## Independence Village of Grand Ledge

## October 2025

Independent Living | Enhanced Living

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*= you need to sign-up for the activity outside of the Main Activity Room  ** = you need to sign-up for the activity at the Shuttle Station	Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room Exercise w/ PB = Powerback		I 10:00am Crossword (MAR) I I:00am Balance Clinic (MAR) I:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Tom Carroll (MAR)	9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm StoryPoint Reading Club (Meet in FL)	I0:00am Bingo (MAR) I1:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm I:00pm Bible Q&A (PDR) 2:30pm Euchre Club (MAR)*
10:00am Church Shuttle** 3:00pm Hymn Sing (G) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (G) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Bingo Store (MAR)	8:30am Meijer** I I:00am Weightlifting (MAR) I I:30am Flour Child Lunch** I:30pm Community Q&A (MAR) 2:30pm Carmel Apple Bar (MAR) 6:15pm Bingo (MAR)	I0:00am Crossword (MAR) I1:00am Balance Clinic (MAR) I:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Mike & Cheryl (MAR)	9:00am Manicures & Mimosas (G) 9-11am Chess Class (MAR) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Poms (G)	I I 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) 1:00pm Bible Q&A (PDR) 2:30pm Crafting Corner: Halloween Decor (MAR)
3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea & Treats w/ Jen (MAR)	8:30am Meijer** I I:00am Weightlifting (MAR) I 2:00pm Chili Cookoff (MAR) I:00pm Cider Mill Outing: The Country Mill** 6:15pm Bingo (MAR)	I 5 I 0:00am Crossword (MAR) I I:00am Balance Clinic (MAR) I:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Mike Coll (MAR)	9:00am Manicures & Mimosas (MAR) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 5:30pm-7pm Fall Fest (FL)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (G) 2:00pm Flu Shot Clinic (MAR)	I 8 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Euchre Club (MAR)*
	10:30am Senior Stretch (MAR) 11:00am Bible Study (G) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Music w/ Al Firek (MAR)	8:30am Meijer** I I:00am Weightlifting (MAR) I I:30am Cracker Barrel Lunch** 2:30pm Reverse Culinary Showcase (MAR) 6:15pm Bingo (MAR)	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Doug Smith (MAR)	9:00am Manicures & Mimosas (G) 9-11am Chess Class (MAR) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: What About Bob (G)	10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Crafting Corner: Create your own Name Tag (MAR)
3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Activity Q&A (MAR)	8:30am Meijer** I I:00am Weightlifting (MAR) 2:00pm Reverse Trick-or- Treating Cart (RV) 6:15pm Bingo (MAR)	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Al Firek (MAR)	9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6-7:00pm Halloween Trick or Treating (FL)	Halloween 3   9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Haunted Halloween Pub Crawl (MAR)	I 10:00am Bingo (MAR) I I:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: I:00pm I:00pm Bible Q&A (PDR) 2:00pm Daylight Savings Cart (RV)
C – Cafe FL – Front Lobby	CY – Courtyard G – Garden Room USR – Upstairs Reading Room	MD- Main Dining Room EP - Enhanced Parking Lot RV - Room Visit SP- StoryPoint	L- Library ED- Enhanced Dining Room PDR- Private Dining Room AL- Assisted Living			Independence Village SENIOR LIVING