

## Week 1-2 | January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				<p><b>New Year's Day</b></p> <p>9:00 Coffee and Conversation</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>11:00 Hand Jive</p> <p>1:00 This Day in History</p> <p>2:00 Manicures</p> <p>4:00 Game Day</p> <p>6:30 Meaningful Connections</p>	<p>1</p> <p>9:00 Coffee and Conversation</p> <p>10:00 Rosary MR</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>11:00 Bingo</p> <p>1:00 This Day in History</p> <p>2:00 Move with Music</p> <p>3:00 Happy Hour Aud</p> <p>6:30 Movie</p>	<p>2</p> <p>9:00 Coffee and Conversation</p> <p>10:30 This Day in History</p> <p>1:00 Art / Painting</p> <p>1:30 Singalong</p> <p>3:00 Games and Puzzles</p> <p>6:30 Movie</p>	
4	<p>9:00 Coffee and Conversation</p> <p>9:30 Devotions</p> <p>10:00 Catholic Mass Aud</p> <p>1:30 Music</p> <p>2:00 Worship Service with Rev. Carole Vander Linden and Pianist Tim Doorlag - Christmas 2 - Communion Sunday Aud</p> <p>6:30 Movie</p>	<p>5</p> <p>9:00 Coffee and Conversation</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>1:30 Music &amp; Memories with Alexa, Music Therapist</p> <p>2:30 True False Trivia</p> <p>3:00 Palate Pleasers</p> <p>6:30 Bingo</p>	<p>6</p> <p>9:00 Tuesday Tech - Time</p> <p>9:00 Coffee and Conversation</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>1:00 This Day in History</p> <p>2:00 Bingo</p> <p>3:30 Brain Fitness</p> <p>6:30 Meaningful Connections</p>	<p>7</p> <p>9:00 Coffee and Conversation</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>1:00 This Day in History</p> <p>2:00 Bingo</p> <p>3:30 Brain Fitness</p> <p>6:30 Meaningful Connections</p>	<p>8</p> <p>9:00 Breakfast Outing</p> <p>9:00 Coffee and Conversation</p> <p>10:00 Rosary MR</p> <p>10:00 Low Impact Movement</p> <p>10:30 Stretch and Tone</p> <p>11:00 Hand Jive</p> <p>1:00 This Day in History</p> <p>2:00 Manicures</p> <p>4:00 Game Day</p> <p>6:30 Meaningful Connections</p>	<p>9</p> <p>9:00 Coffee and Conversation</p> <p>10:30 This Day in History</p> <p>1:00 Art / Painting</p> <p>1:30 Singalong</p> <p>3:00 Games and Puzzles</p> <p>6:30 Movie</p>	<p>10</p>

Calender Key:  
Aud – Auditorium

**STORYPOINT™**  
Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 9:00 Coffee and Conversation 9:30 Devotions 10:00 Catholic Mass Aud 1:30 Music 2:00 Worship Service with Rev. David Zomer and Pianist Carol DeRuiter - Epiphany Sunday Aud 6:30 Movie	12 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:30 Music & Memories with Alexa, Music Therapist 2:30 True False Trivia 3:00 National Milk Day Celebration 6:30 Bingo	13 9:00 Tuesday Tech - Time 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:00 Music with Karen 2:00 Winter Fun 3:00 Why Do We Say That? 6:30 Meaningful Connections	14 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:00 Assisted Living Monthly Resident Forum 2:00 Bingo 3:00 Brain Fitness 6:00 Big Furry Friends 6:30 Meaningful Connections	15 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Hand Jive 1:00 This Day in History 2:00 Manicures 4:00 Game Day 6:30 Meaningful Connections	16 9:00 Coffee and Conversation Devotions 10:00 Rosary MR 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Bingo 1:00 This Day in History 2:00 Move with Music 3:00 Happy Hour Aud 6:30 Movie	17 9:00 Coffee and Conversation Devotions 10:30 This Day in History 1:00 Art / Painting 1:30 Singalong 3:00 Games and Puzzles 6:30 Movie
18 9:00 Coffee and Conversation 9:30 Devotions 10:00 Catholic Mass Aud 1:30 Music 2:00 Worship Service with Rev. Sean Kiddand Pianist Jerry Doorlag - Epiphany 2 Aud 6:30 Movie	19 Martin Luther King Jr. Day 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 10:30 Welcome Breakfast Aud 1:00 Music with Karen 2:00 Winter Fun 3:00 Why Do We Say That? 6:30 Meaningful Connections	20 9:00 Tuesday Tech - Time 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 10:30 Welcome Breakfast Aud 1:00 This Day in History 1:30 Music with Marianne 2:00 Bingo 3:00 Brain Fitness 6:30 Meaningful Connections	21 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:00 This Day in History 1:30 Music with Marianne 2:00 Bingo 3:00 Brain Fitness 6:30 Meaningful Connections	22 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Hand Jive 1:00 This Day in History 2:00 Manicures 4:00 Game Day 6:30 Meaningful Connections	23 9:00 Coffee and Conversation Devotions 10:00 Rosary MR 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Bingo 1:00 This Day in History 2:00 Move with Music 3:00 Happy Hour Aud 6:30 Movie	24 9:00 Coffee and Conversation Devotions 10:30 This Day in History 1:00 Art / Painting 1:30 Singalong 3:00 Games and Puzzles 6:30 Movie
25 9:00 Coffee and Conversation 9:30 Devotions 10:00 Catholic Mass Aud 1:30 Music 2:00 Worship Service with Rev. James Pierce PUMC Pianist - Epiphany 3 Aud 6:30 Movie	26 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:30 Music & Memories with Alexa, Music Therapist 2:30 True False Trivia 3:00 Palate Pleasers 6:30 Bingo	27 9:00 Tuesday Tech - Time 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:00 This Day in History 2:00 Bingo 3:00 Brain Fitness 6:30 Meaningful Connections	28 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 1:00 This Day in History 2:00 Bingo 3:00 Brain Fitness 6:30 Meaningful Connections	29 9:00 Coffee and Conversation 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Hand Jive 1:00 This Day in History 2:00 Manicures 3:00 National Puzzle Day Celebration 4:00 Game Day 6:30 Meaningful Connections	30 9:00 Coffee and Conversation Devotions 10:00 Rosary MR 10:00 Low Impact Movement 10:30 Stretch and Tone 11:00 Bingo 1:00 This Day in History 2:00 Move with Music 3:00 Happy Hour Aud 6:30 Movie	31 9:00 Coffee and Conversation Devotions 10:30 This Day in History 1:00 Art / Painting 1:30 Singalong 3:00 Games and Puzzles 6:30 Movie