

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 1 10:30am Sandy's Fitness (A) 2:00pm Throw Away Bingo (A)	2 9:30am (S) Morning Brew & You (L) 10:30am Air Drumming (A) 1:30pm How Animals Cooperate to Survive Documentary (JR) 3:00pm LIVE Kory Lawrence (N) / Happy Hour (A)	3 9:30am Kroger SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)
4 1:45pm Seated Line Dancing (A) 3:00pm Temple Baptist Church Service (A) 5:45pm Tom Talks (A)	5 10:30 Morning Stretch (A) Followed by This Week in History (A) 2:00pm January IQ Game (L) 3:00pm Giant Sorry Game (A) 5:30pm Movie (JR)	6 9:30am Catholic Service & Communion (L) 10:00am Thrift Shopping SIGN UP 10:30am Weightlifting (A) 1:30pm Tales of the Last Frontier: Alaska Discussion (L) 3:00pm LIVE Ron Lightly (N) (A)	7 10:00am LIVE Kim Frasch (MC) 10:30am AM Power Up (A) 2:00am Life Enrichment Planning Meeting (L) 3:00pm Bingo (A)	8 Happy Birthday Elvis 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Sing Along W/ Dennis (A) 4:30pm An Elvis Dinner (A) SIGN UP	9 9:30am (S) Morning Brew & You (L) 10:30am Air Drumming (A) 1:30pm How It's Made : Hershey Chocolate Documentary (JR) 3:00pm New Neighbor Happy Hour (A)	10 9:30am Butler & Bailey SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)

<div> <div> StoryPoint Knox West Assited Living </div> <div> Week 3-4 January 2026 Life Enrichment Monthly Calendar </div> <div> Activities are subject to change </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>11</div> 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (JR)	<div>12</div> 10:30 Morning Stretch (A) Followed by This Week in History (A) 2:00pm Random Trivia (L) 3:00pm Jumbo Left Center Right Game (A) 5:30pm Movie (JR)	<div>13</div> 9:30am Catholic Service & Communion (L) 10:30am Wweightlifting (A) 11:00am Men's Lunch at Walk-On's Sports Bistreaux 2:00pm LIVE Steve Carr (A) 3:30pm Alaska and Moose Trivia (L)	<div>14</div> 10:30am AM Power Up (A) Followed By Who Am I? (A) 2:00pm Culinary Showcase (DR) 3:00pm Bingo (A)	<div>15</div> 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Speed Yahtzee (L) 3:00pm LIVE Piano w/ Terri 5:45pm T's TV Concert (L)	<div>16</div> 9:30am (S) Morning Brew & You (L) 10:30am Air Drumming (A) 1:30pm Why Dogs Love Us Documentary (JR) 3:00pm Blues Shadow / Happy Hour (A)	<div>17</div> 9:30am Food City SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)
<div>18</div> 3:00pm Temple Baptist Church Service (A) 5:45pm Storytelling w/ Dale (A)	<div>19</div> MLK Day 10:30 Morning Stretch (A) Followed by This Week in History (A) 2:00pm Watch MLK's Speech and Discuss (JR) 3:00pm Resident Council (A) 5:30pm Movie (JR)	<div>20</div> 9:30am Catholic Service & Communion (L) 10:00pm Bearden Library SIGN UP 10:30am Weightlifting (A) 1:30pm Alaskan Scavenger Hunt (L) 3:00pm Grief Group w/ Scarlett	<div>21</div> 10:00am LIVE Kim Frasch (MC) 10:30am AM Power Up (A) 2:00pm Financial Safety Class w/ Regions Bank (A) 3:00pm Bingo (A)	<div>22</div> 9:30am Young Williams Animal Center SIGN UP 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Art w/ Sheryl (MC) 3:00pm Trivia w/ Linda (A) 5:45pm Singo w/T (A)	<div>23</div> 9:30am (S) Morning Brew & You (L) 10:30am Air Drumming (A) 1:30pm Ancient Trees of Canada Documentary (JR) 3:00pm LIVE Pattie & Donnie / Happy Hour (A)	<div>24</div> 9:30am Publix SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)
<div>25</div> 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (JR)	<div>26</div> 10:30 Morning Stretch (A) Followed by This Week in History (A) 2:00pm January Jeopardy (L) 3:00pm Ladder Ball (A) 5:30pm Movie (JR)	<div>27</div> 9:30am Catholic Service & Communion (L) 10:00am Scenic Drive SIGN UP 10:30am Weightlifting (A) 1:30pm Songs of the Last Frontier 3:00pm LIVE Dandy Don (A)	<div>28</div> National Lego Day 10:30am AM Power Up (A) Followed By History of Lego (A) 2:00pm Lego Building w/ Scarlett (A) 3:00pm Lego Bingo (A) 4:00pm Bingo Store (A) 5:30pm The Lego Movie (JR)	<div>29</div> 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Apples to Apples Game (L) 3:00pm LIVE Marc Beecher (A) 5:45pm After Dinner Discussions (L)	<div>30</div> 9:30am (S) Morning Brew & You (L) 10:30am Air Drumming (A) 1:30pm Project Chariot: Building a Harbor with Nuclear Bombs Documentary (JR) 3:00pm A Moose Mixer (A)	<div>31</div> 9:30am Aldi SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)
Calender Key: A – Activity Room FL - Front Lobby	CY - Courtyard L - Library MC - Memory Care	JR - Jefferson Room DR - Dining Room RR - Room to Room	S - Self led	N- New event/entertainer/Host	<div> <div>STORYPOINT</div> <div>Senior Living</div> </div>	