Memory Care

September 2025 Life Enrichment Monthly Calendar

See Daily Sheets for Details Activities are subject to change

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lives Impacted Positively Everyday	9:45a - Exercise with Noodles 10:30a - Bingo 11:15a - Silverware Sorting 1:45p - Catholic Mass 2:15p - Popsicles in the CY 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	11:15a - Pastor Beagle 11:15a - Silverware Sorting 1:45p - Crafty Club 3:00p - 2nd Floor Activity Cart 5:30p - Wind Down Activities	9:45a - Arm & Leg Workout 10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Color Me Fun 5:30p - Wind Down Activities	9:45a - Stretching to the 60's 4 1000a - Carpool Karaoke 10:15a - Rosary 10:30a - Board Games 11:15a - Memory Games 1:00p - Piano Lessons (MAN) 1:45p - Crafty Club 2:00p - Lockport Fire Station 6 Tour 3:15p - Joe the Accordion Player 5:30p - Wind Down Activities	9:45a - Stretching to the 50's 10:30a - Word Searches 11:15a - Sing A-Long with Janet & Beth 1:45p - 1st Floor Activity Cart 3:00p - Social hour & Cheese Pizza	9:45a - Foam Frisbee 10:30a - Card Games 11:15a - Lunch Setup 1:45p - Make a Sticker Face 3:00p - Popcorn and a Movie 3:30p - Towel Folding 5:30p - Wind Down Activities
5:30p - Wind Down Activities	10:30a - Bingo 11:15a - Crafty Club: Peace Signs 1:45p - Catholic Mass 2:15p - Word Search 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	Style & Soul 9 9:45a - Exercise to Soul Music 10:30a - Pastor Beagle 11:15a - Crafty Club: Safe Lava Lamp 1:45p - Name that Tune 3:00p - Soul Train Line Dance 5:30p - Wind Down Activities	Taste of the 60's 9:45a - Seated Pilates 10:30a - 60's Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Crafty Club: Decorate Your Own Cupcake 5:30p - Wind Down Activities	A Decade of Change 9:45a - Seated Kickball 1000a - The Beller Museum 10:15a - Rosary 10:30a -1960's Trivia Questions 11:15a - 1st Floor Activity Cart 1:00p - Piano Lessons (MAN) 1:45p - Moon Reenactment Activity 3:15p - 60's music w/Fred Dubose 5:30p - Wind Down Activities	Groovin to the 60's 12 9:45a - Drum Circle 10:30a - Family Feud 11:15a - Sing A-Long with Janet & Beth 1:45p - Music Therapy with Stacy 3:00p - Alan Synder Performs 5:30p - Wind Down Activities	9:45a - Chair Exercises 10:30a - Crafty Club
9:45a - Exercise with Card 10:30a - Crosswords 11:15a - Hand Massages 1:45p - Board Games 3:00p - Movie Time 3:30p - Napkin Folding 5:30p - Wind Down Activities	9:45a - Exercise With Music 5 10:30a - Bingo 11:15a - Sock Matching 1:45p - Catholic Mass 2:15p - Crafty Club with Pretty 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	9:45a - Seated Yoga 10:30a - Pastor Beagle 11:15a - Table Setting Together 1:45p - Bracelet Making 3:00p - Fall into Puzzles 5:30p - Wind Down Activities	Citizenship Day 9:45a - Range of Motion 10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Patriotic Songs	9:45a - Flashcard Fitness 10:00a - Scenic Autum Drive 10:15a - Rosary 10:30a - Crafty Club 11:15a - Color Me Fun 1:00p - Piano Lessons (MAN) 2:00p - Aurora Regional Fire Museum 3:00p - Lauren the Harpist	I I:15a - Sing A-Long with Janet & Beth I:45p - Crafty Club: Autumn 3:00p - Birthday Mocktails &	9:45a - Flashcard Fitness 10:30a - Memory Games 11:15a - Find the Missing Object 1:45p - Popcorn & a Movie 3:00p - Frank Rossi Performs 5:30p - Wind Down Activities
9:45a - Stick Dance Exercise 10:30a - Crosswords 11:15a - Puzzles 1:45p - Finish the Phrase 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	First Day of Fall 9:45a - Seated Yoga 10:30a - Bingo 11:15a - Aqua Painting 1:45p - Catholic Mass 3:00p - Card Games 5:30p - Wind Down Activities	National Checkers Day 9:45a - Lower Body Stretch 10:30a - Pastor Beagle 11:15a - Laundry Folding 1:45p - Board Games 3:00p - Sip & Paint 5:30p - Wind Down Activities	9:45a - Full-Body Stretch 10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Make a Sticker Face 5:30p - Wind Down Activities	9:45a - Mindfulness Stretch 10:00a - Isle a la Cache Preserve 10:15a - Rosary 11:15a - Board Games 1:00p - Piano Lessons (MAN) 1:45p - Jewely Making 2:00p - Naper Settlement 3:00p - Johnny B Performs 5:30p - Wind Down Activities	11:15a - Sing A-Long with Janet & Beth 1:45p - Crafty Club 3:00p - Birthday Mocktails with Cake and Deviled Eggs	9:45a - Basketball 10:30a - Fun with Foam 11:15 - Sticker by Number 1:45p - Bingo 3:00p - Popcorn and A Movie 3:30p - Table Setting 5:30p - Wind Down Activities
9:45a - Seated Exercise 10:30a - Crosswords 11:15a - Napkin Folding 2:00p - Card Games 3:00p - Movie Time 3:30p - Shut the Box 5:30p - Wind Down Activities	9:45a - Walk the Block 10:30a - Bingo 11:15a - Magnet Designs 1:45p - Catholic Mass 2:15p - Crafty Club with Pretty 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	9:45a - Seated Stretch 10:30a - Pastor Beagle 11:15a - Sock Matching 1:45p - Left, Right, Center 3:00p - Crafty Club: Autumn 5:30p - Wind Down Activities				
Calender Key: FIRST FLOOR AS- Art Studio C- Courtyard	DRI- Dining Room HS- Horticulture Space L- Lobby MC- Man Cave	MUSI- Music Room DRI - Dining Room	DR2 - Dining Room	OTHER FT- Field Trip MC - Memory Care Building		STORYPOINT Senior Living