

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 Daily Devotion (L) 10:30 Men's Coffee & Chat (S) Tim Horton's 11:00 Theraband w/Powerback PT (GP) 11:30 Calendar/Activity Review (L) 12:30 Ceramics Class \$ (C) 1:30 Prayer & Communion (GP) 3:00 Rummikub (GP) 6:00 Poker Club (GP)	2 11:00 Weight Workout (GP) 12:30-2:00 Dublin Rhythmics (C) 1:00 Blood Pressure Check (D) 2:30 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	3 National Bingo Day 10:00-2:00 Boutique To You (C) 10:00 Mindful Meditation (L) 10:30 Shopping at Meijer (S) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	4 10:15 Daily Devotion (L) 11:00 Balance and Exercise (GP) W/PowerBack Physical Therapy 1:00 Woman's Chorus (C) Tuesday Musicale 2:00 Holiday Craft (Den) Painting Nutcrackers 3:30 Happy Hour (C) Jim Hermann	5 10:00 Mindful Meditation (L) 11:00 Bend and Stretch (GP) 1:00 Advent By Candle Light (MDR) 3:30 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	6 11:00 Weight Workout (GP) 12:30 Football w/Gisela (C) 2:00 Left, Right, Center (C) Dice Game 2:30 Euchre Club (C) 3:30 Men's Pool (3-F)
7 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Learn to play Mahjong (L) 2:30 Afternoon Entertainment (C) Jerry Perrine 6:00 Mexican Train Dominoes (FL)	8 10:15 Daily Devotion (L) 10:30 Men's Coffee & Chat (C) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 12:30 Shopping at Marshall's/Home goods (S) 1:00 Confession W/Fr. Socorro (DR) 1:30 Mass & Communion (GP) W/Fr. Socorro from St. Pat's 3:00 Card Bingo (GP) 6:00 Poker Club (GP)	9 Elegant Dinner 11:00 Weight Workout (GP) 12:30 Mimosa's & Mani's (GP) 1:00 Blood Pressure Check (D) 1:45 Grief Support (L) 2:30 Chair Volleyball (C) 4:30 Elegant Dinner (MDR, EDR) 5:30 Evening Entertainment Tom Zakarian	10 White Elephant 10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 12:30 White Elephant (GP) Gift Giving 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	11 Pajama Day 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback PT(GP) 1:00 Deck The Halls (FL) Apartment Tours 2:00 Cardio Drumming (GP) 3:30 Happy Hour (C) Pajamas & Christmas Carols 6:00 Bunco (GP)	12 10:00 Mindful Meditation (L) 10:30 Shopping at Walmart (S) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 3:30 Angel Tree Dedication (GP) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	13 11:00 Weight Workout (GP) 12:30 Candy Bingo (GP) 2:00 The Dance Shop (C) Performance 2:30 Euchre Club (GP) 3:30 Men's Pool (3F)
Hanukkah Begins 14 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:30 Hanukkah Program (GP) With Sydney 3:00 Hanukkah Games (GP) 4:15 Lions -vs- Rams (GP) 6:00 Mexican Train Dominoes (FL)	15 10:15 Daily Devotion (L) 10:30 Men's Coffee & Chat (C) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 12:30 Reminiscing with Stephanie (L) 1:30 Prayer & Communion (GP) With St. Pat's 4:00 Kazoo Holiday Concert (GP) 6:00 Poker Club (GP)	16 Tinsel Toes Tuesday 11:00 Weight Workout (GP) 12:45 Foot Care (GP) 1:00 Blood Pressure Check (D) 12:30 Make An Ugly Sweater (C) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:30 Chicken Foot Dominoes (FL) 6:30 Caroling (MC, EC, Exterior) 7:00 Cocoa & Cookies (GP)	17 10:00 Mindful Meditation 11:00 Protestant Service (GP) 11:00 Lunch at Red Lobster (S) 12:30 Sit and Be Fit (GP) 1:30 Chef Chat (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pats (L) 6:00 Euchre Club (C)	18 8:30-9:30 Waffles with Mrs. Claus (MDR) 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 11:45 Tech Talk Thursday (L) 12:30 Detroit Symphony Orchestra (GP) (virtual) 2:30 Open Forum (GP) 3:30 Happy Hour Celebration (C) Birthdays & New Residents 4:00 Hearing Care 6:00 Caroling with Lake Oakland (C)	19 10:00 Mindful Meditation (L) 11:00 Bend and Stretch (GP) 11:00 Detroit Institute of Arts (S) Big Picture Tour 1:00 Chair Volleyball (C) 3:00 Cardio Drumming (GP) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	20 11:00 Weight Workout (GP) 12:30 Holiday Craft (C) 12:30 Redwings -vs- Capitals (GP) 2:30 Movie Madness (Theatre) The Santa Claus 2:30 Euchre Club (GP) 3:30 Men's Pool (3F)
21 11:00 Noodlecise & Weights (GP) 12:30 Carol Sing Along w/Sydney (FL) 2:00 Rummikub (C) 6:00 Mexican Train Dominoes (FL)	Merry Monday 22 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 10:30 Men's Coffee & Chat (C) 11:00 Theraband w/Powerback PT (GP) 12:30 Shopping at Kroger (S) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Card Bingo (GP) 6:00 Poker Club (GP)	Holiday Sweater Day 23 11:00 Weight Workout (GP) 12:00 Chinese Carry-Out (GP) 1:00 Blood Pressure Check (D) 1:30 Bingo (GP) 3:30 Happy Hour (C) How The Grinch Stole Happy Hour *Drink of the Day* 5:30 Holiday Lights in Rochester (S) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	Holiday Hat Day 24 10:00 Mindful Meditation 11:00 Sit and Be Fit (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 1:00 Eggnog Social (C) 2:00 Movie Madness: (Theatre) Miracle on 34 th Street 4:00 Holiday Word Search Pick up at Reception Desk 6:00 Euchre Club (C)	Merry Christmas 25 11:00 Exercise W/Sydney (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 1:00 Hot Cocoa Bar (TC) & Christmas Cookies 3:00 Movie Madness: Elf (Theatre)	26 10:00 Mindful Meditation (L) 11:00 Lunch at Highland House (S) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	27 11:00 Weight Workout (GP) 12:30 Left, Right, Center (C) Dice Game 2:30 Freestyle Painting (C) 2:30 Euchre Club (C) 3:30 Men's Pool (3F)
28 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Learn to Play Mahjong (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (FL, L)	29 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 10:30 Men's Coffee & Chat (S) Bean & Bagel Shop 11:00 Theraband w/ Powerback PT (GP) 12:30 Nickels Game (C) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Rummikub (GP) 6:00 Poker Club (GP)	30 11:00 Weight Workout (GP) 12:30 Book Club (C) 1:00 Blood Pressure Check (D) 1:45 Grief Support (L) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	New Years Eve 31 10:00 Mindful Meditation 11:00 Sit and Be Fit (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 3:00 New Years Eve Party (C) *Drink of the Day* 4:00 Balloon Drop 6:00 Euchre Club (C)			