

Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care

December 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Christmas Crafting (PD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 December Humor and Comedy (MC)	2 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Briggs Library (PD) 5:45 Meditation Exercise and Calm Sounds (MC)	Chloe's Birthday 3 10:00 Marching Exercise (MC) 10:45 Manicures (MC) 1:15 Manicures (PD) 3:30 Sudoku Puzzles (MD) 5:00 Memory Care Family Holiday Party (MC)	Rachel's Birthday Bailey J.'s Birthday 4 10:30 Men's Group with DJ/ Haden (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:00 Family Holiday Party (MD)	5 10:30 Christmas Crafting (PD) 1:15 Bingo (MD) 3:00 Happy Hour: Merry Mimosa Mobile Cart 5:45 Chair Synchronized Swimming (MC)	6 10:30 St. Nicholas Day and Sharing (L) 1:15 Golden Zumba Exercise (MC) 2:15 Christmas Crafting (PD) 5:45 Chicken Soup Stories (MC)
7 10:30 Rise and Shine Exercise Group (MC) 11:15 Tammy's Tech Time (L) 2:30 Church Group Singing and Chat (MD) 5:45 Resident Games and Hydration (CD)	8 9:00 Give Back Rapping Wrappers (L) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Holiday Jeopardy Game (MC)	9 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Warming Words (MC)	10 10:30 Haden's Safety Seminar (L) 1:00 Manicures (PD) 3:45 Circuit Training Exercises (MC) 6:00 Happy Hour: Life Enrichment Choice (L)	11 10:45 Jade Garden Lunch Outing (group 1) 1:15 Culinary Showcase with Chef (MC) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Affirmations (MC)	12 9:15 X-Mas Craft (MC) 10:45 Jade Garden Lunch Outing (group 2) 1:15 Bingo (MD) 3:15 Music with Marty (MD) 5:45 Resistance Band Exercise (MC)	13 10:30 Resident Activity Meeting (PD) 1:30 Christmas/ Holiday Sing- A- Long (L) 2:30 Balloon Badminton (MC) 5:45 Euchre Games (CD)
14 10:30 Church Service and Songs (MC) 1:00 Menorah Lighting Day 1 2:15 Mobile Cart: Making Snowstorm Crunch 5:45 Meditation Exercise and Calming Sounds (MC)	15 10:30 Happy Hour: Merry Tini Drinks (L) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Hanukkah Game and Menorah Lighting Day 2	16 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:45 Menorah Lighting Day 3 3:30 Snowball Exercise (MC) 7:00 SJ Community Band	17 10:15 Simple Stretches (MC) 11:00 Music with Tess (MD) 1:15 Oakview Friends (MD) 2:30 Sterling Silver Group Performance (MD) 5:45 Treat Testing Menorah Lighting Day 4	18 10:00 Food Committee (L) 11:00 Tactile Ball Exercise/ Breath Control(MC) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Giving and Menorah Lighting Day 5	Janet's Birthday 19 10:00 Denise and Ruby Therapy 1:15 Bingo (MD) 3:00 Groovin' Grace Haven Zumba (PD) 5:45 Music and Menorah Lighting Day 6	20 10:30 Sangria Saturday Happy Hour (L) 11:30 Menorah Lighting Day 7 1:30 Suzanne Dog Therapy 5:45 Relaxing Drinks and Hand Massages (MC)
21 10:30 Church Service and Songs (MC) 11:15 Menorah Lighting Day 8 1:30 Laughter Yoga (MC) 5:45 Resident Lead Card Games (CD)	22 10:30 End of Hanukkah and Chat (MC) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Wind Down Hydration Mobile Cart	23 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 2:30 Lisa' Jukebox Music Performance (MD) 5:45 Hymns (MC)	Christmas Eve! 24 10:30 Exercise From the Holidays (MC) 1:30 Manicures (MC) 5:45 Boozy Hot Chocolate Cart, Popcorn and Watching It's A Wonderful Life (L)	Merry Christmas! 25 10:30 Merry Christmas Manicures and Christmas Music (PD) 1:30 Exercise (MD) 2:00 Games (MD) 5:45 Seasonal Movie with Snacks and Drinks (MC)	26 10:30 After Christmas Clean Up (L) 1:15 Bingo (MD) 3:30 Before Dinner Meditation (MC) 5:45 2026 Bi Annual Chatting (MC)	27 10:30 Don't Burst My Bubble Game (MD) 1:15 Super Saturday Bingo Store Sale (PD) 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)
28 10:30 Church Service and Songs (MC) 11:30 Oil and Massage Allergy Relief (MC) 1:15 Indoor Walking Club (H) 5:45 Crosswords (PD)	29 10:30 Jen and Frankie Therapy 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 After Christmas Clean Up (MC)	30 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Resolutions (MC)	New Year's Eve! Curtis's Birthday 31 10:30 Resident Council (PD) 12:15 New Year's Eve Birthday Party (MD) 1:30 Manicures (B) 6:00 Happy Hour: Happy New Year (L)			

Calender Key:

MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
7:30am-9:00am

Lunch:
12:15pm-1:30pm

Dinner:
4:45pm- 6:00pm

