

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Monday Movement -DR 11:15 Parachute Fun-DR 11:45 The Perk/ Music 1:45 Spa Music- LR 2:30 Dice Game -DR 3:00 Finish the Phrase-DR 4:00 December Words -DR 6:30 Ladies' Nail Polish - LR 8:15 Monday Night Football-LR	2 *10:00 Catholic Rosary in AL 10:30 Swat the Fly -DR 11:15 Reminiscing Photos-DR 11:45 The Perk/ Music 1:45 50s Sing Along- LR 2:30 Painting Craft-DR 3:30 Uno Card Game -DR 6:30 "Lucy's Christmas"- LR	3 10:30 Hearthside Book Club- DR 11:00 Exercise with Lauryn from Total Care Therapy- DR 11:45 The Perk- LR 1:45 Bible Study -LR 2:30 Dice Game -DR 3:00 Bingo -DR 3:45 Music Wall- LR 6:30 Adult Coloring- LR	4 9:45 The Perk- LR 10:30 Seated Stretches 11:15 Handbell Choir- DR 1:45 Classic TV Gameshows 2:30 Christmas Word Game-DR 3:30 Christmas Craft- DR	5 10:30 Danbury Drummers-DR 11:15 Name Five -DR 11:45 The Perk/ Music 1:45 Relax with Spa Music- LR 3:00 Table Top Corn Hole-DR 4:00 True/ False Trivia- LR 6:30 Friday Night Flick- LR	Grinchmas! 6 9:00 Grinch visits! in the dining room 11:00 Grinch movie- LR 1:30 Grinch puzzles- LR 3:00 National Geographic-LR 7:00 "Lawrence Welk" (TV ch.16)
7 9:15 The Daily Perk- LR 10:00 Chair Yoga- DR 10:45 Parachute Fun- DR 11:30 December Trivia- LR 1:30 Keep it Moving- DR 2:00 Christmas Dot Art- DR 3:00 Spiritual Eldercare Video Church Service- LR	8 10:30 Monday Movement -DR 11:15 Golf Putter Game-DR 11:45 The Perk/ Music 1:45 Stargazing-LR 2:00 Senior Music Connection Live Interactive Music-DR 3:00 Horse Shoes-DR 4:00 Name Five-DR 5:30 Bus Ride: Christmas Lights 7:15 Monday Night Football-LR	9 *10:00 Catholic Rosary in AL 10:30 Swat the Fly -DR 11:00 Christmas Story-DR 11:45 The Perk/ Music 1:45 50s Sing Along- LR 2:30 Painting Craft-DR 3:30 Uno Card Game -DR 6:30 Fall Walk nature video- LR	10 910:30 Hearthside Book Club- DR 11:00 Exercise with Lauryn from Total Care Therapy- DR 11:45 The Perk/ Music 1:45 Christmas Relaxation-LR 2:30 Bible Study- LR 3:00 Bingo -DR 3:45 Suzie-Q Sing Along -LR 6:30 Adult Coloring- LR	11 10:30 Kickball -DR 11:15 Handbell Choir-DR 11:45 The Perk/ Music 1:45 Bridgetown Music and Movement- LR 2:00 Quilter's Wall Pod- Back Hall 3:00 Thirsty Thursdays-DR 4:00 Sequencing Game- DR 6:30 Group Crosswords- LR	Nat'l Poinsettia Day 12 10:30 Danbury Drummers Cardio Exercise-DR 11:15 Learn About: Poinsettias -DR 11:45 The Perk/ Music 1:45 Relax with Spa Music- LR 2:30 Poinsettia Craft- DR 4:00 True/ False Trivia- LR 6:30 Friday Night Flick- LR	Dick VanDyke 100th 13 9:15 The Daily Perk- LR 10:00 Saturday Stretches- DR 10:30 Ring Toss- DR 11:00 Reminiscing Photos-DR 1:45 Ladies' Nail Polish- LR 2:30 Monthly Birthday Social-DR 3:00 Classic Gameshows-LR 7:00 "Lawrence Welk" (TV ch.16)
14 9:15 The Daily Perk- LR 10:00 Chair Yoga- DR 10:45 Parachute Fun- DR 11:30 I Spy Puzzles- LR 1:30 Christmas Card Making-DR 3:00 Spiritual Eldercare Video Church Service- LR	Fun Accessories Day 15 10:30 Monday Movement -DR 11:15 Parachute Fun-DR 11:45 The Perk/ Music 1:45 Piano Music -LR 2:30 Paper Craft -DR 3:00 Finish the Phrase-DR 4:00 Christmas Memories -DR 6:15 Balloon Bop- LR 8:15 Monday Night Football-LR	Christmas Top Day 16 9:15 The Daily Perk- LR *10:00 Catholic Rosary in AL 10:00 Patriotic Sing Along- LR 11:15 Veteran's Program- DR 1:45 Hidden Picture Puzzles- LR 2:30 - DR 4:00 Old Time Radio- LR 6:30 Adult Coloring- LR	Scrooge's Birthday/ Christmas Hat Day 17 10:30 Hearthside Book Club- DR 11:00 Exercise with Lauryn from Total Care Therapy- DR 11:45 The Daily Perk- LR 1:30 "A Christmas Carol"movie-LR 2:30 Bible Study- DR 3:00 Bingo- DR 6:15 Christmas Carol Coloring- LR	Christmas Socks Day 18 10:30 Kickball- DR 11:15 Handbell Choir- DR 11:45 The Perk/ Music 1:45 Story Time- LR 2:30 Dot Art- DR 3:00 Thirsty Thursday- DR 4:00 Word Search Puzzles-DR	Ugly Sweater Day! 19 10:30 Kickball -DR 11:15 Name Five -DR 11:45 The Perk/ Music 1:45 Relax with Spa Music- LR 2:30 Ugly Sweater Puzzles- LR 3:00 Christmas Word Games-LR 4:00 True/ False Trivia- LR 6:30 Friday Night Flick- LR	20 9:15 The Daily Perk- LR 10:00 Seated Exercises- DR 11:00 Travel Talk- DR 1:45 Keep it Moving- DR 2:00 Dot Art=DR 3:00 Christmas special- LR 7:00 "Lawrence Welk" (TV ch.16)
First Day of Winter 21 9:15 The Daily Perk- LR 10:00 Chair Yoga- DR 11:00 Snow Painting-DR 1:30 Relax with Spa Music - LR 2:00 Snowman Dice Game- DR 3:00 Spiritual Eldercare Video Church Service- LR	22 10:30 Monday Movement-DR 11:15 Fill in the Blank-DR 11:45 The Perk/ Music 1:45 National Geographic -LR 3:00 Finish the Phrase-DR 4:00 Ring Toss-DR 6:15 Puzzle Pals- LR 8:15 Monday Night Football- LR	23 *10:00 Catholic Rosary in AL 10:30 Target Toss Exercise-DR 11:15 Group Crossword- DR 11:45 The Perk/ Music 1:45 Elvis Sing Along -LR 2:30 Bridgetown Music & Movement- LR 6:30 Christmas word puzzle-LR	Christmas Eve 24 10:30 Hearthside Book Club- DR 11:00 Exercise with Lauryn from Total Care Therapy- DR 11:45 The Perk- LR 1:45 Carols Sing Along- LR 2:30 Christmas Word Search- LR 4:00 "Dean Martin Christmas Special 1968"- T	Christmas Day Merry Christmas! 25 11:00 Christmas Sing Along- DR 11:45 The Perk/ Music- DR 1:45 Adult Christmas Coloring- LR 3:00 Jigsaw Puzzle Pals- LR 4:00 Christmas movie- LR	26 10:30 Danbury Drummers Cardio Exercise- DR 11:15 Name Five -DR 11:45 The Perk/ Music 1:45 Relax with Spa Music- LR 3:00 Table Top Corn Hole-DR 4:00 True/ False Trivia- LR 6:30 Friday Night Flick- LR	27 9:15 The Daily Perk- LR 10:00 Saturday Stretches- DR 10:30 Ring Toss- DR 11:00 Reminiscing Photos-DR 1:45 Nature Video- LR 2:30 Table Top Corn Hole- LR 3:00 National Geographic-LR 7:00 "Lawrence Welk" (TV ch.16)
28 9:15 The Daily Perk- LR 10:00 Seated Stretches- DR 10:45 Noodle Ball- DR 11:30 Puzzle Pals- LR 1:30 - DR 2:00 Fall Dot Art- DR 3:00 Spiritual Eldercare Video Church Service- LR	29 10:30 Monday Movement -DR 11:15 Parachute Fun-DR 11:45 The Perk/ Music 1:45 Spa Music- LR 2:30 Dice Game -DR 3:00 Finish the Phrase-DR 4:00 Autumn Words -DR 6:30 Ladies' Nail Polish - LR 8:15 Monday Night Football-LR	30 *10:00 Catholic Rosary in AL 10:30 Toss a Memory- DR 11:15 New Year Jokes- DR 11:45 The Perk/ Music- DR 1:45 50s Sing Along- LR 2:30 Painting Craft-DR 3:30 Uno Card Game -DR 6:30 Christmas special- LR	New Year's Eve 31 10:00 Kickball- DR 10:30 Decorating for the Party 11:00 New Year's Noon Party! with live music by The Hamiltons 1:45 New Year Sing Along Songs- LR 2:30 Adult Coloring New Year- LR *8:00 New Year's Eve Specials on TV			

Calendar Key:
*Activities listed as "in AL" take place in the other side of the building. If you would

like to attend these events, please let a staff member know so we can make arrangements as needed.

DR= dining room
LR= living room

