

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<ul style="list-style-type: none"> <li>Join us for Resident Forum on 11/12/25 at 1:30 PM for an Open Forum with the Leadership Team!</li> </ul>	<p>1</p> <p>9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 2:30 BINGO-(L) 3:30 Crosswords-(L)</p>
<p>Daylight Savings Time <b>2</b> begins</p> <p>9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 1:00 Mobile Cart - Falling Back 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)</p>	<p><b>3</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Meet &amp; Greet with Janet-(L) 2:00 UK Documentary-(C) 3:30 The Johnston's-(L)</p>	<p><b>Election Day 4</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 2:30 BINGO-(L) 3:30 Music &amp; Chat-(L)</p>	<p><b>5</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 11:00 Tai Chi w/ Corinne-(C) 2:30 Hangman-(C) 3:30 Happy Hour w/ Johnson &amp; Johnson-(C) 6:00 Puzzles-(AR)</p>	<p><b>6</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Veteran's Coffee-(L) 10:30 Sit &amp; Fit-(C) 1:30 Door Hanger Craft-(AR) 2:30 Nature Documentary-(C) 6:00 Cards-(GR)</p>	<p><b>7</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 1:30 Tech Support Help-(C) 3:30 Music w/ Julie-(L)</p>	<p><b>8</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Knitting Club-(AR) 10:30 Workout w/ Jalisa-(C) 1:30 Famous Spotlight-Betty White-(L) 2:30 BINGO-(L)</p>
<p><b>9</b></p> <p>9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)</p>	<p><b>10</b></p> <p><b>Wear your Favorite Hat Day</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 2:30 YouTube Drones and How they work-(C) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>11</b></p> <p><b>Veteran's Day   Wear Red, White &amp; Blue Day</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 1:30 Phoenix Pipe Band Bagpipers 2:00 Veteran's Pinning Ceremony-(B)</p>	<p><b>12</b></p> <p><b>Fall Festive Attire Day</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 BINGO-(L) 1:30 Resident Forum-(C) 3:30 Happy Hour w/ musical guest; Roy Fisher &amp; Friends-(L)</p>	<p><b>13</b></p> <p><b>Rep your favorite College Team Day</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Sit &amp; Fit-(C) 10:30 Hymms w/ Lillian-(C) 1:30 Activity Chat-(C) 2:45 Blow-UP Bowling-(A) 6:00 Cards-(GR)</p>	<p><b>14</b></p> <p><b>National PJ Day</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 2:30 Culinary Showcase-(ILD) 3:30 Piano w/ Tim-(L) 6:00 Table Games-(GR)</p>	<p><b>15</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Workout w/ Jalisa-(C) 10:30 Knitting Club-(AR) 1:30 Carmel Apple Making-(B) 2:30 BINGO-(L) 3:30 Music w/ Julie-(L)</p>
<p><b>16</b></p> <p>9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)</p>	<p><b>17</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 1:30 Book Club Kick-off-(LB) 3:30 Margarita Monday-(L) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>18</b></p> <p>9:45 Daily Perk Pickup-(L) 10:15 Sit &amp; Fit-(C) 10:30 BINGO-(L) 2:30 Resident Run Table Games-(L) 3:30 Music w/ Joe Boogie-(L) 6:00 Cards-(GR)</p>	<p><b>19</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 11:00 Tai Chi w/ Corinne-(C) 2:00 Name That Tune-(C) 3:30 November Birthday's Bash &amp; Happy Hour-(L) 6:00 Cards-(GR)</p>	<p><b>20</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Vital Cafe' w/ Wellness-(C) 10:30 Sit &amp; Fit-(C) 1:30 Culinary Chat-(C) 3:30 Music w/ Winnie O-(L) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>21</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 1:30 Grab &amp; Go Crossword-(L) 2:30 StoryPoint Store-(C) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>22</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Workout w/ Jalisa-(C) 10:30 Knitting Club-(AR) 2:30 Art BINGO-(AR) 3:30 Crosswords-(L)</p>
<p><b>23</b></p> <p>9:00 Worship Livestream-(C) 10:30 Sit &amp; Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)</p>	<p><b>24</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 2:00 What are you thankful for?-(L) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>25</b></p> <p>9:45 Daily Perk Pickup-(L) 10:00 Fitness Group-(FC) 10:30 Sit &amp; Fit-(C) 1:30 Two Truths &amp; a Lie-(C) 2:30 Ladies Tea-PD 3:30 Music &amp; Chat-(L) 6:00 Crossword Puzzles-(L)</p>	<p><b>26</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 12:00-3:00 Neighborhood Fall Festival-(CPN) 3:30 Music w/ Driving Sideways-(L) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>27</b></p> <p><b>Thanksgiving</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Sit &amp; Fit-(C) 11:00 Thanksgiving Crossword Puzzle-(L) 6:00 Cards &amp; Table Games-(GR)</p>	<p><b>28</b></p> <p><b>Black Friday</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Meditation-(C) 3:30 Strings w/ Donna-(L) 2:30 NASA Documentary-(C) 6:00 Table Games-(GR)</p>	<p><b>29</b></p> <p>9:45 Daily Perk Pickup-(L) 10:30 Workout w/ Jalisa-(C) 10:30 Knitting Club-(AR) 2:30 BINGO-(L) 3:30 Crosswords-(L)</p>

Calendar Key:  
FL – Front Lobby  
B – Bistro  
L – Lounge

CY – Courtyard  
C – Chapel  
ILD – IL Dining Room  
ALD – AL Dining Room

GR – Game Room (3<sup>rd</sup> Floor)  
LB – Library  
AR - Art Room (2<sup>nd</sup> Floor)  
P- Pool Room

FC - Fitness Center  
PDR- Private Dining Room  
CPN- Connection Points  
Neighborhood

A - Activity Room  
Like us on Facebook!

Address: 1600 Appling Rd,  
Cordova, TN 38016  
Phone: 901-586-8557

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p><b>1</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles &amp; Music 6:00 Evening Wind Down w/ Wellness</p>
<p><b>Daylight Savings Time begins 2</b></p> <p>10:00 The Perk 11:00 Morning Movement Connection Pods with Wellness 1:00 Mobile Cart - Falling Back 6:00 Evening Wind Down w/ Wellness</p>	<p><b>3</b></p> <p>9:45 The Perk 10:00 YouTube Yoga 10:30 Short Stories 1:30 Famous Spotlight-Doris Day 6:00 Puzzle Hour</p>	<p><b>4</b></p> <p>9:45 The Perk 10:00 Morning Movement 10:30 BINGO 3:30 Neighborhood Happy Hour 6:00 Evening Wind Down w/ Wellness</p>	<p><b>5</b></p> <p>9:45 Pet Visit w/ Phoebe 10:30 Morning Movement 1:30 Hand Massages 2:30 The Perk Snack &amp; Chat 3:30 Crosswords 6:00 Evening Wind Down w/ Wellness</p>	<p><b>6</b></p> <p>9:45 The Perk 10:00 BINGO w/ Friends 11:00 Nature Walk w/ Jalisa 1:30 Movie Matinee - Beverly Hills Cop 6:00 Evening Wind Down w/ Wellness</p>	<p><b>7</b></p> <p>9:45 The Perk 10:30 Morning Movement 1:30 Fall Craft w/ Jalisa 2:00 Nature Walk 6:00 Evening Wind Down w/ Wellness</p>	<p><b>8</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Adult Coloring &amp; Meditation 6:00 Evening Wind Down w/ Wellness</p>
<p><b>9</b></p> <p>10:00 The Perk 11:00 Morning Movement Connection Pods with Wellness 6:00 Evening Wind Down w/ Wellness</p>	<p><b>10</b></p> <p><b>Wear your Favorite Hat Day</b> 9:45 The Perk 10:00 Morning Movement 10:30 Manicure 1:30 Oprah-Documentary 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness</p>	<p><b>11</b></p> <p><b>Veteran's Day   Wear Red, White &amp; Blue Day</b> 9:45 The Perk 10:00 Morning Movement 10:30 BINGO 2:00 Veteran's Pinning Ceremony-(B) 3:30 Music w/ Julie</p>	<p><b>12</b></p> <p><b>Fall Festive Attire Day</b> 10:00 The Perk 10:30 Morning Movement 1:00 Interactive Kitchen-Pumpkin Bread 3:00 Today's Tech on YouTube 6:00 Evening Wind Down w/ Wellness</p>	<p><b>13</b></p> <p><b>Rep your favorite College Team Day</b> 10:00 BINGO w/ Friends 11:00 Morning Movement 1:30 Movie Matinee - The Karate Kid 4:00-6:00 Family Engagement Night</p>	<p><b>14</b></p> <p><b>National PJ Day</b> 10:00 The Perk 10:30 Morning Movement 1:00 Shadowbox Show &amp; Tell 3:30 Special Guest: Julie Sensory Hour- Kinetic Clay 6:00 Evening Wind Down w/ Wellness</p>	<p><b>15</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Conversation Cards 3:30 Music w/ Julie 6:00 Evening Wind Down w/ Wellness</p>
<p><b>16</b></p> <p>10:00 The Perk 11:00 Morning Movement Connection Pods with Wellness 6:00 Evening Wind Down w/ Wellness</p>	<p><b>17</b></p> <p>9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Delta Airlines-Documentary 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness</p>	<p><b>18</b></p> <p>9:45 The Perk 10:00 Morning Movement 10:30 BINGO 1:00 Interactive Kitchen-Chocolate Cake 6:00 Evening Wind Down w/ Wellness</p>	<p><b>19</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:30 Movie Matinee-Rescued by Ruby 3:00 Bobby Lawson 6:00 Evening Wind Down w/ Wellness</p>	<p><b>20</b></p> <p>10:00 BINGO w/ Friends 11:00 Morning Movement 1:30 Movie Matinee - Annie 3:15 Hand Massages 6:00 Evening Wind Down w/ Wellness</p>	<p><b>21</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Fall Photobooth 2:30 Ring Toss 6:00 Evening Wind Down w/ Wellness</p>	<p><b>22</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles &amp; Music 6:00 Evening Wind Down w/ Wellness</p>
<p><b>23</b></p> <p>10:00 The Perk 11:00 Morning Movement Connection Pods with Wellness 6:00 Evening Wind Down w/ Wellness</p>	<p><b>24</b></p> <p>9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:00 Movie Matinee-Charlie &amp; The Chocolate Factory 6:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness</p>	<p><b>25</b></p> <p>9:45 The Perk 10:00 Morning Movement 10:30 BINGO 1:00 Interactive Kitchen-Poppyseed Muffins 3:30 Tim the Pianist 6:00 Evening Wind Down w/ Wellness</p>	<p><b>26</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:30 Painting w/ Deb 12:00-3:00 Neighborhood Fall Festival 3:30 Music w/ Driving Sideways 6:00 Evening Wind Down</p>	<p><b>27</b></p> <p><b>Thanksgiving</b> 10:00 BINGO w/ Friends 11:00 Morning Movement 1:30 Sensory Hour- Kinetic Clay 3:00 Fall Punch &amp; Treats 6:00 Evening Wind Down w/ Wellness</p>	<p><b>28</b></p> <p><b>Black Friday</b> 9:45 The Perk 10:30 Morning Movement 1:00 Cornhole 3:00 Today's Tech on YouTube 6:00 Evening Wind Down w/ Wellness</p>	<p><b>29</b></p> <p>10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:30 Chrysler-Documentary 6:00 Evening Wind Down w/ Wellness</p>

Connection Points Neighborhood

Life Enrichment Director:  
Janet Hall

Connection Points Director-  
Jessica Balfour

Address: 1600 Appling Rd,  
Cordova, TN 38016

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