## Independence Village of Midland

## September 2025 Life Enrichment Monthly Calendar

Independent Living

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1
		Labor Day  10am Sit n' Be Fit 11am Manicures 12:15pm Early Dinner Service Taco/Nacho Bar 2:30pm Watercolor Class 6pm Open Euchre	10am Hand Weights I Iam Group Sudoku Ipm Tea Time Gathering 3pm Live Music by Zach Kolkman 6:30pm Did You Know?	10am Cardiomelon 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Calendar Review and Brainstorm w/ Katie	I 0am Havin' a Ball with Kate I-3pm The Village Farmer's Market 3pm Crossword 6pm Five Crowns	I0am Balance in Action w/ Powerback Rehab I2pm Learn to Play: Wii Bowling I0I 3pm Happy Hour 6pm Hillbilly Rummy	I0am Noodle-cise I Iam Open Wii Bowling Ipm Pictionary 3pm BINGO 6pm Saturday Theater Film: Radio	)
	Grandparents' Day 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 2-4pm Special Deliveries: Grandparent's Day 3:30pm Netflix Series	8 10am Yoga w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm The Billiards Club 6pm Open Euchre	10am Hand Weights I Iam Group Sudoku Ipm Balloon Art Seminar w/ Artist Joel Tacey 3pm Resident Forum 6pm Resident Sing Along	9:00am Outing to the Detroit Zoo 10am Sit n' Be Fit 10:30am Catholic Communion I Iam Women's Bible Study Ipm The Crafter's Guild	Patriot Day  8:30am The Bingo Breakfast I Iam Noodle-cise Ipm Crossword 3pm Puttin' Around w/ Becca 6pm Five Crowns	I 2 I 0am Balance in Action w/ Powerback Rehab I 2pm Let's Practice: Wii Bowling 3pm Happy Hour and Meet & Greet w/ Stephanie 6pm Hillbilly Rummy	I Oam Exercise DVD I I am Open Wii Bowling I pm Walking Club 3pm BINGO 6pm Saturday Theater Film: The Week Of	3
	10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series: Our Living World	10am Chair Dancing w/ Sarah 11am Lunch Outing: The Lunch Lottery 12:30pm Watercolor Class 3pm Manicures 6pm Open Euchre	I Oam Hand Weights I Iam Group Sudoku I-4pm Technology Time w/ Grace A. Dow Library 3pm Live Music by Bill Goebel 6:30pm Did You Know?	10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Balance Clinic with Powerback Rehab	I 0am Havin' a Ball with Kate I Iam Crossword Ipm Talk Health w/ Stephanie Healthy Skin at Any Age 3pm Funny Money Auction 6pm Five Crowns	I 9 I 0am Balance in Action w/ Powerback Rehab I 2pm Meet and Greet: Doxin Puppies 3pm Happy Hour and Birthday Celebration 6pm Hillbilly Rummy	10am Noodle-cise I Iam Open Wii Bowling Ipm Cornhole 3pm BINGO 6pm Saturday Theater Film: Apollo 13	5
	10am Sunday Stretch I Iam-2pm Farm-to-Table Brunch Buffet 3pm The Innovation of Iconic Toys 5pm Dinner Outing to Brinstar Arcade Bar & Grill	First Day of Autumn 22  10am Yoga w/ Sarah 11am Manicures 1pm Outing to the Sanford Historical Museum 6:30pm The Evolution of Music Live w/ Val Lemen	10am Hand Weights I Iam Group Sudoku Ipm Boats, Planes, and Skis! Innovation of Dow Metal 3pm Do-It-Yourself Creation: Float Your Boat 6pm Resident Sing Along	10am Exercise w/ Ashley 10:30am Catholic Communion I Iam Women's Bible Study Ipm The Now & Then Museum of Exploration	I0am Noodle-cise I Iam The Retail Revolution 3pm An Up-Close Look at Electric Cars 5:30pm 2025 Village Car Show The Auto Evolution	10am Balance in Action w/ Powerback Rehab 11-2pm Food Truck Friday Frank N Bones 3pm Happy Hour 6pm Hillbilly Rummy	10am Exercise DVD I Iam Open Wii Bowling Ipm Walking Club 3pm BINGO 6pm Saturday Theater Film: Marry Me	7
N.	10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series: Our Living World	10am Chair Dancing w/ Sarah 11am Manicures 12:30pm Watercolor Class 2pm Outing to Creative 360 Fiber Arts Guild Exhibit 6pm Open Euchre	Alzheimer's Bake Sale 30 10am Hand Weights 11am Book Club 12:30pm Hand-Made w/ Becca 3pm Live Music by The Jolly Hammers 6pm Dementia Education Series Understanding the Brain					