

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Sittercise 10:30 Rosary (Youtube) 1:00 Rest & Relaxation 2:00 Adult Coloring 3:00 Table Top Games 6:00 Aromatherapy Hour (Hand Massage or Facial)	1 9:30 Rise & Shine (Coffee Social) 10:30 Chair Yoga w/Time -ATR 1:00 Rest & Relaxation 2:00 Christmas Ornaments (Erin) 3:00 Animal Bingo 6:30 Christmas Life Stories	2 9:30 Hot Cocoa Social 10:30 Move To The Music 1:00 Hand Massages 2:00 Music and Manicures 3:00 Connect 4 6:30 Movie Club Fun (Home Alone)	3 9:30 Rise & Shine (Coffee Social) 10:30 Sittercise 1:00 Rest & Relaxation 2:00 Cooking Club Fun (Sugar Cookies) 3:00 Animal Bingo 6:30 Poetry Hour & Tea	4 Cookie Day 9:00 Sittercise 10:30 Puzzles & Cocoa 1:00 Rest & Relaxation 2:30 Pet Therapy (Minnie & Rosey) 3:00 Music & Manicures 6:30 Crossword Puzzles	5 Outing Day 9:30 Move To The Music 10:30 Coffee Social 1:00 Aromatherapy Hour (Hand Massage or Facial) 2:00 Animal Bingo 3:00 Simon (Follow The Light) 5:00 Load The Bus (Nela Park)	6 9:30 Sittercise 10:30 2 In A Row 1:00 Rest & Relaxation 2:00 BINGO 3:00 Adult Coloring 6:00 Sing-A-Long
7 9:30 Sittercise 10:30 Rosary (Youtube) 1:00 Rest & Relaxation 2:00 Adult Coloring 3:00 Table Top Games 6:00 Aromatherapy Hour (Hand Massage or Facial)	8 9:30 Rise & Shine (Coffee Social) 10:30 Chair Yoga w/Time -ATR 1:00 Hand Massges 2:00 Tix-Tat-Toe 3:00 Animal Bingo 6:30 Trivia Light	9 Christmas Card Day 9:30 Hot Cocoa Social 10:30 Move To The Music 1:00 Facials 2:00 Music and Manicures 3:00 Sending X-Mas Cards 6:30 Movie Club Fun (It’s A Wonderful Life)	10 9:30 Rise & Shine (Coffee Social) 10:30 Sittercise 1:00 Rest & Relaxation 2:00 Cooking Club Fun (Cheesecake) 3:00 Picture This 6:30 Adult Coloring	11 9:00 Move To The Music 10:30 Coffee Social 1:00 Rest & Relaxation 2:00 Art Therapy (X-mas Craft w/ Meagan) 3:00 Music & manicures 6:30 Resident Choice	12 9:30 Sittercise 10:30 Hot Cocoa Social 1:00 Aromatherapy Hour (Hand Massage or Facial) 2:00 Ice Cream Social 3:00 Animal Bingo 6:30 Light Jazzy & Warm Drinks	13 Christmas Party 9:30 Sittercise 10:30 2 In A Row 1:00 Rest & Relaxation 2:00 BINGO 3:00 Adult Coloring 6:00 Sing-A-Long
14 9:30 Sittercise 10:30 Rosary (Youtube) 1:00 Rest & Relaxation 2:00 Adult Coloring 3:00 Table Top Games 6:00 Aromatherapy Hour (Hand Massage or Facial)	15 Lemon Cake Day 9:30 Rise & Shine (Coffee Social) 10:30 Chair Yoga w/Time -ATR 1:00 Rest & Relaxation 2:00 Cupcake Social 3:00 Animal Bingo 6:30 Would You Rather	16 Outing Day 9:30 Hot Cocoa Social 10:30 Move To The Music 11:00 Cookie Decorating At MSC 1:00 Hand Massage 2:00 Music and Manicures 3:00 Balloon Toss 6:30 Simon (Follow The Light)	17 9:30 Coffee Social 10:30 Sittercise 1:00 Rest & Relaxation 2:00 Art Therapy (Gingerbread Houses) 3:00 Reminiscing Christmas 6:00 Poetry Hour & Tea	18 9:00 Sittercise 10:30 Cocoa Social 1:00 Rest & Relaxation 2:30 Pet Therapy (Minnie & Rosey) 3:00 Music & Manicures 6:30 2 In A Row	19 9:30 Sittercise 10:30 Coffee Social 1:00 Aromatherapy Hour (Hand Massage or Facial) 2:30 Sip & Paint -AR (Val Taylor) 3:00 Moving To The Music 6:30 Simon (Follow The Light)	20 9:30 Sittercise 10:30 2 In A Row 1:00 Rest & Relaxation 2:00 BINGO 3:00 Adult Coloring 6:00 Sing-A-Long
21 9:30 Sittercise 10:30 Rosary (Youtube) 1:00 Rest & Relaxation 2:00 Adult Coloring 3:00 Table Top Games 6:00 Aromatherapy Hour (Hand Massage or Facial)	22 9:30 Rise & Shine Coffee Social 10:30 Chair Yoga w/Time -ATR 1:00 Facials 2:00 Figure Of Speech) 3:00 Animal Bingo 6:30 Poetry Hour & Tea	23 9:30 Hot Cocoa Social 10:30 Move To The Music 1:00 Rest & Relaxation 2:00 Music and Manicures 3:00 Kick Ball 6:30 Follow The Leader	24 Christmas Eve 9:30 Coffee Social 10:30 Sittercise 1:00 Hand Massages 2:00 Finish The Phrase 3:00 Twas The Night Before (Christmas Trivia) 6:30 Adult Coloring	25 Christmas Day 9:00 Move To The Music 10:30 Hot Drinks & What If? 1:00 Rest & Relaxation 2:00 Snack & Chat 3:00 Christmas Trivia 6:30 Movie Club Fun (A Christmas Story)	26 9:30 Sittercise 10:30 Hot Cocoa Social 1:00 Aromatherapy Hour (Hand Massage or Facial) 2:00 Snack Making Time (Peanut Butter & Jelly) 3:00 Category Challenge 6:30 Would You Rather	27 9:30 Sittercise 10:30 2 In A Row 1:00 Rest & Relaxation 2:00 BINGO 3:00 Adult Coloring 6:00 Sing-A-Long
28 9:30 Sittercise 10:30 Rosary (Youtube) 1:00 Rest & Relaxation 2:00 Adult Coloring 3:00 Table Top Games 6:00 Aromatherapy Hour (Hand Massage or Facial)	29 9:30 Rise & Shine (Coffee Social) 10:30 Chair Yoga w/Time -ATR 1:00 Hand Massages 2:00 Holiday Painting 3:00 Animal Bingo 6:30 What’s In The Bag	30 9:30 Hot Cocoa Social 10:30 Move To The Music 1:00 Facials 2:00 Music and Manicures 3:00 Play -Dough Creations 6:30 Card Games	31 New Year’s Eve 9:30 Coffee Social 10:30 Sittercise 1:00 Rest & Relaxation 2:00 New Year Celebration 3:00 Blurt 6:30 Music & Finger Painting			28