

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Manicures & More 1 9:30 Balloon Volleyball 10:00 Morning Stretch 10:30 White Board Word Game 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music and Movement 6:00 Armchair Travel 7:00 Snack Cart Pass	Susan & Levi 2 9:30 Light Stretching 10:00 Brain Games 11:15 Exercise w/Sheila! 1:00 Backyard Games 2:00 Aqua Painting 3:00 Music w/Susan & Levi 6:00 SingFit with Sheila! 7:00 Snack Cart Pass	BINGO! 3 9:30 EZ Exercise 10:00 Wild Wednesdays Nature Documentary 11:00 Reminiscing before Lunch 1:00 1:1 Visits 2:00 Resident Council in AL Pub 3:00 BINGO! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	Happy Hour! 4 9:30 Let’s Read the Daily Chronicle! 10:00 Exercise with Sheila 10:30 Trivia 1:00 Baking Club w/Sheila 2:00 Happy Hour! 3:00 Patio Time 6:00 Coloring & Conversation 7:00 Snack Cart Pass	Ice Cream Social 5 9:30 Fun Fact Friday 10:00 EZ Exercise 10:30 Calming Coloring 1:00 1:1 Visits 2:00 Ice Cream Social 3:30 Feel Good Friday : Chicken Soup Stories 6:00 Armchair Travel 7:00 Snack Cart Pass	Pretty Nails 6 10:15 Saturday SitCom 11:00 Move Before Lunch 12:00 1:1 Visits 1:00 Pretty Nails 2:00 Brain Games 2:30 Sing-a-Long 6:00 Music Enjoyment 7:00 Snack Cart Pass
Worship Service 7 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Water Painting 2:00 Garden Time 6:30 Coloring & Conversation 7:00 Snack Cart Pass	Manicures & More 8 9:30 Balloon Volleyball 10:00 Morning Stretch 10:30 White Board Word Game 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music w/Marlynda 6:00 Armchair Travel 7:00 Snack Cart Pass	Scenic Drive 9 9:30 Light Stretching 10:00 Brain Games 11:15 Exercise w/Sheila! 1:00 Scenic Drive 2:00 Catholic Mass (P) 3:00 Ball Toss 6:00 SingFit with Sheila! 7:00 Snack Cart Pass	BINGO! 10 9:30 EZ Exercise 10:00 Wild Wednesdays Nature Documentary 11:00 Reminiscing before Lunch 1:00 1:1 Visits 2:00 Seated Dancing 3:00 BINGO! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	Decorating Time 11 9:30 Let’s Read the Daily Chronicle! 10:00 Exercise with Sheila 10:30 Trivia 1:00 Baking Club w/Sheila 2:00 Luau w/live music 3:00 Patio Time 6:00 Coloring & Conversation 7:00 Snack Cart Pass	Ice Cream Social 12 9:30 Fun Fact Friday 10:00 EZ Exercise 10:30 Calming Coloring 1:00 1:1 Visits 2:00 Ice Cream Social 3:30 Feel Good Friday : Chicken Soup Stories 6:00 Armchair Travel 7:00 Snack Cart Pass	Pretty Nails 13 10:15 Saturday SitCom 11:00 Move Before Lunch 12:00 1:1 Visits 1:00 Pretty Nails 2:00 Brain Games 2:30 Sing-a-Long 6:00 Music Enjoyment 7:00 Snack Cart Pass
Worship Service 14 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Water Painting 2:00 Garden Time 6:30 Coloring & Conversation 7:00 Snack Cart Pass	Manicures & More 15 9:30 Balloon Volleyball 10:00 Morning Stretch 10:30 White Board Word Game 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music and Movement 6:00 Armchair Travel 7:00 Snack Cart Pass	Susan & Levi 16 9:30 Light Stretching 10:00 Brain Games 11:15 Exercise w/Sheila! 1:00 Backyard Games 2:00 Aqua Painting 3:00 Music w/Susan & Levi 6:00 SingFit with Sheila! 7:00 Snack Cart Pass	September Birthdays 17 9:30 EZ Exercise 10:00 Wild Wednesdays Nature Documentary 11:00 Reminiscing before Lunch 1:00 1:1 Visits 2:00 September Birthday Party 3:00 BINGO! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	Happy Hour! 18 9:30 Let’s Read the Daily Chronicle! 10:00 Exercise with Sheila 10:30 Trivia 1:00 Baking Club w/Sheila 2:00 Happy Hour! 3:00 Patio Time 6:00 Coloring & Conversation 7:00 Snack Cart Pass	Ice Cream Social 19 9:30 Fun Fact Friday 10:00 EZ Exercise 10:30 Calming Coloring 1:00 1:1 Visits 2:00 Ice Cream Social 3:30 Feel Good Friday : Chicken Soup Stories 6:00 Armchair Travel 7:00 Snack Cart Pass	Pretty Nails 20 10:15 Saturday SitCom 11:00 Move Before Lunch 12:00 1:1 Visits 1:00 Pretty Nails 2:00 Brain Games 2:30 Sing-a-Long 6:00 Music Enjoyment 7:00 Snack Cart Pass
Worship Service 21 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Water Painting 2:00 Garden Time 6:30 Coloring & Conversation 7:00 Snack Cart Pass	Manicures & More 22 9:30 Balloon Volleyball 10:00 Morning Stretch 10:30 White Board Word Game 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music w/Marlynda 6:00 Armchair Travel 7:00 Snack Cart Pass	Backyard Games 23 9:30 Light Stretching 10:00 Brain Games 11:15 Exercise w/Sheila! 1:00 Backyard Games 2:00 Aqua Painting 3:00 Ball Toss 6:00 SingFit with Sheila! 7:00 Snack Cart Pass	BINGO! 24 9:30 EZ Exercise 10:00 Wild Wednesdays Nature Documentary 11:00 Reminiscing before Lunch 1:00 1:1 Visits 2:00 Seated Dancing 3:00 BINGO! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	Happy Hour! 25 9:30 Let’s Read the Daily Chronicle! 10:00 Exercise with Sheila 10:30 Trivia 1:00 Baking Club w/Sheila 2:00 Happy Hour! 3:00 Patio Time 6:00 Coloring & Conversation 7:00 Snack Cart Pass	Ice Cream Social 26 9:30 Fun Fact Friday 10:00 EZ Exercise 10:30 Calming Coloring 1:00 1:1 Visits 2:00 Ice Cream Social 3:30 Feel Good Friday : Chicken Soup Stories 6:00 Armchair Travel 7:00 Snack Cart Pass	Pretty Nails 27 10:15 Saturday SitCom 11:00 Move Before Lunch 12:00 1:1 Visits 1:00 Pretty Nails 2:00 Brain Games 2:30 Sing-a-Long 6:00 Music Enjoyment 7:00 Snack Cart Pass
Worship Service 28 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 SingFit w/Candi 2:00 Garden Time 6:30 Coloring & Conversation 7:00 Snack Cart Pass	Manicures & More 29 9:30 Balloon Volleyball 10:00 Morning Stretch 10:30 White Board Word Game 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music and Movement 6:00 Armchair Travel 7:00 Snack Cart Pass	Backyard Games 30 9:30 Light Stretching 10:00 Brain Games 11:15 Exercise w/Sheila! 1:00 Backyard Games 2:00 Aqua Painting 3:00 Ball Toss 6:00 SingFit with Sheila! 7:00 Snack Cart Pass	BINGO! 31 9:30 EZ Exercise 10:00 Wild Wednesdays Nature Documentary 11:00 Reminiscing before Lunch 1:00 1:1 Visits 2:00 Seated Dancing 3:00 BINGO! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass			

Calendar Key:
(B) -- Bistro
(P) -- Pub
(T) -- Theater
(L) -- L ibrary