

Week 1-2 | January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays				1 8:30-9:15am Morning News 10:30am Exercise 12:00-12:45pm History TV 1:00am Game	2 8:30-9:15am Morning News 9:30am Daily Chronicles 10:00am Charades 10:30am Morning Stretch 12:15-1:15pm Sports 1:30pm Hangman 3:00pm LIVE Kory Lawrence (A) or Happy Hour Cart 5:00pm Stories To Fall Asleep To	3 12:30pm Crafting w/ Megan 1:30pm This Week in History
4 1:45pm Bingo 3:00pm Temple Baptist Church (AR) 5:00pm Short Story Club	5 8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Junk Drawer Detectives 10:30am Weightlifting 12:15-1:15pm Game Shows 1:30pm Sorting Socks 2:00pm What Am I? 3:00pm Tea Tasting 5:00pm Movie	6 8:30-9:15am Morning News 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am Daily Chronicles 10:30am AM Power Up 12:15-1:15pm Classic TV Shows 1:30pm Would You Rather 2:00pm Balloon Game 3:00pm LIVE Ron Lightly (A) or Ventriloquist on TV 5:00pm Puzzles	7 8:30-9:15am Morning News 10:00am LIVE Kim Fransch 12:15-1:15pm Nature TV Shows 1:30pm UT Gardens Class 2:00pm Guess the Decade 3:00pm Bingo 5:00pm Relaxing Scenes	8 8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Library or Story Telling on TV 12:00-12:45pm History TV 1:00pm Calvary Devotion (A) or Devotion on TV 2:00pm Sing Along W/ Dennis (A) or Kazoo Sing Along 3:30pm Plant Care 5:00pm Vinyl Vibes	9 8:30-9:15am Morning News 9:30am Daily Chronicles 10:00am Password 10:30am Morning Stretch 12:15-1:15pm Sports 1:30pm Paint By Number 3:00pm Happy Hour Cart 5:00pm Stories To Fall Asleep To	10 12:30pm Crafting w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan



