

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! 11 th - Craig W 13 th - Janet H 20 th - Trudy L. & Marcia A. 23 rd - Betty B 24 th - Lloyd C. 28 th - Ron K	Daily Programming 9:30a News/Current Events-AR 10:30a Coffee and Chat w. The Daily Chronicle 3p Afternoon Refresh		Homemade Cookie Day 10a Wednesday Workout-AR 11a Cookie Taste Test!-AR 2p The Brotherhood Hour-AR 3:30p Scenic Drive-O 6:30p Watercolor Wednesday-AR	2 10a Total Body Workout-AR 11a Junk Drawer Detective-AR 2p Joy the Pig Visit! -AR 3:30p 30-Ball Bingo 6:30p Book Club-FL	3 10a Friday Fitness-AR 11a Kitchen Cadets 2p Fancy Fingers-FL 3:30p Fri-Yay Happy Hour-AR 6:30p Feature Friday-AR	4 10a Sunshine and Stretch-AR 11a Dust and Sweep 11a Iowa State vs Arizona 2p Sweet, Sweet Music-AR 3:30p Ring Toss-AR 6:30p Hand Massages-FL
5 10a Scarf Dancing-AR 11a Self-Care Sunday-AR 2p Sunday Sundaes-FD 3:30p Science Club-AR 6:30p Hymn Sing-Along-AR	6 9:30a Live 2B Healthy w. Terrie -AR 11a What Am I?-AR 12p Resident Council-FL 2p Beach Ball-AR 3:30p I Spy Orange-Scavenger Hunt-H 6:30p Coloring Meditation	7 10a Cardio Drumming-AR 11a Fall Leaves Collection-O 2p Church w. Pastor Jerry 3:30p Pass the Pumpkin-AR 6:30p Puzzles & Word Games-AR	8 10a Wednesday Workout-AR 11a Giant Connect Four-AR 2p Social Drumming-AR 3:30p Scenic Drive-O 6:30p Westerns Wednesday-AR	9 10a Training & Tunes-AR 10:30a Crafty Corner-AR 2p 30-Ball Bingo-AR 3:30p Hymns w. Karin-AR 6:30p Book Club-FL	10 10a Friday Fitness-AR 11a Kitchen Cadets-AR 2p Fancy Fingers-FL 3:30p October Birthday w. The Rearview Mirror Band -AR 6:30p Feature Friday-AR	11 11a Dust and Sweep TBD Iowa State vs Colorado TBD Hawkeyes vs Wisconsin 2p Bubbles in the Courtyard-CR 3:30p Balloon Ball-AR 6:30p Hand Massages-FL
12 10a Scarf Dancing-AR 11a Kara's Corner!-AR 2p Sunday Sundaes-FD 3:30p Riddles & Puns-AR 6:30p Hymn Sing-Along-AR	Indigenous Peoples' Day 9:30a Live 2B Healthy w. Terrie-AR 11a Guys' Grub Club-O 2p Iroquois Beaded Bracelet-AR 3:30p Music Circle-AR 6:30p Coloring Meditation	14 10a Cardio Drumming 11a Pumpkin Balloon Ball-AR 2p Church w. Pastor Jerry 3:30p Pumpkin Bocce Ball-AR 6:30p Puzzles & Word Games-AR	15 10a Wednesday Workout-AR 11a Karaoke-AR 2p Magic Show w. Johnathan May!-AR 3:30p Scenic Drive-O 6:30p Watercolor Wednesday-AR	16 10a Training & Tunes-AR 11a Halloween "Would You Rather"-AR 2p 30-Ball Bingo-AR 3:30p Show & Share-AR 6p Meet and Greet with LEC Karin!-AR	17 10a Friday Fitness-AR 11a Kitchen Cadets-AR 2p Fancy Fingers-FL 3:30p Fri-Yay Happy Hour! 6:30p Feature Friday-AR	18 10a Sunshine and Stretch-AR 11a Dust and Sweep TBD Hawekeyes vs. Penn State 3:30p Corn Hole-AR 6:30p Hand Massages-FL
19 10a Scarf Dancing-AR 11a Self-Care Sunday-AR 2p Sunday Sundaes-FD 3:30p Science Club-AR 6:30p Hymn Sing-Along-AR	20 9:30a Live 2B Healthy w. Terrie-AR 11:30a Ladies' Lunch Bunch-O 2p History of Halloween-AR 3:30p Parachute Ball-AR 6:30p Coloring Meditation	21 10a Cardio Drumming-AR 11a Crafty Corner-AR 2p Church w. Pastor Jerry 3:30p Pumpkin Bowling-AR 6:30p Puzzles & Word Games-AR	Make a Dog's Day 10a Wednesday Workout-AR 11a Give Back: Baking Homemade Dog Biscuits-AR 2p Package Dog Biscuits for ARL-AR 3:30p Scenic Drive-O 6:30p Westerns Wednesday-AR	23 10a Training & Tunes-AR 11a Bobbing for Apples-AR 2p Center Grove Orchard Hay Rack Ride-O 3:30p Hymns w. Karin-AR 6:30p Book Club-FL	Wear Pink Day 10a Friday Fitness-AR 11a Kitchen Cadets-AR 2p Fancy Fingers-FL 3:30p Fri-Yay Happy Hour-AR 6:30p Feature Friday-AR	25 10a Sunshine and Stretch-AR 11a Dust and Sweep TBD Hawkeyes vs. Minnesota TBD Iowa State vs. BYU 2p Bubbles in the Courtyard-AR 3:30p Balloon Ball-AR 6:30p Hand Massages-FL
National Pumpkin Day 10a Scarf Dancing 11a Kara's Corner!-AR 2p Sunday Sundaes-FD 3:30p Riddles & Puns-AR 6:30p Hymn Sing-Along-AR	Wear Orange Day 9:30a Live 2B Healthy w. Terrie-AR 11a Decorating Sugar Skulls-AR 2p Ticketless Travel: Mexico and Dia De Los Muertos-AR 3:30p Movie Matinee-Coco-AR 6:30p Coloring Meditation	28 10a Cardio Drumming 11a Pumpkin Decorating-AR 2p Church w. Pastor Jerry 3p Happy Hour w. Tom Hofer-AR 6:30p Puzzles & Word Games-AR	National Cat Day 10a Wednesday Workout-AR 11a Name That Cat!-AR 2p Coffee Cats Cafe-O 3:30p Ghoul's Grab Box-AR 6:30p Watercolor Wednesday-AR	Jack O' Lantern Day 10a Training & Tunes-AR 11a Jack O' Lantern Trivia-AR 2p 30-Ball Bingo-AR 3:30p Carving the Jack O' Lantern-AR 6:30p Book Club-FL	Halloween! 10a Trick 'R Treat w. KidzConnect 11a Kitchen Cadets-AR 2p Decorate for Halloween Party!-AR 3:30p Potion Party!-AR 6:30p Feature Friday-AR	

Calender Key:
AR: Activity Room
CY: Courtyard
FD: Front Dining

FL: Fireside Lounge
FR: Fitness Room
H: Hallways
MD: Main Dining Room

O: Offsite

All Weekend Activities will be location the Activity Room

Outdoor and Outings are weather pending

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