

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Labor day 1</b> 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 12:30 Family Fued 1:00 Labor Day Party (TL) 2:00 Caregiver Wellness Kits 5:15 Relaxation Station (TL)	<b>2</b> 10:00 Ball Exercises (DR) 10:30 Manicures & Music 12:30 Trivia (FS) 1:00 Mobile Cart: Popsicles! 2:30 Outing: Boston Edison Historical Tour 5:15 Rhythm & Hues (FS)	<b>3</b> 10:00 Move Those Joints (TL) 10:30 Bowling (CY) 12:30 Dance Party Break 1:00 Dog Visit-Gemma 2:00 Live w/ Double Play(FS) 3:00 Skyscraper Craft 5:15 Puzzles & Music (DR)	<b>4</b> 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 12:30 Make A Music Video 1:00 Baking Club- London Fog Cake DR) 3:00 DIY Mousetrap Game 5:15 Group Sing Along(TL)	<b>5</b> 10:00 Chair Exercise (DR) 10:30 Bowling (CY) 12:30 After Lunch Stretch 1:00 Singfit 2:00 Amelie Club: Basket Deliveries 3:00 Pizza Party Happy Hour (DR/Patio) 5:15 Rhythm and Hues (DR)	<b>6</b> 10:00 Morning Stretch (TL) 10:30 Armchair Travel (TL) 12:30 Brain Games 1:30 Ice Cream Social 3:00 Walking Club 5:15 Classic Movie Night
<b>Lion's Day 7</b> 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 12:30 Semi Impromptu Dance Party 2:00 Family Photos (TR) 2:00 S'mores in the Courtyard 4:30 Lion's Watching Party	<b>Red &amp; Yellow Day 8</b> 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 12:30 Family Fued 1:00 Men's Club-Mini golf & Snacks(cherry popovers) 2:00 Popcorn Bar (BS) 3:00 Traveling Librarian: Newstand DR) 5:15 Relaxation Station (TL)	<b>Mismatch Day 9</b> 10:00 Ball Exercises (DR) 10:30 Floral Manicures 12:30 Trivia 1:00 Fall flower press printing 2:00 Mismatch Day Photos 2:30 Outing: Afternoon Tea Party- Oak Park Library 5:15 Rhythm & Hues (FS)	<b>Tie Dye Day 10</b> 10:00 Move Those Joints (TL) 10:30 Bowling (CY) 12:30 Dance Party Break 1:00 Dog Visit-Gemma 2:00 Live with Sandy V (DR) 3:00 Pendulum Painting (FS) 5:15 Mediation & Music (DR)	<b>Twin With A Staff Day 11</b> 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 12:30 Make A Music Video 1:00 Baking Club- Apple Butter Snickerdoodles (DR) 3:00 Garden Club (Patio) 5:15 Group Sing Along(TL)	<b>Blue Day 12</b> 10:00 Chair Exercise (DR) 10:30 Walking Club (FS) 12:30 After Lunch Stretch 1:00 Book Club: Traveling Librarian (FS) 2:00 Affirmations Project: Words of Encouragement 3:00 Chocolate Milkshake Happy Hour (DR) 5:15 Silly Sitcoms (TL)	<b>13</b> 10:00 Morning Stretch (TL) 10:30 Word Games (TL) 12:30 Semi Impromptu Dance Party 1:30 Chocolate Peanut Butter Ice Cream Social (DR) 3:00 Noodlecise! (TL) 5:15 Classic Movie Night (TL)
<b>14</b> 10:00 Streaming Mass (TL) 11:15 Sit & Be Fit (DR) 12:30 Brain Games 1:30 Coffee & Donuts (FS) 3:00 Sorting Club (FS) 5:15 Rhythm & Hues (DR)	<b>15</b> 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 12:30 Family Feud 1:00 Memory Games (TL) 2:00 Armchair Travel: Hispanic Month 3:00 Resident Council (FS) 5:15 Documentary Night (TL)	<b>16</b> 10:00 Move to the Music (DR) 10:30 Card Games (TL) 12:30 Trivia 1:00 Bingo! (DR) 2:30 Outing: Detroit Institute of Art 5:15 Group Sing Along (TL)	<b>17</b> 10:00 Sit and Be Fit (DR) 10:45 Live Hymns with Rachel (DR) 12:30 Dance Party Break 1:00 Dog Visit-Abby (TL) 2:00 Culinary Showcase (DR) 3:00 Shuffleboard (FS) 5:15 Classic Movie (TL)	<b>18</b> 10:00 Chair Yoga (DR) 10:30 Singfit! (DR) 12:30 Make A Music Video 1:00 Baking Club- Monte Cristo Bread Puddings (DR) 2:00 Su's Muse (TL) 3:00 Garden Club (Patio) 5:15 Relaxation Station (TL)	<b>Alz. Fundraiser 19</b> 10:00 Chair Exercise (DR) 10:30 Armchair Travel (TL) 12:30 After Lunch Stretch 2:00 Talk Like a Pirate Day Scavenger Hunt 3:00 Autumn Equinox Happy Hour (DR) 5:15 Rhythm and Hues (DR)	<b>Zoo Walk 20</b> 10:00 Morning Stretch (TL) 10:30 Ring Toss (FS) 12:30 Brain Games 1:30 Singfit! (FS) 3:00 Dance Dance Revolution Party 5:15 Classic Movie: Batman (TL)
<b>21</b> 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 12:30 "September" Dance Party 1:30 Garden Meditation(CY) 3:00 Mini Golf (CY) 5:15 Puzzles & Music (DR)	<b>22</b> 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (FS) 12:30 Family Feud 1:00 Legacy Project (TL) 2:00 Women's Club- Day of Pampering 3:00 Gardening Club 5:15 Classic Movie: The Hobbit (TL)	<b>23</b> 10:00 Ball Exercises (DR) 10:30 Bowling (TV Lounge) 12:30 Trivia 1:00 Equinox Craft (FS) 2:30 Outing: Scenic Cranbrook Drive 5:15 Rhythm & Hues (DR)	<b>24</b> 10:00 Move Those Joints (TL) 10:30 Hand Massages & Manicures (FS) 12:30 Dance Party Break 1:00 Dog Visit-Gemma (TL) 2:00 Marie Kravitz (DR) 3:00 Bollywood Dance Party(FS) 5:15 Puzzles & Music (DR)	<b>25</b> 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 12:30 Make A Music Video 1:00 Baking Club: Fall Flatbreads (DR) 2:00 Trivia (TL) 3:00 Sing Fit! One Hit Wonders (FS) 5:15 Comic Book TV Shows	<b>26</b> 10:00 Chair Exercise (DR) 10:30 Bingo! (DR) 12:30 Make A Music Video 1:00 Kindah Khalidy Bingo Craft 2:00 At Home Planetarium(TL) 3:00 Birthday Happy Hour (DR) 5:30 Grandparents Day Family Night (CY)	<b>(TL) 27</b> 10:00 Morning Stretch (TL) 11:00 Relaxation Retreat (FS) 12:30 Dance Party 1:30 Exquisite Corpse Doodle Craft (FS) 3:00 Walking Club (CY) 5:15 Classic Movie Night (TL)
<b>28</b> 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 12:30 Brain Games 1:30 Sorting Club (FS) 3:00 Ice Cream Social- Strawberry Shortcake Bars(DR) 5:15 Rhythm & Hues (DR)	<b>29</b> 10:00 Moving Monday (TL) 10:30 Armchair Travel: China (TL) 12:30 Family Feud 1:00 Live MarioKart! (CY) 3:00 Silent Movie Reenactment (TL) 5:15 Documentary Night	<b>30</b> 10:00 Ball Exercises (DR) 10:30 Word Games (TL) 12:30 Trivia 1:00 Armchair travel 2:30 Outing: Cider Mill 5:15 Group Sing Along(TL)				<b>30</b>

**Calendar Key**

DR-Dining Room  
FS-Four Seasons Room  
TL- TV Lounge

CY-Courtyard