

Grace Haven Assisted Living and Memory Care

September 2025

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 10:30 Labor Day Facts, Fun, and Work Chat (MC) 1:15 Bingo (MD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Movie, Popcorn, and Drink (MC)	2 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Briggs Library (PD) 5:45 World Coconut Day Facts and Drinks (MC)	3 10:30 Marching Exercise (MC) 11:00 Manicures (MC) 1:15 Manicures (B) 3:15 Music with Wendy (MC) 5:45 Happy Hour: Septem-BEER (MC)	Brooke's Birthday 4 10:30 Men's Group with DJ (MD) 2:00 Vacuuming (MC) 3:30 Exercise (MD) 5:45 Cooking Club: 3,2,1 Mug Cakes and Milk (MC)	Samantha's Birthday 5 10:30 Fishing and Cook Out Outing 1:15 Bingo (MD) 3:00 Chair Synchronized Swimming (MC) 5:45 September Slumber Winddown (MC)	Clyde's Birthday 6 11:00 Golden Zumba Exercise (PD) 1:15 Flavor Your Popcorn Party (MC) 3:00 Folding and Taking Care of Laundry (MC) 5:45 Scalp and Head Massages (MC)
Grandparent's Day 7 10:30 Rise and Shine Outdoor Exercise Group (O) 2:30 Church Group Singing and Chat (MD) 3:30 Grandparent's Day Ice Cream Social	8 10:30 Jen and Frankie Therapy 1:15 Bingo (MD) 2:00 Pick Up (MC) 3:30 Exercise (MD) 5:45 Mobile Cart: Pop Floats Mobile Cart	9 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Essential Oils (MC)	10 10:30 Haden's Safety Seminar (L) 1:00 Manicures (PD) 3:45 Circuit Training Exercises (MC) 5:45 Happy Hour: Surprise September (MC)	September 11th 11 10:30 American Songs Karaoke (L) 1:15 Resident Activity Meeting (PD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Affirmations (MC)	12 10:30 Morning Music and Chocolate Milkshake Cart 1:15 Bingo (MD) 4:15 Music with Marty (MC) 5:45 Resistance Band Exercise (MC)	13 10:30 Pen Pals Program Tools and Tips (CD) 1:15 Balloon Badminton (MC) 2:15 Grace Haven's Garden Clean Up(O) 5:45 Euchre Games (CD)
14 10:30 Church Service and Songs (MC) 1:30 Traci and Family (MD) 2:30 Men's Group: Outings Chat (PD) 5:45 Meditation Exercise and Calming Sounds (MC)	15 10:30 White Chocolate Taste Testing (PD) 1:15 Bingo (MD) 2:00 Vacuuming (MC) 3:30 Exercise (MD) 5:45 Resident Lead Card Games (CD)	16 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Bingo Store (PD) 5:45 Historical Events Talk (MC)	17 10:00 Simple Stretches and Songs (MC) 11:30 Music with Tess (MC) 1:00 Manicures (PD) 3:30 Manicures (MC) 5:45 Happy Hour: Warm Up Drinks (MC)	18 10:00 Culinary Showcase New Menu Tasting(MC) 10:15 Groove & Grub Chair Zumba Luncheon Outing 2:00 Closet Clean Up (MC) 3:30 Exercise (MD)	Brunetta's Birthday 19 10:30 Dancing Through the Decades (L) 1:15 Bingo (MD) 3:00 Talk Like A Pirate and Treasure Fun (L) 5:45 Tactile Ball and Breath Control Exercise (MC)	20 9:30 Lamplighter Festival Parade Outing 1:15 Oktoberfest Happy Hour Mobile Cart 2:00 Dishes (MC) 5:45 Seasonal Movie with Snacks and Drinks (MC)
Nicole E.'s Birthday 21 10:30 Church Service and Songs (MC) 11:15 Technology Time with Tammy (PD) 2:30 Cornhole (MD) 5:45 Resident Lead Card Games (CD)	22 9:30 Detroit Institute of Arts Outing (ALL DAY) 1:15 Mopping (MC) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Wind Down Smoothie Mobile Cart	23 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Hymns (MC)	24 10:30 Mochie Testing (MC) 12:15 Very Cherry Resident Birthday Party Bash 1:30 Resident Council (PD) 2:30 Manicures (B) 5:45 Happy Hour: Cherry Drinks (MC)	25 10:00 Food Committee with Chef (L) 2:00 Organizing (MC) 3:30 Exercise (MD) 5:45 Tactile Ball Exercise and Breath Control (MC)	26 10:30 Celebration of Life Ceremony (L) 1:15 Bingo (MD) 3:30 Before Dinner Meditation (MC) 5:45 Coloring and Nighttime Chat (MC)	27 10:30 Don't Burst My Bubble Game (MD) 1:15 Crush and Gush Welcome Party (PD) 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)
28 10:30 Church Service and Songs (MC) 11:30 Oil and Massage Allergy Relief (MC) 1:15 Outdoor Walking Club (O) 5:45 Crosswords (MC)	29 10:30 Performance by Cliff Thelen (MD) 1:15 Bingo (MD) 2:00 Pick Up (MC) 3:30 Exercise (MD) 5:45 Relaxing Drinks and Massages (MC)	30 10:00 Catholic Service and Rosary (PD) 10:00 Denise and Ruby Therapy 10:45 Bible Study with Dean (CD) 5:45 Hydration Relax (MC)				

Calender Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
7:30am-9:00am

Lunch:
12:15pm-1:30pm

Dinner:
4:45pm- 6:00pm

