

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
10:00 Catholic Mass A 1:00 Vikings v Lions A, D, A 2:00 Worship Service with Rev. Dave Zomer and Pianist Carol DeRuiter - Communion Sunday A 6:00 Cookies and Conversation L 6:00 - 8:00 Poker Night D 7:00 Movie: Rudy A	9:00 Stretch and Tone A 9:30 Balance Class A 9:30 *Stained Glass Class with Bill Urfer AS 10:00 Stretch and Tone A 10:00 Reminiscence Writing AR 10:00 West Main Shopping Loop O 1:00 Spiritual Life Committee Meeting A 1:30 Parcheesi with Adrian Eisenlord GR 2:00 Brain Games AR 3:00 Documentary and Discussion A 7:00 Bingo A	9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Chair Yoga WA 1:30 Volleyball WA 2:00 National Candy Day Celebration DR 2:30 Hand Jive A 3:00 Documentary and Discussion Group A 6:30 Game Night GR / Euchre with Jim Hoppe D	9:00 Stretch and Tone WA 9:30 Balance Class WA 10:00 Stretch and Tone WA 10:00 Big Shopping Loop O 10:00 Catholic Mass MR 10:30 Hospitality/Ambassador Committee Meeting AR 12:00 Lunch and Learn: Hoarding and Downsizing with Niki Nimmo A 1:15 Activities Committee Meeting AR 1:30 MahJongg with Gail GR 6:30 Casey Germain Concert A	9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Blood Pressure Clinic with CorsoCare EL 1:00 Chair Yoga WA 1:30 Volleyball WA 2:30 Hand Jive A 3:00 Name That Tune A 3:00 Ping Pong DR 6:30 Game Night GR / Poker Night with Jim McGuire D	9:00 Stretch and Tone A 9:30 Balance Class A 9:30 Pickers O 10:00 Stretch and Tone A 10:00 Rosary MR 1:30 Sit and Stitch with Marion AR 1:30 Parcheesi with Adrian GR 3:00 Happy Hour L 6:45 Miller Auditorium: How the Grinch Stole Christmas! 7:00 Movie: A Civil Action A	10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Nordic Walking Club with Carol Alfoldy FR 2:00 National Bittersweet Chocolate Day MA 3:00 Travels with Darley: Guadeloupe Islands Caribbean Adventures and Maryland's Eastern Shore A 7:00 Movie: Darkest Hour A
9	10	11	12	13	14	15
10:00 Catholic Mass A 2:00 Worship Service with Rev. Mike VandenBerg and Pianist Tim DoorlagA 6:00 Cookies and Conversation L 6:00 - 8:00 Poker Night D 7:00 Movie: South Pacific A	9:00 Stretch and Tone A 9:30 Balance Class A 9:30 *Stained Glass Class with Bill AS 10:00 Stretch and Tone A 10:00 Reminiscence Writing AR 10:00 West Main Shopping Loop O 1:00 Life Stories with Helen Coleman A 1:30 Parcheesi with Adrian GR 2:00 Food Committee Meeting RC 2:00 Brain Games AR 3:00 Documentary and Discussion Group A 6:00 - 6:45 Heidi the Bartender A 6:30 Piano Bar Featuring Nick Birchler A	9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Chair Yoga WA 1:30 Volleyball WA 2:30 Veterans Recognition Program A 6:30 Game Night GR / Euchre with Jim Hoppe D	10:00 Big Shopping Loop O 10:00 Catholic Mass MR 10:30 Kool things with Katie: Chicken Noodle Soup for the Soul Day AR 1:30 MahJongg with Gail GR 3:00 November Birthday Party MA 6:00 Big Furry Friends AL / 6:30 EL 6:30 Wednesday Evening Special Speaker Series: Robert Weir's Himalayan Adventures A	9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Thursday Musicale A 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 11:00 Corso Creations EL 1:00 Blood Pressure Clinic with CorsoCare EL 1:00 Chair Yoga WA 1:30 Volleyball WA 2:30 Hand Jive A 2:30 IT at a Glance with Kelvin GR 3:00 Current Event Discussion Group with Jim Smith AR 3:00 Name That Tune A 3:00 Ping Pong DR 6:30 Game Night GR / Poker Night with Jim McGuire D	9:00 Breakfast Outing O 9:00 Stretch and Tone A 9:30 Balance Class A 10:00 Stretch and Tone A 10:00 Rosary MR 1:00 Card Making with Nancy AR 1:30 Parcheesi with Adrian GR 3:00 Happy Hour L 7:00 Movie: A Walk in the Clouds A	9:00 National Raisin Bran Cereal Day AR 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Nordic Walking Club with Carol Alfoldy FR 2:00 National Raisin Bran Cereal Day MA 3:00 Travels with Darley: Belgium: Castles, Cities & Countryside and Brussels & Beyond A 6:45 Miller Auditorium KSO Brahms and The Schumanns O 7:00 Movie: The War of the Roses A

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16 10:00 Catholic Mass A 2:00 Worship Service with Rev. Sean Kidd and Pianist Pat Irvine A 6:00 Cookies and Conversation L 6:00 - 8:00 Poker Night D 7:00 Movie: M*A*S*H* A	17 9:00 Stretch and Tone A 9:30 Balance Class A 9:30 *Stained Glass Class with Bill Urfer AS 10:00 Stretch and Tone A 10:00 Reminiscence Writing AR 10:00 West Main Shopping O 12:00 Lunch Outing: Hunan Gardens O 1:30 Parcheesi with Adrian Eisenlord GR 2:00 Brain Games AR 3:00 Documentary and Discussion A 6:30 WMU Chamber Music Series Performance A	18 9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Gentle Yoga with Karen D 10:30 Welcome Breakfast A 10:45 Shavasana D 1:00 Chair Yoga WA 1:30 Volleyball WA 2:30 Keynote Confections with Helen Lukan AR 6:30 Game Night GR / Euchre with Jim Hoppe D	19 9:00 Stretch and Tone A 9:30 Balance Class A 10:00 Stretch and Tone A 10:00 Big Shopping Loop O 10:00 Catholic Mass MR 10:30 Cooking with Molli AR 1:00 POD Chat with Laurie and Michael A 1:30 MahJongg with Gail GR 2:00 Emergency Training A 2:00 Brain Games AR 3:00 EMT Melissa LaBraie: Q&A A 7:00 A Little Evening Music with Larry Smith: Town Tunes A	20 9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Quarterly Resident Meeting A 11:00 Gentle Yoga with Karen D 11:45 Shavasana D 1:00 Blood Pressure Clinic with CorsoCare EL 1:00 Chair Yoga WA 1:30 Volleyball WA 2:30 Hand Jive A 2:30 Sweet Treats with Monica AR 3:00 Name That Tune AR 3:00 Ping Pong DR 6:30 Game Night GR / Poker Night with Jim McGuire D 6:45 Farmers Alley Theatre: A Very Kalamazoo Christmas O	21 9:00 Stretch and Tone A 9:30 Balance Class A 10:00 Stretch and Tone A 10:00 Rosary MR 1:00 Volunteer at Loaves and Fishes O 1:30 Sit and Stitch with Marion AR 1:30 Parcheesi with Adrian GR 3:00 Happy Hour L 7:00 Movie: The Pianist A	22 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Nordic Walking Club with Carol Alfoldy FR 3:00 Travels with Darley: Southern States Road Trip and Michigan's Upper Peninsula A 7:00 Movie: 12 Mighty Orphans A
23 10:00 Catholic Mass A 2:00 Worship Service with Rev. James PierceA 6:00 Cookies and Conversation L 6:00 - 8:00 Poker Night D 7:00 Movie: Skyfall A	24 9:00 Stretch and Tone A 9:30 Balance Class A 9:30 *Stained Glass Class with Bill Urfer AS 10:00 Stretch and Tone A 10:00 Reminiscence Writing AR 10:00 W. Main Shopping Loop O 1:00 Newsline Committee Meeting AR 1:30 Parcheesi with Adrian Eisenlord GR 2:00 Brain Games AR 3:00 Documentary and Discussion A 4:00 Dinner Outing: Fieldstone Grill O 6:30 Bingo A	25 9:00 Stretch and Tone WA 9:30 Punch Out Parkinson's WA 10:00 Balance Class WA 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Chair Yoga WA 1:30 Volleyball WA 2:00 National Candy Day Celebration MA 2:30 Popcorn Party with Bill and Rollie MA 3:00 Marty Miller Concert A 6:30 Game Night GR / Euchre with Jim Hoppe D	26 9:00 Stretch and Tone A 9:30 Balance Class A 10:00 Stretch and Tone A 10:00 Big Shopping Loop O 10:00 Catholic Mass MR 1:30 MahJongg with Gail GR 2:00 Book Club with Eileen Withers and Marion Amdursky L 2:00 Brain Games AR 3:00 Thanksgiving Eve Service A 6:00 Big Furry Friends AL / 6:30 EL	27 Happy Thanksgiving! 10:00 Gentle Yoga with Karen D 10:45 Shavasana D	28 9:00 Stretch and Tone A 9:30 Balance Class A 10:00 Stretch and Tone A 10:00 Rosary MR 1:00 Card Making with Nancy AR 1:30 Parcheesi with Adrian GR 3:00 U of M Themed Happy Hour L 7:00 Movie: The Best Years of Our Lives A	29 10:00 Gentle Yoga with Karen D 10:45 Shavasana D 1:00 Nordic Walking Club with Carol Alfoldy FR 2:00 National Lemon Cream Pie Day MA 3:00 Travels with Darley: Road Trip: Maryland, Virginia & South Carolina and Guadeloupe Islands Caribbean Escape A 6:45 Miller Auditorium A Celtic Christmas O 7:00 Movie: The Man Who Captured Eichmann A
30 10:00 Catholic Mass A 2:00 Worship Service with Rev. Alec Theis and Pianist Carol DeRuiter - Reformation Sunday A 6:00 Cookies and Conversation L 6:00 - 8:00 Poker Night D 7:00 Movie: Kelly's Heroes A	Stained Glass Classes with Bill Urfer in the Art Studio are by appointment. Please contact Bill.	Tuesday, November 18 at 10:30 in the Auditorium is our next Welcome Breakfast. You will not want to miss it!	Don't miss the Q&A with EMT Melissa LaBraie on Wednesday, November 19 at 3:00 pm.			