

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Monthly Observations Day Light Saving Time Ends Veteran's Day Thanksgiving		October 31 12:30 Balance & Vitality Clinic (AL CR)	10a Daily Chronicle 10:30a Saturday Stretches 11a Sand Sensory Bins 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show "Bonanza" 6p Relax & Unwind
Day Light Saving Time Ends 2 10a Daily Chronicle 10:30a Morning Hymns 11a Sunday Stretches 12p Soda Sunday Lunch 1:30p East 91st Street Church Service 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 3 10:30a Cardio Drumming 11:15a Roll a Turkey 1:30p One-on-One Visits 2p Ball Toss into Baskets 3p Happy Hour with Conversation Cards 4p Poultry Puns and Jokes 6p Unwind & Relax	10a Exercise with PowerBack Rehab 4 10:30a Daily Chronicle 11a November Pondering Prompts 1:30p One-on-One Visits 2p Let's Get Crafty 3p Happy Hour 3:30 Drew Davenport Music 6p Unwind & Relax w/LE Staff	American Football Day! 5 10a Daily Chronicle 10:30a Workout Wednesday 11a History of American Football 1:30 One-on-One Visits 2p IV Glee Club: Remembering Johnny Mercer 3p Happy Hour with Trivia Cards 3:15p Communion (AL CR) 3:30p Bingo with Candy Prize 6p Unwind & Relax	Nachos Day! 6 10a Through the Ages Fitness 10:30a Daily Chronicle 11a Flower Arranging 1:30p One-on-One Visits 2p Arm Chair Travel - Turkey 3p Chef's Apps Happy Hour with Cranium Crunches 4p Puzzles and Games 6p Unwind & Relax w/LE Staff	10a Friday Fitness 7 10:30a Daily Chronicle 11a Turkey Bowling 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2p Interactive Kitchen 3p Happy Hour with Conversations 4p Sing-along 6p Unwind & Relax	10a Daily Chronicle 8 10:30a Saturday Stretches 11a Sand Sensory Bins 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show "Bonanza" 6p Relax & Unwind
National Art Museum Day! 9 10a Daily Chronicle 10:30a Morning Hymns 11a Virtual Art Museum Tour 12p Soda Sunday Lunch 1:30p Andy & Carol's Devotional Service 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 10 10:30a Let's Get Movin' Exercise 11:15a Fill In the Cornucopia 1:30p One-on-One Visits 2p Hula Hoop Toss 3p Veteran's Ceremony (AL DR) 3p Happy Hour and What Year was It? 3:30 Chair Yoga w/Kira 6p Unwind & Relax	Veterans Day! 11 8a Veteran's Breakfast (AL Cafe) 10a Exercise with PowerBack Rehab 10:30a Daily Chronicle 11a Memory Lane - Veterans 1:30p One-on-One Visits 2p Let's Get Crafty! 3p Happy Hour 3:30p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 12 10:15a Workout Wednesday 11a Who Sang It? 1:30 One-on-One Visits 2p Christmas Decorating with Holiday Music 3p Happy Hour with Joke Telling 3:30p Free Bingo with Candy Prizes 6p Unwind & Relax	10a Through the Ages Fitness 13 10:30a Daily Chronicle 11a Don't Count your Chickens 1:30p One-on-One Visits 2p Nail Spa Day! 3p Chef's Apps Happy Hour with Jeopardy 4p Sensory Sorting 6p Unwind & Relax w/LE Staff	10a Daily Chronicles 14 10:30a Friday Fitness 11a Interactive Kitchen 1:30p One-on-One Visits 2p Culinary Nutrition Showcase (DR) 3p Happy Hour and Picture This 3:13p Holy Spirit Mass (AL CR) 4p Documentary 6p Unwind & Relax	10a Daily Chronicle 15 10:30 Saturday Stretches 11a Cranium Crunches 12p Family Thanksgiving Brunch 1:30p Bible Study w/ Edith 4p Saturday Show "Bonanza" 6p Relax & Unwind
10a Daily Chronicle 16 10:30a Morning Hymns 11a Sunday Stretches 12p Soda Sunday Lunch 1:30p Restoration Singers 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 17 10:30a Let's Get Movin' Exercise 11a Stick Turkey Word Game 1:30p One-on-One Visits 2p Name Ten if You Can 3p Happy Hour with Trivia 4p Chicken Soup For the Soul Short Stories 6p Unwind & Relax	National Princess Day! 18 10a Exercise with PowerBack Rehab 10:30a Daily Chronicle 11a Princess Grace Kelly 1:30p One-on-One Visits 2p Movie: King and I (Amazon) 3p Happy Hour with Cookies 3:30p Drew Davenport Music 6p Unwind & Relax w/LE Staff	10a Daily Chronicle 19 10:15a Workout Wednesday 11a Puzzles and Coloring 1:30 One-on-One Visits 2p Christmas Decorating with Holiday Music 3pm Happy Hour and Christmas Traditions 3:15p Communion (AL CR) 3:30p Bingo with Candy Prize 6p Unwind & Relax	Hanukah Begins! 20 10a Through the Ages Fitness 10:30a Daily Chronicle 11a Flower Arranging 1:30p One-on-One Visits 2p History of Hanukah 3p Chef's Apps Happy Hour with Music 4p Picture This! 6p Unwind & Relax w/LE Staff	World Television Day! 21 10am Daily Chronicle 10:30a Friday Fitness 11a Birthday Card Making 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2:15p Barbara Frolic on Piano 3p November Birthday Happy Hour 4p The History of TV 6p Unwind & Relax	10a Daily Chronicle 22 10:30a Saturday Stretches 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show - "Bonanza" 6p Relax & Unwind
10a Daily Chronicle 23 10:30a Morning Hymns 11a Sunday Stretches 12p Soda Sunday Lunch 1:30p Andy & Carol's Devotional Service 3p Movie Matinee 6p Unwind & Relax	10a Daily Chronicle 24 10:30a Cardio Drumming 11:15a Talking Turkey on Activity Connection 1:30p One-on-One Visits 2p Junk Drawer Detective 3p Happy Hour with Music 3:30p Chair Yoga w/Kira 6p Unwind & Relax	10a Exercise with Power-Back Rehab 25 10:30a Daily Chronicle 11a Autumn Sensory Boxes 1:30p One-on-One Visits 2p Let's Get Crafty 3p Happy Hour and Music 4p Memory Lane Photo Reminiscing 6p Unwind & Relax w/LE Staff	10a Daily Chronicle 26 10a Workout Wednesday 11a Nail Spa Day! 1:30 One-on-One Visits 2p Tour the Town Outing 3p Happy Hour with Sing-along 3:15p Communion (AL CR) 3:30p Bingo with Candy Prizes 6p Unwind & Relax	Happy Thanksgiving! 27 10a Turkey Trot Exercises 10:30a Daily Chronicle 11a Macy's Thanksgiving Day Parade 12p Thanksgiving Punch with Lunch 2p Movie Matinee 4p Activities with Wellness 6p Unwind & Relax	10am Daily Chronicle 28 10:30a Friday Fitness 11a Interactive Kitchen 1:30p One-on-One Visits 1:30p Group Rosary (AL CR) 2p Choose Two Game 3p Happy Hour with Chain Reaction Word Game 4p Name That Tune 6p Unwind & Relax	10a Daily Chronicle 29 10:30a Saturday Stretches 11a Ball Toss 12p Soda Saturday Lunch 1:30p Bible Study w/ Edith 4p Saturday Show "Bonanza" 6p Relax & Unwind

Calendar Key:

CR - Community Room
C - Café
CY - Courtyard

FL – Front Lobby
TH - Theatre Room
CH 2.1 - Channel 2.1 in Apt

1F - First Floor
2F - Second Floor
3F - Third Floor
MC - Memory Care

O - Outing
L - Lawn
MR - Map Room