September 2025 Life Enrichment Monthly Calendar

Assisted Living

L - Library

AL - Assisted Living

Activities are subject to change

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A	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Resident led Conversation & Coloring(AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) *Escorts needed 6:30 Friendly Puzzles (AL)	Labor Day 10:30 Stay fit w/ Val (AL) 11:00 Pet Adoption (AL) 1:30 Sing-a-long to Standards (C) 2:45 (AL)	10:30 Chair Yoga (AL) 11:00 Toss Across (AL) 11:30 Chutes & Ladders (AL) 1:30 Reminiscing Game (AL) 2:30 Patio Games & Trivia	I0:30 Cardio Drumming (AL) I1:00 Quiz Time (AL) I:30 Creative Crafting: Bookmark Project (AL) 2:30	I0:15 Exercise w/ Val (AL) *Note the time change I1:00Church of the Nazarene Service (MR) I:30 Guess in Ten-Animals (AL) 2:30 Bingo!	I I:00 Exercise w/ Total Care (ELMR) I I:30 Word Games (AL) I:30 Jeopardy Trivia (AL) 2:30 Whole House Volleyball Game (C)	10:00 Trivia (AL) 11:00 Board Games (AL) 1:30 Saturday Movie Matinee: Batman Returns (AL) 2:00 Grandparent's Weekend Family Bingo w/ Jill from Queen City- B
•	Grandparent's Day 7 10:00 Resident led Games (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) * Escorts needed 6:30 Friendly Puzzles (AL)	8 10:30 Stay Fit w/ Val (AL) 11:00 Inside Cornhole (AL) 11:30 Lucky Dog Cards (AL) 2:00 More Jeopardy Trivia(MC) 2:30 Dick Watson Entertains (B)	Dress a Decade Day 9 10:30 Chair Yoga (AL) 11:00 Fishing Game (AL) 1:30 Fashion thru the Decades (AL) 2:30 Music Therapy (AL) 3:15 Resident Council (AL)	10:00 VOA OUTING! 1:30 Radio History (AL) 2:30 20 th Century Cincinnati presented by the Museum Center (MR) 3:40 American Trivia (AL)	Patriots Day 1 10:40 Exercise w/ Val (AL) 11:10 Bingo! (AL) 1:30 Lucky Dog Cards (AL) 2:30 Painting w/ Suzanne (AL) 6:30 Car Show (FL)	1:30 Trivia/Word Games	9:30 Alzheimer's Awareness Walk 1:00 Shake Loose a Memory (AL) 1:30 Saturday Movie Matinee: Disney's Monsters, Inc. What happens when a human child invades the monster world? (AL) 5:30 Resident led Puzzles (AL)
-	I 4 10:00 Resident led Puzzles (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts needed 6:00 Conversation w/ Friends (AL)	I 5 10:30 Stay Fit w/ Val (AL) 11:00 Ball Drop Game (AL) 11:30 Pass the Pig (AL) 2:00 Random Trivia (AL) 2:30 "Ice" Hockey (ELMR)	I 6 10:30 Chair Yoga (AL) 11:00 Twister w/ a Twist (AL) 1:30 Niagra Oh No! (AL) 2:30 Musical Notes w/ Val (AL) 3:30 Rapid Rumble Game (AL)	I7 10:30 Cardio Drumming (AL) 11:00 Quiz Time (AL) 1:30 Creative Crafting: Natural Object Suncatchers (AL) 2:30 The Price is Right (AL)	18 10:40 Exercise w/ Val (AL) 11:15 Beach Ball Hockey AL) 1:30 Ants in the Pants (AL) 2:30 Mike's Vinyl Record Showcase (B)	2:30 Dave Sams Entertains (B)	10:00 Trivia (AL) 11:00 Board Games (AL) 1:30 Saturday Movie Matinee: A Bridge Too Far - WWII Operation Market Garden, filmed on location (AL) 2:00 Gary Horn at the Piano
	10:00 Resident led Coloring (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR)	Autumnal Equinox 22 10:30 Stay Fit w/ Val (AL)) 11:00 Table Top Games (AL) 2:00 That's It! (AL) 2:30 Egg Carton Bingo (AL)	10:30 Chair Yoga(AL) 11:00 Ring Toss (AL) 11:30 Don't Spill the Beans (AL) 1:30 Balloon Bash! (AL) 2:30 Music Therapy)AL) 3:15 Conversation Cards (AL)	10:30 Cardio Drumming (AL) 11:00 Quiz Time (AL) 1:30 Creative Crafting: Mosaic Coasters (AL) 3:00 Name That Tune!- Songs w/ Moon in the Title Part 2 (AL)	10:40 Exercise w/ Val (AL) 11:15 Pet Adoption (AL) 1:30 OUTING Scenic Drive 3:30 Refresh & Relax (AL)	I 1:30 Creative Coloring AL) I:30 Guess in Ten- Things That Go (AL)	11:00 Weekend Brain Games 11:30 Drawing & Conversation (AL) 1:30 Saturday Movie Matinee: Little Shop of Horrors-musical comedy. What happens when humans encounter an alien plant 3:30 Relax & Listen to Music
	10:00 Resident led Games (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts Needed 6:30 Relax w/ Conversation & Music (AL)	I I:00 Rapid Rumble Game (AL) I I:30 Lucky Dog (AL)	I0:30 Chair Yoga(AL) I1:00 Nerf Darts (AL) I1:30 Modern Trivia (AL) I:30 Balloon Bash! (AL) 2:30 Bingo!		Bingo Special Entertainment Music Therapy Outings Painting w/ Suzanne or crafts Special Events		
1	Calender Key: B - Bistro C - Cafe L - Library	CY – Courtyard FL – Front Lobby MR - Media Room AL - Assisted Living	HS - Hair Salon Power Up = Power Back	EL - Enhanced Living IL - Independent Living MC - Memory Care ELMR - EL Multipurpose			STORYPOINT Senior Living

Room

ELMR - EL Multipurpose

FP - Front Porch Portico