Wine Down Wed. (P) 6:00 Resident Led Games (P)	Patriot Day 9:45 Outing- Dennos Museum Tour 11:00 Exercise (AA) 2:30 Bridge Club (P) 3:00 9/11 Documentary (CH) 6:00 Carolyn Plays Ukulele (A)	I 2 I 1:00 Exercise With Powerback (AA) I:30 Kitchen Band Practice (AA) 2:00 Bible Study (CH) 3:00 September Birthday Celebration (AA) 6:00 Music with John Denner	1:30 Kitchen Band Practice
ľ	9:30 Church Service (CH) I I:00 Exercise Video- Resident Run (AA) 3:00 Puzzle Group (L)	1:15 Support Group (CH) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club:The Crown(L)	B:30/9:00/9:30 Shopping Trips (A) I I:00 Balloon Volleyball (AA) I:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 6:00 Resident Led Games (P)	10:00 Euchre Club (P) 11:00 Chair Yoga (AA) 11:00 Communion (CH) 1:30 GTFD Fire Safety Class (AA) 3:30 Wine Down Wed (P) 6:00 Resident Led Games (P)	DeNoyelles (A)	I 9 I 1:00 Exercise With Powerback (AA) I:30 Kitchen Band Practice (AA) 2:00 Bible Study (CH) 3:00 Resident Craft Show (AA) 6:00 Friday Poker (P)	I I:00 Exercise Video (AA) I:30 Kitchen Band Practice (AA) 3:00 Grab N' Go Word Search (A) 6:00 Euchre Club (P)
ı	2 I 9:30 Church Service (CH) I I:00 Exercise Video- Resident Run (AA) 3:00 Puzzle Group (L)	1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club:The Crown(L) 3:00 TC Mobile Library (AA) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P)	\ \ /	10:00 Euchre Club (P) 11:00 Chair Yoga (AA) 11:00 Communion (CH) 1:30 Resident Forum (AA) 3:30 Apple Of My Eye Happy Hour (P) 6:00 Resident Led Games (P)	10:00 Chef Showcase- Apples Galore! (DR) 11:00 Exercise (AA) 1:15 Outing- Black Star Farms 2:30 Veteran's Group (PDR) 6:00 Resident Led Games (P)	Apple Hoedown Day! 26 I I:00 Exercise With Powerback (AA) 2:00 Bible Study (CH) 3:00 Hee Haw Harvest Hoedown (A) 6:00 Friday Poker (P)	11:00 Exercise Video (AA) 1:00 Carolyn Plays Ukulele (A) 3:00 Grab N' Go Word Search (A) 6:00 Euchre Club (P)
	9:30 Church Service (CH) 11:00 Exercise Video- Resident Run (AA) 3:00 Puzzle Group (L)	1:15 Support Group (CH) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club:The Crown(L) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P)	3:00 New Resident Social (AA) 6:00 Resident Led Games (P)				
		DR- Dining Room FY- Front Yard	L- Library P- Pub	Executive Director: Kelsey Baker Life Enrichment Director: Kellie Brant	Visit Us On Facebook!	Address: 3950 Sumac Dr. Traverse City, MI 49684 Phone: 231-935-4553	Independence Village SENIOR LIVING