## **StoryPoint Knoxville West**

## September 2025

Life Enrichment Monthly Calendar Assisted Living

Activities are subject to change Sunday Monday **Tuesday** Wednesday **Thursday Friday** Saturday Labor Day August 10:00am Flower Arranging (L) 10:30am Sandy's Fitness (A) 10:30am Tai Chi (A) 1:30pm Bingo Followed by 9:30am Mass Independent Games, Visits and I I:00am Headbands Game (L) 10:30am AM Power Up (A) 11:00am The Fantastic Fox (A) 11:00am September IQ (A) Games w/Patti 10:00am Flower Arranging (L) Reading 1:30pm Snack Cart (RR) 10:30am LIVE Kim Frasch (MC) 1:30pm Nails (A) 1:00pm Food City SIGN UP 10:30 Weightlifting (A) 1:30pm UT Gardens (MC) 2:00pm Vanity Plate Game (L) 2:00pm Short Story Club (L) See Flyer Jo-Ann's Movie 3:15pm Temple Baptist Church 1:30pm Out to the Farmers Marke 2:00pm Life Enrichment Planning 3:00pm LIVE Marc Beecher (A) 3:00pm A Peaceful Pastry Party Gathering (IR) SIGN UP Service (A) 5:30pm T's TV Concert (A Meeting (A) (A) 2:00pm Speed Yahtzee (A) 3:00pm Bingo (A) 3:00pm Grief Group w/ Scarlett (L Luau Day PJ Day **Grandparents Day Sport Day** Hippie Day Western Day ш 12 13 9:30am Mass 1:30pm Bingo Followed by Games 2:30pm Grandparents Day 10:30am Pre-game Stretch (A) 10:00am Flower Arranging (L) 10:00am 911 Flag Ceremony 10:30am Tai Chi (A) I I:00am Sport Trivia 10:00am Flower Arranging (L) 10:30am Boot Scootin (A) (Outside by the Flag Pole) 1:00pm Publix SIGN UP Celebration (CY) w/Patti 3:15pm Temple Baptist Church 1:30pm Basketball (A) 10:30 Hippie Workout (A) 10:30am Sandy's Fitness (A) 11:00am Boot Tossin' (A) 1:30pm Decorating a Pillow Case 11:30am Lunch Out at The Service (A) 3:00pm Hockey(A) 1:30pm The Lone Ranger (JR) II:00am Coconut Roll (A) See Flyer Jo-Ann's Movie 5:30pm Movie (A) Tomato Head SIGN UP 2:00pm Western Photo Shoot (L) 1:00pm Devotions (MC) 3:00pm Blue Shadows Band Happy Gathering (JR) 5:30pm Singo w/T (A) 2:00pm LIVE Steve Carr (A) 2:00pm "Lei" One on Me (CY) 3:00pm Cowboy Bingo (A) Hour (A) 3:00pm Tie-dye Bandanas (CY) 3:00pm LIVE Piano w/Terri (A) 5:30pm 911 Remembrance (A) 15 16 18 19 14 Independent Games, Visits and 10:30am Morning Stretch (A) 9:30am Mass 10:00am Flower Arranging (L) 10:30am Tai Chi (A) 1:30pm Bingo Followed by Games 10:30am Sandy's Fitness (A) 10:00am Flower Arranging (L) 11:00am 5 Clues (A) 10:30am AM Power Up (A) 11:00am The Great Gatsby (A) 11:00am Random Trivia (A) Reading w/Patti 1:30pm Resident Council (A) 10:30 Weightlifting (A) I I:00am Jokes & Puns (A) 1:00pm Aldi SIGN UP 11:30am Men's Lunch at Rooster's 3:15pm Temple Baptist Church 3:00pm Culinary Travels (A) 1:30pm Historic Downtown Drive 1:30pm Heal Documentary (JR) SIGN UP 2:00pm Short Story Club (A) See Flyer Jo-Ann's Movie SIGN UP 2:00pm Nutritional Showcase 3:00pm LIVE Pattie & Donnie Service (A) 5:30pm Movie (A) 1:00pm Devotions (MC) Gathering (IR) 5:30pm Sewing (A) 3:00pm LIVE Tim Stoffberg (A) (DR)) Happy Hour (A) 2:00pm Art w/ Sheryl (MC) 3:00pm Bingo (A) 3:00pm Wine Tasting (L) 4:00pm Bingo Store (A) 5:30pm Tom Talks (A) 26 22 24 Fall Begins Octoberfest Independent Games, Visits and 10:30am Morning Stretch (A) 9:30am Mass 10:30am Learn The Chicken Dance 10:30am Tai Chi (A) 10:30am Sandy's Fitness (A) 1:30pm Bingo Followed by Games I I:00am Who Am I? (A) 11:00am Intergenerational Trivia Reading 10:00am Flower Arranging (L) I I:00am Talking Tidbits (A) w/Patti 1:30pm Sunshine Club (CY) 10:30 Weightlifting (A) 11:00am The History of The 1:00pm Devotions (MC) 3:15pm Temple Baptist Church 3:00pm Trivia w/ Linda (A) 1:30pm Thrift Shopping SIGN UP Lederhosen & Dirndl (A) 1:30pm LaLa Nails Outing SIGN 1:00pm Kroger SIGN UP See Flyer Jo-Ann's Movie 1:30pm Octoberfest Documentary 5:30pm Movie (A) 2:00pm The Geezer Guy (A) 2:00pm Explore ChatGPT (A) Service (A) UP by 9/23 Gathering (IR) 5:30pm T's TV Concert (A) 3:00pm Votive Craft (A) 3:00pm LIVE Danny James Happy 2:00pm Crafters Corner (A) 3:00pm Bingo (A) 3:00pm Wii Bowling (A) Hour (A) 5:30pm Storytelling W/ Dale (A) 30 28 10:30am Morning Stretch (A) Independent Games, Visits and 9:30am Mass 10:00am Flower Arranging (L) II:00am What Am I? (A) Reading 1:30pm No-bake Workshop (A) 10:30 Weightlifting (A) 3:00pm Lego w/ Scarlett (A) 3:15pm Temple Baptist Church 1:30pm Bearden Library SIGN UP 5:30pm Movie (A) 2:00pm Creature Feature (A) Service (A) 3:00pm Painting W/ Mandy (A) 5:30pm Writing Poetry (A)

Calender Key:

**CY - Courtyard** 

A – Activity Room **FL** - Front Lobby

L - Library MC - Memory Care Community JR - Jefferson Room

**DR** - Dining Room RR - Room to Room **CR - Conference Room** 

STORYPOINT -Senior Living