

October 2025

Life Enrichment Monthly Calendar

Assisted Living

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			National Pumpkin Spice Day! 1 10 am Exercise 10:30 pm A taste of Autumn with Amy 12:30 pm Resident Forum 3:30 pm Coffee and Pumpkin Rolls	2 10 am Exercise 10:30 am Organizing with Amy 1 pm Organizing with Amy 3 pm Card Shark game	3 10 am Exercise 10:30 am Coffee and Chat 1 pm Bingo and Popcorn	4 Craft Trolley available with cards, puzzles, games, and craft project to complete
5 2 pm Chapel Hill UMC Craft Trolley is available with cards, puzzles, games, craft project to complete	National Noodle Day! 6 10 am Exercise 10:30 am Rolling in the Noodles with Amy 1 pm Bingo	National Taco Day! 7 10 am Exercise 10:30 am Taco Jeopardy 3 pm 7 Layers of fun with Amy	8 10 am Exercise 10:30 am Paint your pumpkin 1 pm Pumpkin Trivia	9 10 am Exercise 10:30 am Nails with Amy 1 pm Nails withAmy 3:30 Coffee and Chat	National Cake Decorating Day! 10 10 am Exercise 10:30 am Decorating with Amy 1:30 pm Sing along with Sam and Pat Popcorn Friday!	11 Craft Trolley available with cards, puzzles, games, and craft project to complete
12 2 pm Dowagiac UMC Craft Trolley is available with cards, puzzles, games, craft project to complete	Columbus Day! 13 10 am Exercise 10:30 am Columbus Day Trivia 1 pm Be an explorer on a Scavenger Hunt	14 10 am Exercise 10:30 am Leaf Art with Amy 1 pm Bingo 3:30 pm Dominos	National Cheese Curd Day! 15 10 am Exercise 10:30 am Fall Scents 3 pm Snack Time with Amy	16 10 am Exercise 10:30 am Gratitude Journaling 1 pm Outside Walk	17 10 am Exercise 10:30 am Outside Walk 1:30 pm Leaders Chili Challenge: You decide the Winner!	18 Craft Trolley available with cards, puzzles, games, and craft project to complete
19 2 pm Chapel Hill UMC Craft Trolley is available with cards, puzzles, games, craft project to complete	National Apple Day! 20 10 am Exercise 10:30 am Dessert Creation 1 pm A Drive Through Fall Splendor 3:30 pm Coffee and chat	21 10 am Exercise 10:30 am Decorate Your Door for Halloween Contest 1 pm Decorate your door for Halloween Contest	22 10 am The Baker’s Rhapsody 1 pm Bingo 3 pm Walk outside	23 10 am Exercise 10:30 am Canvas Painting 12:30 pm Sharing Memories	24 10 am outside Walk 10:30 am Halloween Decorating 12:30 pm Movie/Popcorn	25 5 pm TRUCK OR TREAT
26 Craft Trolley available with cards, puzzles, games, and craft project to complete	27 10 am Exercise 10:30 am Muffin and cider cart 1pm Halloween Decorating	National Chocolate Day! 28 10 am Exercise 10:30 am Hot Chocolate on the patio 1 pm Chocolate Trivia 3:30 pm Coffee and Chat	29 10 am Exercise 10:30 am Sensory Activities 1 pm Culinary Showcase	30 10 am Exercise 10:30 am Halloween Door Contest Winner Revealing! 1 pm Bingo 3:30 pm Uno and snacks	HAPPY HALLAWEEN! 31 10 am Walk outside 10:30 am Costume Parade 1 pm Monster Mash Party	

Birthdays:

Betsy 10/3
Thelda 10/15
Dawn 10/19