## River Ridge Senior Living

## October 2025

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			. 33	10:00 Catholic Service MC 11:00 Exercise with Jillian L 3:00 Arts, Crafts MC 4:00 Reading Buddies MC	10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Dessert Delights MC	10:00 Coffee & Chat C 11:00 Cardio Drumming C 1:30 Cookie Cart MC 2:30 Gather for Games 5:00 Munchies with Marissa	10:30 Morning News C & Coffee 3:00 Bingo C
	5	6	7	8	9	Friday Fun Day 10	11
		10:00 Morning in Motion MC 10:30 Coffee and Chat C 2:00 Jeopardy MC	10:00 Music With Mike MC 1:30 Bingo C 3:00 Wood Shop and Crafts	10:00 Coffee and Chat MC 11:00 Exercise with Jillian L 1:30 Arts and Crafts C 4:00 Reading Buddies MC	10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Dessert Delights MC	<ul> <li>10:00 Coffee &amp; Chat C</li> <li>11:00 Cardio Drumming C</li> <li>1:30 Resident &amp; Staff Challenges</li> <li>6:00 Singing &amp; Karaoke MC</li> </ul>	10:30 Walk to End Alzheimer's Outing 1:30 Bingo C 3:00 Memory Care MC Sensory Games
	12	13	14	15	16	17	18
	8:30 Bus to Lifebridge Church Service 10:30 Coffee & Chat C 11:30 Church Service LR	10:30 Coffee and Chat C 1:30 Color Tour 3:00 Resident Council C	10:00 Music with Mike MC 1:30 Sensory Connections C 3:00 Wood Shop and Crafts with the South Haven National Honor Society	10:00 Coffee and Chat MC 11:00 Exercise with Jillian L 1:30 Arts and Crafts C 4:00 Reading Buddies MC	10:00 Walking Club MC 10:30 Coffee & Chat C 1:30 Meet with the Chef 2:30 Birthday Celebration MC	10:00 Coffee & Chat C 11:00 Cardio Drumming C 2:00 Music With Cindy 5:00 Mealtime Memories with Marissa	10:30 Morning News C & Coffee 1:30 Bingo C 3:00 Memory Care MC Sensory Games
1	19	International Chefs Day 20	21	22	23	World Series Begins 24	25
	with LifeBridge Church		1:30 Sensory Connections C 3:00 Wood Shop and Crafts	10:00 Coffee and Chat MC 11:00 Exercise with Jillian L 3:00 Arts, Crafts MC 4:00 Reading Buddies MC	10:00 Walking Club C 10:30 Coffee & Chat C 1:30 Karaoke MC	10:00 Coffee & Chat C 11:00 Cardio Drumming C 2:00 Baseball & Popcorn L	10:30 Morning C News & Coffee 1:30 Bingo C
	10:30 Coffee & Chat C 1:30 Church Service LR	10:00 Morning in Motion MC 10:30 Coffee and Chat C 1:30 Baseball Challenge C 2:30 Singalong MC	10:00 Music with Mike MC 1:30 Sensory Connections C 3:00 Wood Shop and Crafts with the South Haven National Honor Society	10:00 Coffee and Chat MC 11:00 Exercise with Jillian L 3:00 Arts, Crafts MC 4:00 Reading Buddies MC	10:00 Walking Club C 10:30 Coffee & Chat C 1:30 Baseball Challenge	Halloween  10:00 Coffee & Chat C 11:00 Cardio Drumming C 1:30 Baseball Challenge L 5:30 Trick or Treat	FICKOR
	Calender Key: Community Room C Sunset Living Room LR Main Dining Room MDR	Sunset Dining Room SSDR Memory Care MC Room Visits RV	3 Season Patio P MC Living Room MCL MC Courtyard MCC		Breakfast 7:45 am Lunch 11:45 am I	Main Dining Room Breakfast 8:00 am Lunch 12:00 pm Dinner 5:00 pm	River Ridge BY STORYPOINT GROUP