

VALPARAISO SENIOR VILLGE

SEPTEMBER 2025

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LABOR DAY 1 9:30 - Monday Moves 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles 10:30 - Communion 11:00 - Labor Day Cookout 1:00 - Labor Day Word Puzzles 2:00 - Snack & Chat 5:00 - Evening Relaxation & Refreshment	2 9:30 - Stretch Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Basketball Toss <u>12:45 - BINGO</u> 2:00 - Coffee/Tea Club 5:00 - Evening Relaxation & Refreshment	3 9:30 - Let's Get Physical 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 1:00 - Puzzle Time 2:00 - Happy Hour - Snacks 5:00 - Evening Relaxation & Refreshment	4 9:30 - Strength Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 12:30 - How it's Made and Discussion 1:00 - Ice Cream Social <u>2:00 - BINGO</u> 5:00 - Evening Relaxation & Refreshment	5 9:30 - Living Lively with Robert 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional <u>1:00 - Air Fryer Friday</u> 2:00 - Music/Chair Dancing & Mocktails 5:00 - Evening Relaxation & Refreshment	6 9:30 - Sit & Be Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:00 - Color Pencil Art 2:00 - Saturday Social 5:00 - Evening Relaxation & Refreshment
GRANDPARENTS DAY 7 9:30 - Sit & Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:15 - Trivia 2:00 Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	8 9:30 - Daily Chronicles, Discussion and Devotional <u>10:00 - Entertainment w/ Fred Walker (MDR)</u> 10:30 - Communion 12:30 - Manicure Monday <u>2:00 - Pie & Punch</u> 5:00 - Evening Relaxation & Refreshment	9 9:30 - Stretch Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Football Toss <u>12:45 - BINGO</u> 2:00 - Coffee/Tea Club 5:00 - Evening Relaxation & Refreshment	10 9:30 - Let's Get Physical 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 1:00 - Pop It Dice Game 2:00 - Happy Hour-Snacks 5:00 - Evening Relaxation & Refreshment	PATRIOT DAY 11 9:30 - Strength Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional <u>11:00 Car Show/Cookout</u> <u>12:00 Elvis Entertainment (MDR)</u> 2:00 - Magazine Wars 5:00 - Evening Relaxation & Refreshment	12 9:30 - Living Lively with Robert 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 - Church w/ Kelly F. <u>2:00 - CANDY BINGO</u> 5:00 - Evening Relaxation & Refreshment	13 9:30 - Sit & Be Fit <u>10:00 - Visit w/Rivet the Dog</u> 10:15 - Daily Chronicles, Discussion & Devotional 12:00 - Color Pencil Art 2:00 - Saturday Social 5:00 - Evening Relaxation & Refreshment
14 9:30 - Sit & Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:15 - Trivia 2:00 - Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	15 9:30 - Monday Moves 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion 12:30 - Manicure Monday 2:00 - Snack & Chat 5:00 - Evening Relaxation & Refreshment	GUACAMOLE DAY 16 9:30 - Stretch Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Basketball Toss <u>12:45 - BINGO</u> 2:00 - New Resident Welcome Social, Guac & Chips 5:00 - Evening Relaxation & Refreshment	17 9:30 - Let's Get Physical 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 1:00 - Horse Racing 2:00 - Happy Hour-Snacks 5:00 - Evening Relaxation & Refreshment	18 9:30 - Strength Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional <u>12:30 - BINGO</u> 1:30 - Ice Cream Social 2:30 - Trivia 5:00 - Evening Relaxation & Refreshment	19 9:30 - Living Lively with Robert 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional <u>1:00 - Resident Council</u> <u>1:30 - Movie & Popcorn</u> 5:00 - Evening Relaxation & Refreshment	20 9:30 - Sit & Be Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:00 - Color Pencil Art 2:00 - Saturday Social 5:00 - Evening Relaxation & Refreshment
21 9:30 Sit & Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:15 - Trivia 2:00 Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	22 9:30 - Monday Moves 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion 12:30 - Manicure Monday 2:00 - Snack & Chat 5:00 - Evening Relaxation & Refreshment	23 9:30 - Stretch Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Ax Toss <u>12:45 - BINGO</u> 1:30 - Entertainment in MDR 5:00 - Evening Relaxation & Refreshment	24 <u>9:30 - Scenic Bus Ride Outing</u> 12:30 - Sensory Bins 1:30 Prize Magazine War 2:30 - Happy Hour-Snacks 5:00 - Evening Relaxation & Refreshment	25 9:30 - Strength Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 12:30 - How it's Made <u>1:00 - Men's Sports Trivia</u> <u>2:00 - Ice Cream Social</u> 5:00 - Evening Relaxation & Refreshment	26 9:30 - Living Lively with Robert 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles Discussion & Devotional 1:00 - Karaoke Songs <u>2:00 - Birthday Bash & Entertainment (MDR)</u> 5:00 - Evening Relaxation & Refreshment	27 9:30 - Sit & Be Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:00 - Color Pencil Art 2:00 - Saturday Social 5:00 - Evening Relaxation & Refreshment
28 9:30 - Sit & Fit 10:15 - Daily Chronicles, Discussion & Devotional 12:15 - Trivia 2:00 Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	29 9:30 - Monday Moves 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion <u>12:30 - Outing to County Line Apple Orchard</u> <u>2:00 - Mobile Cookie Cart w/Jacyln</u> 5:00 - Evening Relaxation & Refreshment	30 9:30 - Stretch Exercise 10:00 - Morning Sip, Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Twister Toss <u>12:45 - BINGO</u> 2:00 - Snack & Chat 5:00 - Evening Relaxation & Refreshment				