

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Move Those Joints (TL) 10:30 Coffee & Card Games(CY) 12:30 Dance Party Break 1:00 Dog Visit-Gemma 2:00 SingFit(FS) 3:00 Gardening Club 5:15 Puzzles & Music (DR)	10:00 Chair Yoga (DR) 2 10:30 Armchair Travel: India(FS) 12:30 Make A Music Video 1:00 Baking Club- Fall Crumbl Cookies (DR) 3:00 Batik Tye Dye 5:15 Group Sing Along(TL)	10:00 Chair Exercise (DR) 3 10:30 Bowling (CY) 1:00 Amelie Club: Bath Bombs for Care Staff 2:00 Singfit 3:00 Smile Selfie Station Happy Hour (DR/Patio) 5:15 Movie Night: Mean Girls (DR)	10:00 Morning Stretch (TL) 4 10:30 Mini Golf (CY) 12:30 Dance Party 1:30 Cardmaking party 3:00 Walking Club 5:15 Classic Movie Night
10:00 Streaming Mass (TL) 5 11:00 Sit and Be Fit (DR) 12:30 Funk Dance Party (TR) 1:30 James Bond Murder Mystery Game 3:00 Amelie Club: Good Deed Day 5:15 Movie Night: 007	10:00 Moving Monday (DR) 6 10:30 Balloon Volleyball (TL) 12:30 Family Fued 1:30 Live! With Pat Cronley(DR) 2:30 SingFit! 3:00 Lecture :History of Music & Film (TL) 5:15 Relaxation Station (TL)	10:00 Ball Exercises (DR) 7 10:30 Music & Manicures 12:30 Trivia 1:00 Affirmations Project 2:00 Outing: Bakery 46 5:15 Rhythm & Hues (FS)	10:00 Move Those Joints (TL) 8 10:30 Bowling (CY) 12:30 Dance Party Break 1:00 Dog Visit-Gemma 2:00 Ada Lovelace Science Experiments (FS) 3:00 Pendulum Painting (FS) 5:15 Mediation & Music (DR)	10:00 Chair Yoga (DR) 9 10:30 Card Games (FS) 12:30 Make A Music Video 1:00 Baking Club- Baked Mozzarella (DR) 2:00 Outing: Historical Detroit Tour 3:00 Garden Club (Patio) 5:15 Group Sing Along(TL)	10:00 Chair Exercise (DR) 10 10:30 Walking Club (FS) 12:30 After Lunch Stretch 1:00 Fall Tote Bags Craft (FS) 2:00 Mini Golf Course 3:00 Cupcake Decorating Happy Hour (DR) 5:15 Movie Night October Sky (TL)	10:00 Morning Stretch (TL) 11 10:30 Word Games (TL) 12:30 SingFit 1:30 God’s Eye Yarn Craft (DR) 3:00 Noodlecise! (TL) 5:15 Classic Movie Night (TL)
10:00 Streaming Mass (TL) 12 11:15 Sit & Be Fit (DR) 12:30 Brain Games 1:30 Ice Cream Social (FS) 3:00 Sorting Club (FS) 5:15 Rhythm & Hues (DR)	10:00 Moving Monday (DR) 13 10:30 Balloon Volleyball (TL) 12:30 Family Feud (TL) 1:00 Idigenous Art Project 2:45 Live! Cheryl B. (FS) 5:15 Documentary Night (TL)	10:00 Move to the Music (DR) 14 10:30 Card Games (TL) 12:30 Trivia 1:00 Community Tie Dye (CS) 1:30 Outing: Afternoon Tea Party- Oak Park Library 5:15 Group Sing Along (TL)	10:00 Sit and Be Fit (DR) 15 10:45 Live Hymns with Rachel (DR) 1:00 Dog Visit-Abby (TL) 2:00 Culinary Showcase (DR) 3:00 Shuffleboard (FS) 5:15 Classic Movie (TL)	10:00 Chair Yoga (DR) 16 10:30 Singfit! (DR) 12:30 Make A Music Video 1:00 Baking Club- Chocolate Chip Pumpkin Bread (DR) 2:00 Su’s Muse (TL) 3:00 Garden Club (Patio) 5:15 Relaxation Station (TL)	10:00 Chair Exercise (DR) 17 10:30 Armchair Travel (TL) 12:30 After Lunch Stretch 1:00 Poetry Reading 2:00 Men’s Club 3:00 Sweetest Day Happy Hour (DR) 5:15 Rhythm and Hues (DR)	10:00 Morning Stretch (TL) 18 10:30 Ring Toss (FS) 12:30 Brain Games 1:30 Singfit! (FS) 3:00 Sweetest Day Party 5:15 Classic Movie (TL)
10:00 Streaming Mass (TL) 19 11:15 Sit and Be Fit (DR) 12:30 SingFit 1:30 Garden Meditation(CY) 3:00 Mini Golf (CY) 5:15 Puzzles & Music (DR)	10:00 Moving Monday (DR) 20 10:30 Balloon Volleyball (FS) 12:30 Family Feud 2:45 Live! Cheryl B (TL) 3:30 Diwali Craft 5:15 Classic Movie (TL)	10:00 Ball Exercises (DR) 21 10:30 Bowling (TV Lounge) 12:30 Trivia 1:00 Squeegee Painting (FS) 2:00 Outing: Tillson Street 5:15 Rhythm & Hues (DR)	10:00 Move Those Joints (TL) 22 10:30 Hand Massages & Manicures (FS) 12:30 Dance Party Break 1:00 Dog Visit-Gemma (TL) 2:00 Armchair Travel: Japan (DR) 3:00 Fall Flora Fabric Printing 5:15 Puzzles & Music (DR)	10:00 Chair Yoga (DR) 23 10:30 Card Games (FS) 12:30 Make A Music Video 1:00 Baking Club: Pizza Bar (DR) 2:00 Resident Council (TL) 3:00 Sing Fit! (FS) 5:15 Classic Halloween Movies	10:00 Chair Exercise (DR) 24 10:30 Bingo! (DR) 12:30 Make A Music Video 1:00 Women’s Club 2:00 Pumpkin Decorating 3:00 Champagone Kisses & Caviar Dreams Happy Hour (DR) 5:30 Halloween Family Night (CY)	10:00 Morning Stretch (TL) 25 11:00 Relaxation Retreat (FS) 12:30 Dance Party 1:30 Craft: Yayoi Kusama Pumpkins (FS) 3:00 Walking Club (CY) 5:15 Classic Movie Night (TL)
10:00 Streaming Mass (TL) 26 11:15 Sit and Be Fit (DR) 1:30 Sorting Club (FS) 2:30 Brain Games (DR) 5:15 Rhythm & Hues (DR)	10:00 Moving Monday (TL) 27 10:30 Armchair Travel: India (TL) 1:30 Live! Sandy V (CY) 2:30 Resident Council (TL) 5:15 Documentary Night (TL)	10:00 Ball Exercises (DR) 28 10:30 Word Games (TL) 12:30 Trivia 1:00 Armchair Travel: Ellis Island 2:00 Outing: DIA- Ofrenda 5:15 Group Sing Along(TL)	10:00 Move Those Joints (TL) 29 10:30 Hand Massages & Manicures (FS) 12:30 Dance Party Break 1:00 Dog Visit-Gemma (TL) 2:00 Door Decorating Contest (DR) 3:00 Wheelchair Carwash(CY) 5:15 Puzzles & Music (DR)	10:00 Chair Yoga (DR) 30 1:00 Baking Club: Halloween Donut Decorating (DR) 2:00 Card Games (TL) 3:00 Wheelchair Decorating & Pinstriping (FS) 5:15 Movie Night: Wicked	Halloween 31 10:00 Chair Exercise (DR) 10:30 Halloween Bingo! (DR) 1:30 Thriller Dance Party 3:00 Halloween Happy Hour (DR) 5:15 Trick or Treating	

Calendar Key

DR-Dining Room

FS-Four Seasons Room

TL- TV Lounge

CY-Courtyard