

## January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Bingo Special Entertainment Music Therapy Outings Crafts Special Events			<b>New Year's Day</b> 10:30 Exercise w/ Val (AL) 11:15 Resident Led Coloring (AL) 1:30 Guess in Ten-Animals (AL) 2:30 Bingo Bucket!	<b>2</b> 11:00 Exercise w/ Total Care (ELMR) 11:30 Resident Led Word Games (AL) 1:30 Jeopardy Trivia (AL) 2:30 Cozy Cocktail Hour: Sip, Chat, & Connect (B)	<b>3</b> 10:00 Trivia (AL) 11:00 Board Games (AL) 1:30 Saturday Movie Matinee: The Greatest Showman- Circus Story of P.T. Barnum (AL) 2:00 Gary Horn at the Piano
<b>4</b> 10:00 Resident led Games (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts needed 6:30 Friendly Puzzles (AL)	<b>5</b> Undeck the Halls 10:30 Stay Fit w/ Val (AL) 11:00 Inside Cornhole (AL) 11:30 Rapid Rumble (AL) 2:00 More Jeopardy Trivia(AL) 2:30 Happy Hour w/ Glenn Bowles(B)	<b>6</b> Undeck the Halls 10:30 Chair Yoga (AL) 11:00 Twister w/ a Twist(AL) 1:30 Snowman Slide (AL) 3:00 Sing-a-Long to Standards (C)	<b>7</b> Undeck the Halls 10:15 Cardio Drumming (AL) 11:00 Ukulele Margie (MC) 1:30 Creative Crafting: 3D Polar Bear(AL) 3:00 Bookshare: Robert Sebuda Books (AL)	<b>8</b> 10:15 Exercise w/ Val (AL) 11:00 Church of the Nazarene (MR) 1:30 OUTING: Scenic Drive 3:30 Resident Led Coloring (AL)	<b>9</b> 11:00 Exercise w/ Total Care (ELMR) 11:30 Resident Led Coloring (AL) 1:30 Trivia/Word Games 2:30 Entertainment w/ Tammy Powell (B)	<b>10</b> (C) 9:30 Resident Led Brain Games (AL) 1:00 Shake Loose a Memory (AL) 1:30 Saturday Movie Matinee: Night at the Museum w/ Ben Stiller/ Dick Van Dyke (AL) 5:30 Resident led Puzzles (AL)
<b>11</b> 10:00 Resident led Puzzles (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts needed 6:00 Conversation w/ Friends (AL)	<b>12</b> 10:30 Stay Fit w/ Val (AL) 11:00 Lucky Dog Cards (AL) 2:00 Random Trivia (AL) 2:30 Happy Hour w/ Mike Wills (B)	<b>13</b> 10:30 Chair Yoga (AL) 11:00 Fishing Game (AL) 1:30 Name 5 Game(AL) 2:30 Music Therapy (AL) 3:30 Resident Council (AL)	<b>14</b> 10:15 Cardio Drumming (AL) 11:00 Quiz Time (AL) 1:30 Creative Crafting: Dragon! (AL) 2:30 Bingo! (AL)	<b>15</b> Dragon Day 10:30 Exercise w/ Val (AL) 11:15 Table Top Games (AL) 1:30 Movie Matinee: Pete's Dragon (AL) 2:30 Snack (AL)	<b>16</b> 11:00 Exercise w/ Total Care (ELMR) 11:30 American Trivia (AL) 1:30 Name 5 (AL) 2:30 NEW! Relatively Speaking Fun Comedy Duo (B)	<b>17</b> 10:00 Resident Led Games (AL) 11:00 Resident Led Cornhole (AL) 1:30 Saturday Movie Matinee: Pete's Dragon - Live Version (Different Story than Original) (AL) 2:00 Gary Horn at the Piano
<b>18</b> 10:00 Resident led Coloring (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts Needed 6:30 Friendly Puzzles (AL)	<b>19</b> MLK Jr. Day 10:30 Stay Fit w/ Val (AL)) 11:00 Table Top Games (AL) 11:30 Bookshare: Happy Birthday MLK 2:00 That's It! (AL) 2:30 Entertainment w/ Wood & Wires (B)	<b>20</b> 10:30 Chair Yoga(AL) 11:00 Ring Toss (AL) 11:30 Ants in the Pants(AL) 1:30 Balloon Bash! (AL) 2:30 Musical Notes w/ Val (AL)	<b>21</b> 10:15 Cardio Drumming (AL) 11:00 Quiz Time (AL) 1:30 Name That Tune: Snow Songs (AL) 2:30 A Year in Review (MR)	<b>22</b> 10:30 Exercise w/ Val (AL) 11:15 Pet Adoption (AL) 1:30 Creative Crafting: Snowy Owl (AL) 2:30 Egg Carton Bingo! (AL)	<b>23</b> 11:00 Exercise w/ Total Care (ELMR) 11:30 Resident led Creative Coloring (AL) 1:30 Trivia (AL) 2:30 January Birthday Party: Feeling Like a Kid Again along w/ Mike's Vinyl Records (B)	<b>24</b> 11:00 Resident Led Brain Games 11:30 Drawing & Conversation (AL) 1:30 Saturday Movie Matinee: Steve McQueen as 'Bullitt' (AL) 3:30 Relax & Listen to Music
<b>25</b> 10:00 Resident led Games (AL) 10:30 Hymn Sing (C) 2:00 Sunday Service (MR) • Escorts Needed 6:30 Relax w/ Conversation & Music (AL)	<b>26</b> 10:30 Stay Fit w/ Val (AL)) 11:00 Rapid Rumble Game (AL) 11:30 Lucky Dog (AL) 2:00 Name 5! (AL) 2:30 Lanny White Entertains (B)	<b>27</b> 10:30 Chair Yoga(AL) 11:00 Nerf Darts (AL) 1:30 Balloon Bash! (AL) 2:30 Music Therapy (AL) 3:30 Finish the Song Title(AL)	<b>28</b> 10:15 Cardio Drumming (AL) 11:00 Quiz Time (AL) 1:30 Creative Crafting: Hot Cocoa Mug Pic (AL) 2:30 Adopt a Pet (AL)	<b>29</b> 10:30 Exercise w/ Val (AL) 11:15 Resident Led ring Toss (AL) 11:30 Creative Coloring AL) 1:30 Guess in Ten- Things That Go (AL) 2:30 Happy Hour w/ Wild Carrot(B)	<b>30</b> 11:00 Exercise w/ Total Care (ELMR) 11:30 Creative Coloring AL) 1:30 Guess in Ten- Things That Go (AL) 2:30 Happy Hour w/ Wild Carrot(B)	<b>31</b> 11:00 Weekend Brain Games 11:30 (AL) 1:30 Saturday Movie Matinee: Disney classic-The Gnome Mobile 3:30 Relax & Listen to Music

## Calender Key:

B - Bistro

C - Cafe

L - Library

CY - Courtyard

FL - Front Lobby

MR - Media Room

AL - Assisted Living

AR- Activity Room in AL

HS - Hair Salon

Power Up = Power Back

FP - Front Porch Portico

EL - Enhanced Living

IL - Independent Living

MC - Memory Care

ELMR - EL Multipurpose

STORYPOINT™  
Senior Living