Life Enrichment Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10a Daily Chronicle 10:30a Workout Wednesday 11a Name Ten Fall Items 1:30 One-on-One Visits 2p IV Glee Club: Perry Como Hits 3p Happy Hour with Trivia Cards 3:15p Communion (AL CR) 4p Matching Game 6p Unwind & Relax	10a Through the Ages Fitness 10:30a Daily Chronicle 11a Flower Arranging 1:30p One-on-One Visits 2p Arm Chair Travel 3p Chef's Apps Happy Hour with Music 4p Puzzles and Games 6p Unwind & Relax w/LE Staff	10:30a Daily Chronicle 11a World Smile Day Program 12:30-1:30p Balance & Vitality Clinic (AL CR) 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2p Corn Hole Toss 3p Happy Hour with Conversations	Happy Birthday Bob A! 4 10a Daily Chronicle 10:30a Saturday Stretches 11a Sand Sensory Bins 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show "The Nanny" 6p Relax & Unwind
I 0a Daily Chronicle I 0:30a Morning Hymnals I Ia Sunday Stretches I 2p Soda Sunday Lunch I:30p East 9 Ist Street Church Service 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 10:30a Cardio Drumming 11:15a Music Sensory Wall 1:30p One-on-One Visits 2p Noodle Ball 3p Happy Hour 4p Dancing Through Halloween Short Story Activity Connection 6p Unwind & Relax	7 10a Exercise w/ T.J. 10:30a Daily Chronicle 11a Memory Lane Magazines 1:30p One-on-One Visits 2p Let's Get Crafty 3p Happy Hour 3:30 Drew Davenport Music 6p Unwind & Relax w/LE Staff	10a Daily Chronicle 10:15a Workout Wednesday 11a Who Sang It? 1:30 One-on-One Visits 2p IV Glee Club: Crooner Hits 3p Happy Hour with Joke Telling 4p Free Bingo w/Candy Prizes 6p Unwind & Relax	Leif Erikson Day! 9 10a Through the Ages Fitness 10:30a Daily Chronicle 11a History Of Leif Erikson 1:30p One-on-One Visits 2p Nail Spa Day! 3p Chef's Apps Happy Hour with Jeopardy	10a Daily Chronicles 10:30a Friday Fitness 11a Interactive Kitchen 1:30p One-on-One Visits 2p Culinary Showcase (DR) 3p Happy Hour and Conversations 3:13p Holy Spirit Mass (AL CR) 4p Documentary 6p Unwind & Relax	I I I Oa Daily Chronicle I 0:30 Saturday Stretches I Ia Cranium Crunches I 2p Soda Saturday Lunch I:30p Bible Study w/ Edith 4p Saturday Show "The Nanny" 6p Relax & Unwind
10a Daily Chronicle 10:30a Morning Hymnals 11a Bean Bag Toss 12p Soda Sunday Lunch 1:30p Andy & Carol's Devotional Service 3p Movie Matinee 6p Unwind & Relax	Columbus Day! 13 10a Daily Chronicle 10:30a Let's Get Movin' Exercise 11a Columbus Day Trivia 1:30p One-on-One Visits 2p Five Clues what Job is it? 3p Happy Hour 3:30p Chair Yoga with Kira 4p Pondering Prompts from Activity Connection 6p Unwind & Relax	10 E	3:15p Communion (AL CR)	10a Through the Ages Fitness 10:30a Daily Chronicle 11a Flower Arranging 1:30p One-on-One Visits 2p Hula Hoop Games 3p Chef's Apps Happy Hour with Music 4p Arm Chair Travel 6p Unwind & Relax w/LE Staff	10am Daily Chronicle 10:30a Friday Fitness 11a Birthday Card Making 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2:15p Barbara Frolic on Piano 3p October Birthday Happy Hour 4p Sing-Along 6p Unwind & Relax	Happy Birthday Linda C! 18 Trunk or Treat! 10a Daily Chronicle 10:30a Saturday Stretches 11a Matching Game 11a-1;30p Trunk or Treat 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show - "The Nanny" 6p Relax & Unwind
10a Daily Chronicle 10:30a Morning Hymnals 11a Sunday Stretches 12p Soda Sunday Lunch 1:30p Restoration Singers 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 10:30a Cardio Drumming 11:15a Jeopardy on Activity Connection 1:30p One-on-One Visits 2p Pen Pot sensory Program 3p Happy Hour with Music 4p Conversation Beach Ball 6p Unwind & Relax	10a Exercise w/ T.J. 10:30a Daily Chronicle 11a Cranium Crunches 1:30p One-on-One Visits 2p Let's Get Crafty 3p Happy Hour 3:30p Music with Drew Davenport 6p Unwind & Relax w/LE Staff	10a Daily Chronicle 10:15a Workout Wednesday 11a Fall Smells Sensory Program 1:30 One-on-One Visits 2p IV Glee Club: Patti Page Hits 3p Happy Hour with Sing-a-long 3:15p Communion (AL CR) 4p Free Bingo with Candy Prizes 6p Unwind & Relax	1:30p One-on-One Visits 2p Nail Spa Day! 3p Chef's Choice Happy Hour with Name Ten 4p Conversation Cards	National Food Day! 24 10am Daily Chronicle 10:30a Friday Fitness 1 Ia Interactive Kitchen 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2p Bowling 3p Happy Hour with Board Games and Puzzles 4p Name That Tune 6p Unwind & Relax	I Oa Daily Chronicle I 0:30a Saturday Stretches I Ia Ball Toss I 2p Soda Saturday Lunch I:30p Bible Study w/ Edith 4p Saturday Show "The Nanny" 6p Relax & Unwind
10a Daily Chronicle 10:30a Morning Hymnals 11a Sunday Stretches 12p Soda Sunday Lunch 1:30p Andy & Carol's Devotional Service 3p Movie Matinee 6p Unwind & Relax	10a Coffee and Cookies & Daily Chronicle 10:30a Cardio Drumming 11:15a Sensory Sand Bins 1:30p One-on-One Visits 2p Cards and Coloring 3p Happy Hour 3:30 Chair Yoga w/Kira (CR) 4p Junk Drawer Detective 6p Unwind & Relax	3p Happy Hour with Games 4p Free Bingo w/ Candy Prizes 6p Unwind & Relax w/LE Staff	I I a Name That Tune 1:30p Fall Leaf OUTING 1:30p One One Visits	Candy Corn Day! 10a Through the Ages Fitness 10:30a Daily Chronicle 11a History of Candy Corn 1:30p One-on-One Visits 2p Candy Corn Noodle Ball 3p Happy Hour with Candy	Happy Halloween! 3 I 10am Daily Chronicle 10:30a Halloween Costume Parade from Teddy Bear Daycare I la Interactive Kitchen 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2p Halloween Craft 3p Halloween Happy Hour 4p Spooky Mad Lib Stories 6p Unwind & Relax	
Calender Key: CR - Community Room C - Café CY - Courtyard	FL – Front Lobby TH - Theatre Room CH 2.I - Channel 2.I in Apt	IF - First Floor 2F - Second Floor 3F - Third Floor	O - Outing L - Lawn MR - Map Room			Independence Village SENIOR LIVING