

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Happy New Year! 10:30-BINGO 1:15-Fred Walker-Guitar-AL 3:00-Bowling Club 5:15-Adult Coloring	2 9:30-Cardio Drumming 10:00-Sing-A-Longs 12:30-Walking Club 1:15-Jeff Richards-AL 2:30-Studebaker Museum-Outing 5:15-Movie Night	3 10:15-Chair Yoga 10:45-Daily Chronicles 1:30-BINGO 2:30-Finish that Phrase 6:00-Movie Night & Popcorn
4 9:30-This Day In History Chats 10:30-Catholic Mass-TV 1:00-Seated Exercise 6:00-Movie Night	5 9:30-Chair Volley 10:00-This or That Trivia 1:15-Jamie Miller-Guitar-AL 2:30-Virtual Travel-Paris 3:30-Winter Word Scrabble 5:30-Doc-The History of the Times Square Ball Drop	6 9:30-Manicures & Music 10:30-Zoo To You 12:30-BINGO 1:30-Hot Cocoa Social 2:30-Craft-Snowman 3:30-Music & Motion 5:15-Watercolor Painting	7 9:30-Morning Movement 10:00-Scrapbooking Club 12:30-Walking Club 1:30-Cornhole 3:00-Culinary Hour-Build Your Own Trailmix 5:30-Puzzles	8 10:00-Bible Study w/AGM 10:30-Table Hockey 12:30-BINGO 2:00-Bowling 3:00-Ed McKibbin-Guitar 4:00-Catholic Comm.-AL 5:15-Short Stories	9 9:30-Cardio Drumming 10:00-Daily Chats & Coffee 11:00-Lunch Outing-McDonald's 1:30-Walking Club 2:30-Happy Hour 5:15-Movie Night	10 10:15-Chair Volley Exercise 10:45-Current Events Chats 1:30-BINGO 2:30-Table Games 6:00-Movie Night & Popcorn
11 National Milk Day 9:30-Daily Chronicles 10:30-Catholic Mass-TV 1:00-Seated Stretches 1:30-Milk & Cookies 6:00-Movie Night	12 9:30-Balloon Tennis 10:00-Reminisce w/Reason 1:00-Movie In Theater-AL w/Anastasia 3:00-Q-tip Art 6:00-Anna Hagen-Harp	13 9:30-Manicures & Music 11:30-Veteran Lunch-CK 12:30-BINGO 1:30-Seated Exercise 2:00-You've Been Clipped 3:30-Music & Movement 5:15-Watercolor Painting	14 9:30-Morning Movement 10:00-Scrapbooking Club 12:30-Walking Club 1:30-Yes or No Trivia 2:30-Beat The Winter Blues Social Hour 5:30-Puzzles	15 10:00-Bible Study w/AGM 10:30-Finish The Phrase 12:30-BINGO 1:15-The Smooth Tones-AL 3:00-Bowling Club 4:00-Catholic Mass-AL 5:15-Short Stories	16 9:30-Cardio Drumming 10:00-Daily Chats & Coffee 12:30-Walking Club 1:30-Word Games 2:30-Paddy Shack-Outing 5:15-Movie Night	17 10:15-Chair Stretches 10:45-This Day In History 1:15-Chris & Dave Perform-AL 2:30-Table Games 6:00-Movie Night & Popcorn
18 9:30-Coffee Chats 10:30-Catholic Mass-TV 1:00-Seated Yoga 6:00-Movie Night	19 National Popcorn Day 9:30-Seated Kickball 10:00-Conversation Cards 1:00-Movie In Theater-(Popcorn Bar)-AL 3:30-Balloon Tennis 5:30-Documentary-Winter In Norway	20 9:30-Manicures & Music 12:30-BINGO 1:30-Cheese & Chat 2:30-Winter Canvas Painting 3:30-Move To The Music 5:15-Watercolor Painting	21 9:30-Morning Movement 10:00-Scrapbooking Club 12:30-Walking Club 1:30-Indoor Sledding 3:00-Culinary Hour-Muffins-CK 5:30-Puzzles	22 10:00-Bible Study w/AGM 10:30-Hoops & Harmony 12:30-BINGO 1:30-Small Paul Performs-(S) 2:30-Bowling Club 4:00-Catholic Comm.-AL 5:15-Short Stories	23 9:30-Cardio Drumming 10:00-Daily Chats & Coffee 12:30-Walking Club 1:30-Presentation w/Jackie 2:30-Social Hour-Build Your Own Apple Pies To-Go 5:15-Movie Night	24 Compliment Day 10:15-Chair Volley Exercise 10:45-Daily News 1:30-BINGO 2:30-Kindness Card Workshop 6:00-Movie Night & Popcorn
25 9:30-This Day In History 10:30-Catholic Mass-TV 3:00-Seated Exercises 6:00-Movie Night	26 9:30-Noodle Ball 10:00-This or That Trivia 1:15-Dune Country Band- 3:00-Junk Drawer Detective 3:30-Chair Volley 5:30-Doc. Science of Snowflakes	27 9:30-Manicures & Music 12:30-BINGO 1:30-Wine Social 2:30-Craft-Door Hangers 3:30-Movin' Groovin Exercise 5:15-Watercolor Painting	28 9:30-Morning Movement 10:00-Scrapbooking Club 12:30-Walking Club 1:30-Broadway Bob Performs 3:00-Culinary Hour-Pizza 5:30-Puzzles	29 10:00-Bible Study 10:30-Guess That Sound 12:30-BINGO 1:30-Resident Awards Hour 2:30-Craft-Design T-Shirts 4:00-Catholic Comm.-AL 5:15-Short Stories	30 9:30-Cardio Drumming 10:00-Daily Chats & Coffee 12:30-Walking Club 1:15-Jerry Fanslow-Guitar-AL 2:30-Car Karaoke 5:15-Movie Night	31 10:15-Balloon Tennis Exercise 10:45-Daily Chronicles 1:30-BINGO 2:30-Table Games 6:00-Movie Night

Calender Key:

AL-Assisted Living

S-Memory Care South

TH-Movie Theater

CY-Country Kitchen