

VALPARAISO SENIOR VILLAGE

Assisted Living - (Any changes to the calendar will be made on the Daily Sheets)

JANUARY 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				NEW YEAR'S DAY 1 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Color Pencil Coloring (CR) 2:00 - Ice Cream Social (B) 5:45 - Theater Thursday (4T)	2 9:45 - Sit-n-Fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen 1:00 - <u>Ambassador Club mtg</u> 2:00 - Happy Hour (B) 5:30 - Prize Bunco (4S)	3 9:30 - Walking Club (L) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Saturday Social (B) 5:45 - Evening Spotlight Movie (4T)
4 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Ice Cream Social (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:30 - Emmanuel Baptist Church Service (4S)	MIMOSA MONDAY 5 9:00-2:00 Resident Rummage Event- Trade, Take or Leave Anything (4S) 9:45 - Drum Circle Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 12:30 - Beauty Shop Social (BS) 2:00 - Pie & Punch (B) 5:45 - Piano w/Jack (L)	6 9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Trivia Tuesday (3FC) 1:00 - UNO Attack Game (B) <u>1:30 - Entertainment w/Bill Frudakis (MDR)</u> 2:30 - Snack & Chat (B) 5:30 - Nickel Bingo w/Marsha (4S)	7 <u>9:45 - Outing to Aldi</u> 9:45 - Air Hockey (4L) 10:15 - Daily Chronicles (L) 10:30 - Word Puzzles (CR) 1:00 - Card Playing (Crazy 8's) <u>2:00 - Entertainment w/J Jay Brook (MDR)</u> 3:00 - Snack & Chat (B) 5:30 - Prize Bunco (4S)	Happy Bday Dave B. 8 Happy Bday Elvis 9:45 - Parachute Pop (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - No bake baking (Making Rice Krispies treats) (B) 2:00 - Ice Cream Social (B) 5:30 - Dinner & Movie (Must sign up) (4T)	Happy Bday Pam M. 9 9:00 - Fitness Center Exercise Bikes (3FC) 10:00 - Church Service & Music w/Kelly Fugate (MDR) <u>12:45 - RESIDENT COUNCIL and Activity Calendar Planning Mtg.(4T)</u> 2:00 - Snack & Chat (B) 5:30 - Prize Bunco (4S)	10 9:30 - Walking Club (L) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Salty Snack Bingo w/Tammy (MDR) 2:30 - Saturday Social (B) 5:45 - Evening Spotlight Movie (4T)
11 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	12 9:30 - Candy Bunco (4S) 10:30 - Daily Chronicles, Discussion & Devotional (4S) 11:00 - Rosary/ Communion CR 1:00 - One on One visits 2:15 - Snack & Chat (B) 5:45 - Piano w/Jack (L)	Happy Bday Sharon Br 13 9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Hygge (3FC) <u>1:30 - Entertainment/Paul Horgash (MDR)</u> 2:45 - Beer/Wine Happy Hour (B) 5:30 - Nickel Bingo w/Marsha (4S)	Happy Bday Sharon Bu 14 and Larry G. 9:45 - Strength Exercise (4T) 10:15 - Daily Chronicles, Discussion and Devotional (4T) <u>11:00 - Lunch @New Hong Kong (Chinese)</u> 1:00 - LCR Dice Game (2L) 2:15 - Monthly Martini's with Jaclyn (Lemon Drop Martini) (B) 5:30 - Prize Bunco (4S)	15 9:45 - Bocce Ball (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 11:00 Men's Luncheon (Private Dining Room) 1:00 - Craft Corner - Painting, Meaningful Connections & Resident Discussion (VL) 2:00 - Ice Cream Social (Root Beer Floats) (B) 5:45 - Theater Thursday (4T)	Happy Bday Fred T. 16 9:45 - Sit-n-fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen 4L 2:00 - Air Fryer Friday (Tator Tots) (B) 5:30 Prize Bunco (4S)	17 9:30 - Walking Club (L) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Saturday Social (B) 5:45 - Evening Spotlight Movie (4T)
18 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	Martin Luther King Nat'l Popcorn Day 19 9:45 - Drum Circle Exercise 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 1:00 - PRICE IS RIGHT (4T) 2:30 - Popcorn Bar 4T) 5:45 - Piano w/Jack (L)	20 9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Poetry Reading w/Pat <u>1:30 - Culinary Showcase w/Chef Allen (In Memory Care Kitchen)</u> 2:30 - New Resident Welcome Social (frozen juice box sangria) (B) 5:30 - Nickel Bingo w/Marsha (4S)	21 9:45 - Balloon Tennis (4T) 10:15- Daily Chronicles, Discussion and Devotional (4T) <u>12:30 - Shopping @ Dollar Tree</u> 1:00 - LCR Dice Game (2L) 2:30 - Snack & Chat (B) 5:30 - Prize Bunco (4S)	22 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Jewelry Beading (VL) 2:00 - Ice Cream Social (Banana Splits) (B) 5:45 - Theater Thursday (4T)	23 9:45 - Chair Yoga (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>1:00 - Winter Magic Show (MDR)</u> 2:30 Coffee & Convo (B) 5:30 Prize Bunco (4S)	24 9:30 - Walking Club (L) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Household Essentials Prize Bingo (MDR) 2:30 - Saturday Social (B) 5:45 - Evening Spotlight Movie (4T)
25 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles (L) 1:00 - Word Find (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	26 9:45 - Drum Circle Exercise 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 12:30 - Beauty Shop Social (BS) 2:00 - Cocktail Hour w/Fred Meyer (B) 5:45 - Piano w/Jack (L)	27 9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Chicken Soup (3FC) <u>11:00 - Resident Volunteers appreciation luncheon (Private Dining Room by invite only)</u> 2:00 - Donuts & Coffee w/our Vets (everyone is invited) (B) 5:30 - Nickel Bingo w/Marsha (4S)	Happy Bday Jaclyn 28 9:45 - Morning Exercise w/Jennifer (Heart to Heart) (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>12:30 - Bus Ride & Dairy Queen</u> 1:30 - Checkers (BS) 2:30 - Snack & Chat (B) 5:30 - Prize Bunco (4S)	Happy Bday Diana B. 29 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Technology Class - Amazon Alexa usage 2:00 - Ice Cream Social (Strawberry Sundaes) (B) 5:45 - Theater Thursday (4T)	Happy Bday Zlata M. and Terry S. 30 9:45 - Circle Ball (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>1:30 - Birthday Bash and Entertainment w/The Keys (MDR)</u> 2:30 - Checkers (B) 5:30 Prize Bunco (4S)	Happy Bday Arlene H. 31 9:30 - Walking Club (L) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo (MDR) 2:30 - Saturday Social (B) 5:45 - Evening Spotlight Movie (4T)

Calendar Key:

L - Lobby
4S - Four Seasons Room
CR - Conference Room

MDR - Main Dining Room

B - Bistro
2L - 2nd Floor Loft
VL - Veteran's Library

BS - Beauty Shop

3FC - 3rd Floor Fitness
4T - 4th Floor Theater
4L - 4th Floor Lounge