

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| | 1 10:00 Church with Pastor Scott 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Sing Along 6:00 Wind Down with Andy | 2 10:00 Name 5 10:30 Exercise Class 11:30 Watkins Middle School Carolers 1:00 Daily Chronicle 2:00 Resident Forum with Carla (B) 3:00 Reminisce 6:00 Wind Down with Andy | 3 10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 What's In The Stocking (B) 3:00 Game Time 6:00 Wind Down with Andy | 4 10:00 Tunes with Todd 1:00 New Albany Therapy Dogs w/ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 6:00 Tree Trimming Party (FL) 6:30 Christmas Cheer Band Performance IFL) | 5 10:00 Shoulder Massages 11:00 Exercise Class with Adam from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music on Alexa 6:00 Wind Down with Andy | 6 10:00 Color Time 10:30 Exercise Class 10:30 Art Class with Cindy (B) 1:00 Daily Chronicle 3:00 Grinch Visits Gahanna Central 4:00 Munchies and Memories 6:00 Wind Down with Andy |
| 7 9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy | 8 10:00 Church with Pastor Scott 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Candy Cane Toss Game (B) 3:00 Sing Along 6:00 Wind Down with Andy | 9 10:00 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident Council (B) 3:00 Reminsice 6:00 Wind Down with Andy | 10 10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Christmas Charades (B) 3:00 Game Time 5:30 Girl Scout Troop Caroling | 11 10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Trivia Time 6:00 Wind Down with Andy | 12 10:00 Shoulder Massages 11:00 Exercise Class with Adam from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music with John 6:00 Wind Down with Andy | 13 10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 4:30 St. Matthews Carolers (B) 6:00 Wind Down with Andy |
| 14 9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Santa and Max Visit StoryPoint Gahanna Central 3:00 Hymns on Alexa 6:00 Wind Down with Andy | 15 10:00 Church with Pastor Scott 10:30 Tai Chi with Spencer (B) 1:00 Daily Chronicle 2:00 Pass the parcel Game (B) 3:00 Sing Along 6:00 Wind Down with Andy | 16 10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Oven Mitt Gift Game (B) 3:00 Reminisce 6:00 Wind Down with Andy | 17 10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Ladies Club Dirty Santa (B) 3:00 Game Time 6:00 Wind Down with Andy | 18 10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Trivia Time 6:00 Wind Down with Andy | 19 10:00 Shoulder Massages 11:00 Exercise Class with Adam from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music on Alexa 6:00 Wind Down with Andy | 20 10:00 Color Time 10:30 Exercise Class 10:30 Art Class with Cindy (B) 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy |
| 21 9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy | 22 10:00 Church with Pastor Scott 11:00 Lotts of Tales with Teri Lott (B) 1:00 Daily Chronicle 1:00 Christmas Carol Sing Along with the King Family (B) 3:00 Christmas Bingo (B) 6:00 Wind Down with Andy | 23 10:00 Nail Spa 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Christmas Muffin Tin Game (B) 3:00 Reminisce 6:00 Wind Down with Andy | Christmas Eve 24 10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 3:00 Christmas Eve Party - Presents, Carols, Cookies & Cocoa 6:00 Christmas Movie | Christmas Day 25 | 26 10:00 Shoulder Massages 101:00 Exercise Class with Adam from TCT 1:00 Daily Chronicle 2:00 Door to Door Snack Cart 3:00 Social Hour - Music with Trice 6:00 Wind Down with Andy | 27 10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy |
| 28 9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Munchies and Memories | 29 10:00 Church with Pastor Scott 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Nail Care 3:00 Sing Along 6:00 Wind Down with Andy | 30 10:00 Nail Spa 10:30 Exercise Class 1:00 Daily Chronicle 2:00New Year's Hangman (B) 3:00 Reminisce 6:00 Wind Down with Andy | New Years Eve 31 10:00 Easy Random Trivia 10:30 Exercise Class 11:00 Count Down to "Noon" New Year's Eve Party 1:00 Daily Chronicle 2:00 Music and Movement 6:00 Wind Down with Andy | | | |

Calender Key:
B - Bistro
CT - Courtyard
IR – Induvial Room

FL - Front Lobby
OS - Off Site
200 - 200s Front Room
300 - 300s Front Room

MC Memory Care Activity Area

Life Enrichment Assistants
Kathy Nelson
Suzanne Priore

Yolanda Henderson, CDP
Life Enrichment Director
614-418-9775 (office)

StoryPoint Gahanna Central
775 East Johnstown Rd.
Gahanna, Ohio 43230