

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1</div> <div>10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Gemma(PR) 2:00 Bingo! (BS) 3:30 Classical Music Prgm. (TR) 6:15 Movie Night (TR)</div>	<div>2</div> <div>10:00 Balance Class (CS) 10:15 Bus Outing: Meijer\$ (FD) 10:30 Coffee & News (BS) 1:30 Sing Fit (BS) 3:00 Chair Volleyball (CS) 6:15 Music Hour(PR)</div>	<div>3</div> <div>10:30 Chair Aerobics (CS) 11:00 Cath. Communion (TR) 11:00 Coffee & Trivia (BS) 1:30 Activity Chat (PR) 2:30 Mean Girls Happy Hour (BS) 6:15 Movie Night (TR)</div>	<div>4</div> <div>10:30 Chair Exercises (CS) 11:00 Coffee & Chats (BS) 1:00 Walking Club (CY) 2:00 Movie: Cinderella Man (TR) 3:30 Board Games (GR)</div>
<div>5</div> <div>10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Word Games(BS)</div>	<div>6</div> <div>Music & Film 10:30 Weight Class (CS) 11:00 Coffee & Silent Films-Charlie Chaplin! (BS) 1:30 Live w/ Pat Cronley(PR) 3:00 Sing Fit (PR) 4:00 Listening Party (TR) 6:15 Movie Night (TR)</div>	<div>7</div> <div>Food 10:30 Flex & Stretch (CS) 11:00 Outing: Birmingham Pub\$ (FD) 11:00 Coffee & Chats 1:30 Baking Club: Fall Donuts 3:00 Art Throbs! Lecture (TR) 6:15 Movie: Eat, Pray Love (TR)</div>	<div>8</div> <div>Tech 10:30 Sit & Fit (CS) 11:00 Coffee & Chat GPT(BS) 1:30 Dog Visit-Abby(PR) 2:00 Guest Presentation(BS) 3:00 Drone Flying w Kasey! (CY) 6:15 Technology Film (TR)</div>	<div>9</div> <div>Auto/Travel 10:00 Outing: Henry Ford Museum \$ 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 Resident Travel Wall (PR) 3:00 Travel Bingo! (BS) 6:15 Moon Landing Prgm. (TR)</div>	<div>10</div> <div>Sports 10:30 Sports & Exercise(CS) 11:00 Cath. Communion (TR) 11:00 Coffee & Trivia(BS) 1:30 Mich Vs State Volleyball (CS) 2:30 Sports Happy Hour! (BS) 6:00 Movie Night (TR)</div>	<div>11</div> <div>10:30 Chair Exercises (CS) 11:00 Morning Art (CS) 1:00 Puzzles & Music (GR) 2:00 Movie: Wonder (TR) 3:30 Water Lily Craft (CS)</div>
<div>12</div> <div>10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Games(BS) 2:00 Classical Music Prgm (TR) 3:00 Smores Social (BS)</div>	<div>13</div> <div>10:30 Weight Class (CS) 11:00 Coffee & Chats (BS) 1:30 Sand Art (CS) 3:00 Scrabble Club(GR) 3:30 Spintopia (BS) 6:15 Movie Night (GR)</div>	<div>14</div> <div>10:30 Bus Outing: Target \$ 10:30 Flex & Stretch (CS) 11:00 Coffee & Chat 2:30 Menu Chats 3:30 Trivia (BS) 6:15 Art Throbs: Painting with a Twist</div>	<div>15</div> <div>10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Gemma(PR) 2:00 Bingo! (BS) 3:00 Book Club (L) 3:30 Classical Music Prgm. (TR) 6:30 Family Game Night</div>	<div>16</div> <div>10:30 Flex & Stretch (CS) 11:00 Coffee & News (BS) 1:30 Music Hour (PR) 1:30 Outing: Movies \$ (FD) 3:00 Fun Facts (PR) 6:15 Uno (GR)</div>	<div>17</div> <div>10:30 Chair Aerobics (CS) 11:00 Cath. Communion (TR) Vitals Clinic (CS) 11:00 Coffee & Games (BS) 1:30 Sing Fit (PR) 2:30 Holiday Pie Happy Hour (BS) 6:15 Movie Night (TR)</div>	<div>18</div> <div>10:30 Chair Exercises (CS) 11:00 Coffee & Chats (BS) 1:00 Walking Club (CY) 2:00 Movie: Prizzi's Honor (TR) 3:30 Board Games (GR)</div>
<div>19</div> <div>10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Puzzles(BS) 2:00 Classical Music Prgm (TR) 3:00 Trivia(BS)</div>	<div>20</div> <div>10:30 Weight Class (CS) 11:00 Coffee & Music (BS) 1:30 Live w/ Cheryl B (PR) 3:00 Welcome Party (BS) 6:15 Game Night (GR)</div>	<div>21</div> <div>10:30 Bakery Outing \$ (FD) 10:30 Flex & Stretch (CS) 11:00 Coffee and Games 1:30 Community Tie Dye (CS) 3:00 Art Throbs! (DR) 6:15 Uncorked Tuesdays</div>	<div>22</div> <div>10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Abby(PR) 2:00 Bingo! (BS) 3:30 Classical Music Prgm. (TR) 6:15 Movie Night (TR)</div>	<div>23</div> <div>10:30 Outing: Seasons 52\$ (FD) 10:30 Flex & Stretch (CS) 11:00 Coffee & News (BS) 1:30 Fact or Fiction (CS) 3:00 Chair Volleyball (CS) 6:15 Documentary Night(TR)</div>	<div>24</div> <div>10:30 Chair Aerobics (CS) 11:00 Cath. Communion(TR) 11:00 Coffee & Chats (BS) 1:30 Pumpkin Decorating (CS) 2:30 Birthday Happy Hour (BS) 6:15 Movie Night (TR)</div>	<div>25</div> <div>10:30 Chair Exercises (CS) 11:00 Coffee & Chats (BS) 1:00 Mich vs. State football (BS) 2:00 Movie: Ghost Buster(TR) 3:30 Pictionary (BS)</div>
<div>26</div> <div>10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Walking Club(BS)</div>	<div>27</div> <div>10:30 Weight Class (CS) 11:00 Coffee & Chats! (BS) 1:30 Women's Club (CS) 2:30 Live w/ Sandy V. (PR) 3:00 Scrabble Club (GR) 3:30 Door Decorating (BS) 6:15 Movie Night (TR)</div>	<div>28</div> <div>10:30 Flex & Stretch (CS) 11:00 Outing: Kroger \$ (FD) 11:00 Coffee & Games (BS) 1:30 Guest Art Class(CS) 2:30 Menu Chats 3:00 Resident Council (DR) 6:15 Wine Memory Match(BS)</div>	<div>29</div> <div>10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Gemma(PR) 2:00 Bingo! (BS) 3:30 Classical Music Prgm. (TR) 6:15 Cards Night (TR)</div>	<div>30</div> <div>10:00 Outing: Somerset Mall \$ (FD) 10:30 Flex & Stretch (CS) 11:00 Coffee & News (BS) 1:30 Spintopia Game (GR) 3:30 Men's Club 6:15 Game Night (GR)</div>	<div>31</div> <div>10:30 Chair Aerobics (CS) 11:00 Coffee & Trivia (BS) 1:30 Sing Fit (PR) 2:30 Halloween Happy Hour (BS) 3:30 Costume Contest (TR) 6:15 Movie Night (TR)</div>	

Calender Key:

BS – Bistro
TR – Theatre
CS – Creative Studio

CY – Courtyard
FD– Front Desk
DA – Dining Area
GR-Game Room

PR- Piano Room
L - Library

October Schedule

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	Music & Film 6	Food 7	Tech 8	Auto/Travel 9	Sports 10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Calender Key:

BS – Bistro
TR – Theatre
CS – Creative Studio

CY – Courtyard
FD– Front Desk
DA – Dining Area
GR-Game Room

PR- Piano Room
L - Library