

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|---|
| 31 10:00 Stream Sun. Mass(TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Word Games (BS) | Write a Letter Day 1 10:30 Weight Training (CS) 11:00 Coffee & Chats (BS) 1:30 Write a Letter (CS) 3:00 Walking Club (BS) 6:15 Movie Night | 2 10:30 Flex & Stretch (CS) 11:00 Coffee & News (BS) 11:30 Bus Outing: Target 1:30 Art Throbs! (TR) 3:00 Baking Club: Popsicles (CS) 6:15 Uncorked Tuesday (BS) | 3 10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Abby (PR) 2:00 Bingo (BS) 3:30 Classic. Music Prgm (TR) 6:15 Netflix Night (TR) | 4 10:30 Balance Class (CS) 11:00 Coffee & Games (BS) 11:15 Bus Outing: Yates Cider Mill \$ (FD) 1:30 Sand Art (CS) 3:00 Chair Volleyball (CS) 6:15 Marco Floyd (BS) | 5 10:30 Chair Aerobics (CS) 11:00 Cath. Communion (TR) 11:00 Coffee & News(BS) 1:30 Sing Fit (GR) 3:00 Pizza Happy Hour (BS) 6:15 Movie Night (TR) | 6 10:30 Chair Exercises (CS) 11:00 Coffee & Chats (BS) 1:30 Hand Massages & Music (CS) 2:00 Movie: Kinda Pregnant (TR) 3:00 Pictionary (BS) |
| Lions Day 7 10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Games (BS) 2:00 Classical Music Prgm (TR) 2:30 Smores (CY) 3:00 Grandparents' Day Photo Booth (PR) 4:30 Lions Watch Party (BS) | Wear Red or Yellow 8 10:30 Weight Training (CS) 11:00 Coffee & Chats(BS) 1:30 Red & Yellow Photos (PR) 2:00 Popcorn Bar (BS) 3:00 Scrabble Club (GR) 6:15 Skip-Bo (BS) | Mismatch Day 9 10:30 Flex & Stretch (GR) 11:00 Coffee & News (BS) 11:15 Bus Outing: Tous Les Bakery 2:00 Menu Chats (DR) 3:00 Ladder Ball (BS) 6:15 Art Throbs! Painting with a Twist (CS) | Tie Dye Day 10 10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Matt Ball Music (PR) 1:30 Dog Visit-Abby(PR) 2:00 Bingo! (BS) 3:30 Classical Music Prgm. (TR) 6:15 Movie Night | Twin W/ a Staff 11 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 11:15 DIA Outing \$ (FD) 1:30 Fun Facts (PR) 3:00 Chair Volleyball (CS) 6:15 Cards Night (BS) | Wear a Blue Shirt 12 10:30 Chair Aerobics (CS) 11:00 Cath. Communion (TR) 11:00 Coffee & News (BS) 1:30 Flower Arrangements (CS) 3:00 Milkshake Happy Hour! (BS) 6:15 Movie Night (TR) | 13 10:30 Chair Exercises (CS) 11:00 Morning Art (CS) 1:30 Jeopardy (BS) 2:00 Movie: The Other Guys (TR) 3:30 Walking Club (BS) |
| 14 10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Puzzles (BS) 2:00 Classical Music Prgm (TR) 3:00 Walking Club (BS) | 15 10:30 Weight Training (CS) 11:00 Coffee & Games (BS) 1:30 Game Hour (GR) 3:00 Welcome Party! (BS) 6:15 Documentary Night | 16 10:30 Flex & Stretch (CS) 11:15 Rachel (Hymns) (PR) 11:30 Bus Outing: Kroger\$(FD) 1:30 Art Throbs! (TR) 6:15 Uncorked Tuesday | 17 10:30 Sit & Fit (CS) 11:00 Coffee & News (BS) 1:30 Dog Visit-Gemma (PR) 2:00 Bingo (BS) 3:30 Classical Music Prgm 6:15 Netflix Night (TR) | Nat. Rice Krispies Day 18 10:30 Balance Class (CS) 11:15 Lunch Outing: Lincoln Yard\$(FD) 1:30 Baking Club: Rice Krispies (CS) 3:00 Chair Volleyball (CS) 6:15 Game Night (GR) | Fundraiser Event 19 10:30 Chair Aerobics (CS) 11:00 Corso Care Clinical (CS) 11:00 Cath. Communion (TR) 1:30 Sing Fit (CS) 5:00 Apps & Happy Hour (DR) 6:00 Live Music (DR) | 20 10:30 Chair Exercises (CS) 11:00 Morning Meditation (CS) 1:30 Hand Massages & Music (CS) 2:00 Movie: Mama Mia (TR) 3:00 Fact or Fiction (BS) |
| 21 10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 1:30 Pastry Social (BS) 2:00 Classic Music Prgm (TR) 3:00 Popcorn & Games (BS) | 22 10:30 Weight Training (CS) 11:00 Coffee & Games (BS) 1:30 Water Lily Craft (CS) 3:00 Scrabble Club (GR) 6:15 Trivia Night (GR) | 23 10:30 Flex & Stretch (CS) 11:15 Bus Outing: Market Fresh\$(FD) 2:30 Menu Chats (DR) 3:00 Resident Council (DR) 6:15 Art Throbs! Painting with a Twist (CS) | 24 10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Abby (PR) 2:00 Bingo (BS) 3:00 Book Club (LI) 3:30 Classic. Music Prgm (TR) 6:15 Game Night | 25 10:00 Bus Outing: Belle Isle Conservatory (FD) 10:30 Balance Class (CS) 11:00 Coffee & Games (BS) 1:30 Clay Art (CS) 3:00 Afternoon Stretch (CS) 6:15 Uno! (GR) | Nat. Pancake Day 26 10:30 Chair Aerobics (CS) 11:00 Coffee & Chats (BS) 11:00 Cath. Communion(TR) 1:30 Freaky Friday Games (BS) 3:00 Pancake Happy Hour 6:15 Movie Night (TR) | 27 10:30 Chair Exercises (CS) 11:00 Morning Art (CS) 1:30 Timeless Duo (PR) 2:00 Movie: Happy Gilmore 2 (TR) 3:00 Pictionary (BS) |
| 28 10:00 Stream Sun. Mass(TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Walking Club (BS) | 29 10:30 Weight Training (CS) 11:00 Coffee & Chats (BS) 1:30 Fun Facts (BS) 3:00 M&M Stories (BS) 6:15 Game Night (GR) | 30 8:30 Bus Outing: OHop\$(FD) 10:30 Flex & Stretch (CS) 1:30 Ring Toss (GR) 3:00 Cookie Decorating (CS) 6:15 Uncorked Tuesday | | | | |

Calendar Key

BS – Bistro

TR – Theatre

CS – Creative Studio

CY – Courtyard

FD– Front Desk

DA – Dining Area

GR-Game Room

PR: Piano Room