

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Step Challenge Starts 1 10:00 Zumba - Margie (AR) 3:00 Oktoberfest (DR) 6:30 Bible Study (C)	2 10:00 Tai Chi W/ Logan (AR) 1:30 Pumpkin Patch (O) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	3 10:00 Chair Yoga (A) 10:00 Soaring Eagle Casino (O) 1:30 Movie: Hocus Pocus (AR) 6:30 Euchre (A)	4 10:00 Walking Club (A) 3:00 Quarter BINGO (AR) 6:30 Evening Movie (AR)
World Teachers' Day 5 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Sunday Game Night (GR)	6 10:00 Walking Club (A) 11:00 Meridian Mall (O) 1:30 Grief Group (C) 2:30 Cider Bar (AR) 3:30 Caregiver Burden With Tricia (AR)	Flu Clinic 7 10:00 Moving - Powerback (AR) 10:45 Men's Coffee Hr. (C) 11:00 Ladies Tea (AR) 10- 2:00 Flu Clinic (GR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	8 10:00 Zumba - Margie (AR) 3:00 Wine Down (DR) 6:30 Bible Study (C)	9 10:00 Thai Chi W/ Logan (AR) 2:00 Blood Pressure Clinic (LL) 1:00 Oct. Birthday Day Party: Dessert Bar (DR) 3:00 Quarter BINGO (AR)	Mental Health Day 10 10:00 Chair Yoga (AR) 11:00 Coral Gables (O) 1:30 Wives of Veteran's Tea (PD) 1:30 Movie: Beetlejuice (AR) 6:30 Euchre (A)	11 10:00-2:00 Sharing Saturday (AR) 3:00 Quarter BINGO (AR) 6:30 Evening Movie (AR)
12 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 1:00 Sunday Sundaes (DR) 6:30 Sunday Game Night (GR)	13 10:00 Meijer Outing (O) 11:00 Cafe Corey (AR) 2:30 Cooking W/ Sarra (AR) 3:30 Book Club (C) 4:00 Veteran's Happy Hour (AR)	14 10:00 Moving - Powerback(LL) 10:45 Men's Coffee Hour (C) 11:00 Ladies Tea (PD) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	15 10:00 Zumba - Margie (AR) 11:00 Art W/ Alyssa (AR) 2:30 Wine Down FT: Jack and Tess (DR) 6:30 Bible Study (C)	Bosses Day 16 9:00 Ambassador Meeting (PD) 10:00 MGLI Horse Show (O) 11:00 Shelbi's Favorite's (AR) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	17 10:00 Soaring Eagle Casino (O) 1:30 Movie: Edward Scissorhands (AR) 6:30 Euchre (A)	18 10:00 Walking Club (A) 1:00 Trunk or Treat (V) 3:00 Quarter BINGO (AR) 6:30 Evening Movie (AR)
19 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Sunday Game Night (GR)	Chef's Day 20 10:00 Walking Club (AR) 11:00 CorsoCare: Brain Health and Nutrition (AR) 1:30 Pumpkin Painting (AR) 3:00 Pumpkin Snack Making (AR)	Festival of Lights 21 10:00 Moving - Powerback (AR) 10:45 Men's Coffee Hr. (C) 11:00 Ladies Tea (AR) 1:30 Your Life, Your Legacy (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	22 10:00 Zumba - Margie (AR) 1:30 Soap Making W/ Rachel (AR) 3:30 Wine Down (DR) 6:30 Bible Study (C)	23 10:00 Tai Chi W/ Logan (AR) 1:30 Activities Forum (AR) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	National Pink Out 24 10:00 Walking Club (AR) 11:00 Pumpkin Contest Voting Begins (AR) 1:30 Tattoo the Leaders (DR) 4:00 Student Visit (AR) 6:30 Euchre (A)	25 10:00 Walking Club (A) 2:00 MSU/ U of M Tailgate (AR) 3:00 Quarter BINGO (AR) 6:30 Evening Movie (AR)
26 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 1:00 Sunday Sundaes (AR) 6:30 Sunday Game Night (GR)	27 9:30 Walking Club (AR) 10:00 Meijer (O) 2:30 Culinary Tastings (AR) 3:30 Townhall (DR)	28 10:00 Moving - Powerback (AR) 10:45 Men's Coffee Hr. (C) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	29 10:00 Zumba - Margie (AR) 11:00 French W/ Sarra (AR) 3:00 Wine Down FT: Mike and Cheryl (DR) 6:30 Bible Study (C)	30 10:00 Tai Chi W/ Logan (AR) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	Halloween 31 10:00 Pumpkin Contest Winner Crowned (AR) 12:00 Lunch W/ Students (DR) 1:30 Trick or Treat (DR)	1 10:00 Walking Club (A) 3:00 Quarter BINGO (AR) 6:30 Evening Movie (AR)

Calender Key:

A – Atrium
AR-- Activity Room
C- Community Room

CY – Courtyard (Back)
DR-- Dining Room
FD – Front Desk
GR-- Game Room

LL-- Living Library
AV-- Apartment Visit
O-- Outing
V-- Veranda (Front)

Sign-up Sheets are by the TV
outside the Activity Room.

Activities Director - Logan
Reale
Shuttle Driver: Dominique
Houston

Address: 5968 Park Lake Rd,
East Lansing, MI 48823

Phone:: 517-339-1532