

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Streaming Mass (TL) 11:00 Circle Of Stretch (TL) 1:00 Story Time (DR) 2:00 Hydration & Icebreakers 3:00 Balloon Ball (IE)	1 10:00 Morning Stretch (TL) 11:00 Coffee & Tea Conversations (DR) 1:00 Bingo (DR) 2:00 Hydration & Icebreakers 3:00 Sing Fit (FS)	2 10:00 Move & Groove (TL) 11:00 Outing - Buddy's Pizza 1:30 Sensory Play (DR) 2:00 Hydration & Icebreakers 3:00 Name That Tune (FS) 5:30 Dance Party (TL)	3 10:00 Fitness Fun (TL) 11:00 Jigsaw Puzzles (FS) 1:00 Dog Visit - Abby 2:00 Hydration & Icebreakers 3:00 Popcorn Party ! (DR) 5:30 Music & Motion (TL)	4 10:00 Chair Yoga (TL) 11:00 Music & Motion 1:00 Table Art (FS) 2:00 Hydration & Icebreakers 3:00 Word Games (TL) 5:30 Basketball (IE)	5 10:00 Stretch & Smile (TL) 11:00 Bowling (TL) 1:00 Table Games (FS) 2:00 Hydration & Icebreakers 3:00 Happy Hour (DR) 5:30 Movie Night (TL)	6 10:00 Sit & Be Fit (TL) 11:00 Toss & Talk Ball (TL) 1:00 Walking Club 2:00 Hydration & Icebreakers 3:00 Tv Game Shows (TL)
7 10:00 Streaming Mass (TL) 11:00 Circle Of Stretch (TL) 1:30 Live Entertainment (DR) 2:00 Hydration & Icebreakers 3:00 Balloon Ball (IE)	[Short header] 8 10:00 Morning Stretch (TL) 11:00 Coffee & Tea Conversations (DR) 1:00 Bingo (DR) 2:00 Hydration & Icebreakers 3:00 Live Entertainment - Cheryl (DR)	9 10:00 Move & Groove (TL) 11:00 Sensory Play (DR) 1:30 Outing - Oak Park Library 2:00: Live Entertainment - Marie Karvitz (DR) 3:00 Name That Tune (FS) 5:30 Dance Party ! (TL)	10 10:00 Fitness Fun (TL) 11:00 Jigsaw Puzzles (FS) 1:00 Dog Visit - Gemma 2:00 Hydration & Icebreakers 3:00 Popcorn Party ! (DR) 5:30 Music & Motion (TL)	11 10:00 Chair Yoga (TL) 11:00 Music & Motion 1:00 Table Art (FS) 2:00 Hydration & Icebreakers 3:00 Word Games (TL) 5:30 Basketball (IE)	12 10:00 Stretch & Smile (TL) 11:00 Bowling (TL) 1:00 Table Games (FS) 2:00 Hydration & Icebreakers 3:00 Happy Hour (DR) 5:30 Movie Night (TL)	13 10:00 Sit & Be Fit (TL) 11:00 Toss & Talk Ball (TL) 1:00 Walking Club 2:00 Hydration & Icebreakers 3:00 Tv Games Shows (TL)
14 10:00 Streaming Mass (TL) 11:00 Circle Of Stretch (TL) 1:00 Story Time (DR) 2:00 Hydration & Icebreakers 3:00 Balloon Ball (IE) 6:30 Live Entertainment Night Singers (DR)	Hanukkah Begins 15 10:00 Morning Stretch (TL) 11:00 Coffee & Tea Conversation (DR) 1:00 Bingo (DR) 2:00 Hydration & Icebreakers 3:00 Sing Fit (FS)	16 10:00 Move & Groove (TL) 10:45 Live Entertainment - Hymn (DR) 1:30 Outing - Christmas Lights Drvie 2:00 Hydration & Icebreakers 3:00 Name That Tune (FS) 5:30 Dance Party ! (TL)	17 10:00 Fitness Fun (TL) 11:00 Jigsaw Puzzles (FS) 1:00 Dog Visit - Abby 2:30: Live Entertainment - Sandy (DR) 3:00 Popcorn Party ! (DR) 5:30 Music & Motion (TL)	18 10:00 Chair Yoga (TL) 11:00 Music & Motion 1:00 Table Art (FS) 2:00 Live Entertainment - Su's Muse (DR) 3:00 Word Games (DR) 5:30 Basketball (IE)	19 10:00 Stretch & Smile (TL) 11:00 Bowling (TL) 1:00 Table Games (FS) 2:00 Hydration & Icebreakers 3:00 Happy Hour (DR) 5:30 Family Holiday Party	20 11:00 Sit & Be Fit (TL) 11:00 Toss & Talk Ball (TL) 1:00 Walking Club 2:00 Hydration & Icebreakers 3:00 Tv Game Shows (TL)
21 10:00 Streaming Mass (TL) 11:00 Circle Of Stretch (TL) 1:00 Story Time (DR) 2:00 Hydration & Icebreakers 3:00 Balloon Ball (IE)	Hanukkah Ends 22 0:00 Morning Stretch (TL) 11:00 Coffee & Tea Conversation (DR) 1:00 Bingo (DR) 2:45 Live Entertainment - Pat Cronley (DR) 3:30 Sing Fit (FS)	23 10:00 Move & Groove (TL) 11:00 Sensory Play (DR) 1:30 Water Paint Class (DR) 2:00 Hydration & Icebreakers 3:00 Name That Tune (FS) 5:30 Dance Party ! (TL)	Christmas Eve 24 10:00 Fitness Fun (TL) 11:00 Jigsaw Puzzles (DR) 1:00 Dog Visit - Gemma 2:00 Hydration & Icebreakers 3:00 Popcorn Party ! (DR) 5:30 Music & Motion (TL)	Merry Christmas 25 8:30 Breakfast With Stana (DR) 11:00 Christmas Carols (TL) 1:00 Table Art (DR) 2:15 Live Entertainment - Henrik (AL) 3:00 Christmas Movie (TL)	26 10:00 Stretch & Smile (TL) 11:00 Bowling (TL) 1:00 Table Games (FS) 2:00 Hydration & Icebreakers 3:00 Happy Hour (DR) 5:30 Movie Night (TL)	27 10:00 Sit & Be Fit (TL) 11:00 Toss & Talk Ball (TL) 1:00 Walking Club 2:00 Hydration & Icebreakers 3:00 Tv Games Shows (TL)
28 10:00 Streaming Mass (TL) 11:00 Circle Of Stretch (TL) 1:00 Story Time (DR) 2:00 Hydration & Icebreakers 3:00 Balloon Ball (IE)	29 10:00 Morning Stretch (TL) 11:00 Coffee & Conversations (DR) 1:00 Bingo (DR) 2:45 Live Entertainment - Stings Liz (DR)	30 10:00 Move & Groove (TL) 11:00 Outing - Buffalo Wild Wings 1:30 Sensory Play (DR) 2:00 Hydration & Icebreakers 3:00 Name That Tune (FS) 5:30 Dance Party (TL)	31 10:00 Fitness Fun (TL) 11:00 Jigsaw Puzzles (DR) 1:00 Dog Visit - Abby 2:00 Hydration & Icebreakers 3:00 Popcorn Party ! (DR) 5:30 Music & Motion (TL)			

Calender Key:
DR - Dinning Room
FS - Four Seasons Room
TL - TV Lounge

CY – Courtyard
IE - Intterative Environment

[Other] [Other] [Other]