

Woodlawn Meadows

Assisted Living

September 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10:30 Cranium Crunches & Word Puzzles (SL/GNG) 2:00 Card Games (RL) 6:00 Read & Relax (SL)	Labor Day 1 10:30 Chair Exercises (D) 11:15 Discussion: Learning About Labor Day (A) 12:30 Wii Bowling (A) 2:00 The Write Word Game: Labor Day Addition (A) 3:00 Thank You Cards (RL) 3:30 Labor Day Laughs (A)	2 10:30 Chair Exercises (D) 11:15 A-Z Occupational Trivia (A) 1:00 Jar Lid Sunflowers (D) 3:30 Cornhole (P)	3 10:30 Chair Exercises (D) 11:15 Giggles and Grins (A) 1:30 Discussion: Talkin Bout All Generations (A) 3:00 Advise from WM Seniors to HS Seniors (A)	Wendi & Ella's Birthdays (staff) 4 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:00 Sunflower Installation Art (D) 2:30 Candy Bingo (D)	5 10:30 Chair Exercises (D) 11:00 Virtual Experience (A) 12:30 Wii Bowling (A) 1:30 Penny Bingo (D) 2:30 Piano by Norm (D) 3:30 Wisdom Across the Ages (A)	6 11:00 Coffee and Conversation (D) 2:00 Card Games (D) 6:00 Jigsaw Puzzles (SL)
Grandparent's Day 7 10:30 Cranium Crunches & Word Puzzles (SL/GNG) 2:00 Card Games (RL) 6:00 Read & Relax (SL)	Harvest Day 8 10:30 Chair Exercises (D) 11:15 Card Creating (D) 12:30 Wii Bowling (A) 3:00 We Are Family Centerpiece (D)	Twin with Staff Day 9 9:30 Men's Group (A) 10:30 Chair Exercises (D) 11:15 Intergenerational Trivia (A) 1:00 Cotant's Outing (O) 2:30 Ticket Bingo (D) 3:30 The Velvet Frog (A)	Favorite Sports Team 10 8:30 Beauty Shop (S) 10:30 Chair Exercises (D) 11:15 Anytime Pop-up Cards (A) 1:30 Church Service with United Methodist (D) 3:00 Crazy Dice (D)	Pajama Day 11 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 11:30 WWII Trivia (A) 1:00 Travelogue: Sojourn in Sweden (D) 2:30 Candy Bingo (D)	Woodlawn Meadows Spirit Day 12 10:30 Chair Exercises (D) 11:00 Friday Funnies (D) 12:30 Wii Bowling (A) 1:30 Penny Auction (D) 3:00 Craft- Mini Foil Balloons (D)	13 11:00 Coffee and Conversation (D) 2:00 Card Games (D) 6:00 Jigsaw Puzzles (SL)
14 10:30 Cranium Crunches & Word Puzzles (SL/GNG) 2:00 Card Games (RL) 6:00 Read & Relax (SL)	15 10:30 Chair Exercises (D) 11:00 Guest Pilot (D) 12:30 Wii Bowling (A) 1:45 Painting Nails (D) 3:00 Table Tennis (D)	16 9:30 Gordon's Group (D) 10:30 Chair Exercises (D) 11:30 Suzanne's Suprise (D) 1:00 Drone Show (P) 2:30 Ticket Bingo (D)	17 8:30 Beauty Shop (S) 10:30 Chair Exercises (D) 11:00 Airport Outing (O) 1:30 Church Service with United Methodist (D) 3:00 Cornhole (P)	18 9:45 Prayer Service (D) 10:45 Stand & Stretch Exercises (D) 1:00 Model Planes 2:30 Candy Bingo (D)	Rozlyn's Birthday (staff) 19 10:30 Chair Exercises (D) 11:00 Virtual Experience (A) 12:30 Wii Bowling (A) 1:30 Paper Airplane Competition (D) 2:30 Penny Bingo (D)	20 11:00 Coffee and Conversation (D) 2:00 Card Games (D) 6:00 Jigsaw Puzzles (SL)
21 10:30 Cranium Crunches & Word Puzzles (SL/GNG) 2:00 Card Games (RL) 6:00 Read & Relax (SL)	22 10:30 Chair Exercises (D) 11:00 Virtual Experience (A) 12:30 Wii Bowling (A) 2:00 Allison's Academy (D) 3:30 DIY Fluffy Dog (D)	23 9:30 Veterans Group (A) 10:30 Chair Exercises (D) 11:30 Suzanne's Suprise (D) 1:30 Ladies Group (A) 2:30 Ticket Bingo (D) 3:30 Calendar Planning with Shannon (D)	24 8:30 Beauty Shop (S) 10:30 Chair Exercise (D) 11:15 Giggles and Grins (A) 1:30 Church Service with United Methodist (D) 2:30 Resident Council (D) 3:15 Resident Birthday Party with Chris Sloan (D)	Dezi's Birthday (staff) 25 9:45 Prayer Service (D) 10:45 Stand & Stretch Exercises (D) 11:30 Classic TV Trivia (A) 12:00 Richie's Koffee Shop Lunch Outing (O) 1:45 Culinary Showcase (D) 2:30 Candy Bingo (D)	26 10:30 Chair Exercises (D) 11:00 Friday Funnies (D) 12:30 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Conversation Card Social (D)	27 11:00 Coffee and Conversation (D) 2:00 Card Games (D) 6:00 Jigsaw Puzzles (SL)
28 10:30 Cranium Crunches & Word Puzzles (SL/GNG) 2:00 Card Games (RL) 6:00 Read & Relax (SL)	Morgan's Birthday (staff) 29 10:30 Chair Exercises (D) 11:00 Virtual Experience (A) 12:20 Wii Bowling (A) 1:45 Painting Nails (D) 2:30 Jami's Journey (D)	Vanessa's Birthday (staff) 30 9:30 Calendar Review(D) 10:30 Chair Exercises (D) 11:30 Suzanne's Suprise (D) 2:30 Ticket Bingo (D) 3:30 What am I? (A)				

Calender Key:
GNG - Grab & Go Wall File
by Activity Room
CS - Self Led

RL - Resident Led
D - Dining Room
A - Activity Room
O - Off-site

M/C - Apartments or
mobile cart that goes to
each apartment or around
common areas

S - Hair Salon
P - Front Porch/Outside

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 11:45 Daily Chronicles 1:30 Sit & Be Fit! 2:15 Treats & Talk	Labor Day 1 10:15 Chair Exercises 11:00 Thank You Cards 11:30 Labor Day Laughs 1:00 Discussion: Learning About Labor Day 2:00 The Write Word Game: Labor Day Addition	2 10:30 Music with George 11:15 Chair Exercise 1:30 A-Z Occupational Trivia 3:00 Branching Out: Door Decor	3 10:15 Chair Exercises 11:00 Serenity in Color 1:30 No Recipe Kneaded Story, Discussion, Baking 3:30 Remembering Mother Goose Nursery Rhymes	Wendi & Ella's Birthdays (staff) 4 9:30 Prayer Service 10:15 Music with Ruthie 11:00 Chair Exercises 11:30 Fun Facts: Sheep 1:30 Mini-Manis 3:00 Craft: Coffee Can Lamb	5 10:15 Chair Exercises 11:00 Giggles and Grins 1:30 Canvas Bag Creations 3:00 Spelling Hives	6 10:30 Bible Study with Alan 11:15 Morning Movement 1:30 Daily Chronicles 2:00 Sips & Socialize
Grandparents Day 7 11:45 Daily Chronicles 1:30 Sit & Be Fit! 2:15 Treats & Talk	Harvest Day 8 10:30 Bob Lacey 11:00 Chair Exercises 1:30 We are Family Centerpiece 3:00 Advise from Seniors to 2025/26 Seniors 6:30 Monday Night Movie	Twin with Staff Day 9 10:30 Music with George 11:15 Chair Exercise 1:00 Cotant's Market Outing 3:30 Intergenerational Trivia	Favorite Sports Team 10 10:15 Chair Exercises 11:00 Serenity in Color 1:30 Recipes through the Generations 3:30 Thank you cards	Pajama Day 11 9:30 Prayer Service 10:15 Chair Exercises 11:00 Travel Brief: Sweden 1:30 Mini-Manis 3:30 Candy Bingo	Woodlawn Meadows Spirit Day 12 10:15 Chair Exercises 11:00 Giggles and Grins 1:30 Craft- Mini Foil Balloons (D) 3:00 Toss Your Hat in the Ring	13 10:30 Bible Study with Alan 11:15 Morning Movement 1:30 Daily Chronicles 2:00 Sips & Socialize
14 11:45 Daily Chronicles 1:30 Sit & Be Fit! 2:15 Treats & Talks	15 10:15 Chair Exercises 11:00 Guest Pilot 1:30 The Fantastic Fox 2:30 Giggles and Grins 6:30 Monday Night Movie: Top Gun	16 9:30 Suzanne's Suprise 10:30 Music with George 11:15 Chair Exercise 1:00 Drone Show 3:30 Gordon's Group	17 10:00 Story Smorgasbord with Jan 11:00 Airport Outing 1:30 Recipes through the generations 3:30 Anytime Pop-up Cards	18 9:30 Prayer Service 10:30 Chair Exercises 11:00 Serenity in Color 1:30 Mini-Manis 2:00 Model Planes 3:00 Aviation Conversation Social	Rozlyn's Birthday (staff) 19 10:15 Chair Exercises 11:00 Giggles and Grins 1:30 Paper Airplane Competition 3:00 Grand Words and Phrases	20 Silly Joke Crossword 10:30 Bible Study with Alan 11:15 Morning Movement 1:30 Daily Chronicles 2:00 Sips & Socialize
21 11:45 Daily Chronicles 1:30 Sit & Be Fit! 2:15 Treats & Talks	22 10:15 Chair Exercises 11:00 How Much is that Doggy in the Window? 1:30 Pretty Paper Picture Frames 3:00 The Hollyhock Doll 6:30 Monday Night Movie	23 9:30 Suzanne's Suprise 10:30 Music with George 11:15 Chair Exercise 1:30 Classic TV Trivia (A) 3:00 Allison's Academy (D)	Chris Schell's Birthday 24 10:15 Chair Exercises 11:00 Serenity in Color 1:30 Recipes through the generations 3:30 Craft- Mini Foil Balloons (D)	Dezi's Birthday (staff) 25 9:30 Prayer Service 10:30 Chair Exercises 11:00 Serenity in Color 12:00 Richie's Koffee Shop Lunch Outing 1:30 Mini-Manis 3:30 Cheyanne's Corner	26 10:15 Chair Exercises 11:00 Giggles and Grins 1:30 Lil Straw Easels 3:00 Candy Bingo	27 10:30 Bible Study with Alan 11:15 Morning Movement 1:30 Daily Chronicles 2:00 Sips & Socialize
28 11:45 Daily Chronicles 1:30 Sit & Be Fit! 2:15 Treats & Talks	Morgan's Birthday (staff) 29 10:15 Chair Exercises 11:00 I Heard it Through the Grapevine 1:30 Grape Jokes 3:30 Jami's Journey 6:30 Monday Night Movie	Vanessa's Birthday (staff) 30 9:30 Suzanne's Suprise 10:30 Music with George 11:15 Chair Exercise 1:30 Movies and Stars - Acting Families 3:00 What am I?				