

| Sunday                                                                                                                                                                                                                        | Monday                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                            | Wednesday                                                                                                                                                              | Thursday                                                                                                                                                      | Friday                                                                                                                                                                                             | Saturday                                                                                                                                                                |
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|                                                                                                                                                                                                                               |                                                                                                                                                                                                                                           |                                                                                                                                                                                    |                                                                                                                                                                        | 1<br>10:30 Moves to Music - AR<br>11:00 Guess the Clue - AR<br>1:30 Bingo - AR<br>3:00 Headband Game - B                                                      | 2<br>10:00 Rosary - L<br>10:30 Morning movements - AR<br>11:00 Trivia - AR<br>1:30 Afternoon workout - AR<br>2:30 Happy Hour - P<br>4:00 Activity Packet - FD                                      | 3<br>10:30 Morning Exercise - AR<br>11:00 Trivia - AR<br>1:30 Bingo - AR<br>3:00 Saturday Flick with popcorn - T                                                        |
| 4<br>10:00 Catholic Mass CH 43 - T<br>10:30 Sunday Stretches - AR<br>11:00 Word Scramble - AR<br>Brown's Game (TBH)- P<br>3:00 Any Card Game or Game of your choice- AR                                                       | 5<br>10:00 Outing: Marc's<br>10:30 Moves with Marion- AR<br>11:00 Trivia - AR<br>1:30 Bingo - AR<br>3:00 Social Hour with Victoria and friends - P                                                                                        | 6<br>9:00 Communion - T<br>10:00 Nail Care - AR<br>1:30 Monopoly - AR<br>2:30 Seated Tap - LR<br>3:30 Welcome Group, stop in and meet a new friend - P                             | 7<br>10:30 Morning Moves - AR<br>11:00 Trivia - AR<br>1:30 Shoulder Massage - T<br>3:30 Poker - P<br>6:30 Bingo - AR                                                   | Men's Social 8<br>10:30 Moves to Music - AR<br>11:00 Trivia - AR<br>1:00 Crafting Hour - AR<br>2:30 Bingo - AR<br>4:00 Gentleman's Social - P                 | 9<br>9:00 Donuts - P<br>10:00 Rosary - L<br>10:30 Morning Moves - AR<br>11:00 TV Jeopardy - LR<br>1:30 Afternoon workout - AR<br>2:30 Happy Hour - P                                               | 10<br>9:30 Caring for the Finches- LR<br>10:30 Chair Chi - AR<br>11:00 Trivia -AR<br>1:30 Bingo - AR<br>3:00 Wii Bowling or TV trivia - LR                              |
| Outing to Church 11<br>9:00 Assumption Church<br>10:00 Catholic Mass CH:43 - T<br>10:30 Exercise - AR<br>11:00 Word Scramble - AR<br>1:30 Meet Carla the New Life Enrichment team member - P<br>3:00 Movie of your choice - T | Holiday Take Down 12<br>10:00 Outing: Dollar Tree<br>10:30 Moves with Marion - AR<br>11:00 Fill in the Blank -AR<br>1:30 - Healthcare with Madison from CorsoCare - P<br>2:30 Holiday Take Down around the Building<br>3:00 Book Club - L | 13<br>9:30 Nail Care - AR<br>11:30 Parkinson Lunch and Learn - P<br>1:30 Laughter Yoga with Gina- AR<br>2:30 Seated Workout - AR<br>3:30 Head Band Game - AR                       | Casino Night 14<br>10:30 Exercise - AR<br>11:00 Trivia -AR<br>1:00 Shoulder Massage - T<br>2:00 Ladies Tea - P<br>3:30 Poker - B<br>6:30 Casino Night - P              | 15<br>10:30 Morning Exercise- AR<br>11:00 Guess the Clue - AR<br>1:30 Music with Melissa - AR<br>3:00 Bingo - AR<br>6:30 Social hour with Vicki - AR          | 16<br>9:30 Conversation over Coffee - B<br>10:00 Rosary - L<br>10:30 Morning Moves - AR<br>11:00 TV Trivia - LR<br>1:30 Afternoon workout - AR<br>2:30 Happy Hour - P<br>4:00 Activity Packet - FD | 17<br>9:30 Music and Manicures - AR<br>10:30 Stretches -AR<br>11:00 Church Music and Message from Broadview Ht Baptist - AR<br>1:30 Bingo - AR<br>3:00 Trivia Hour - AR |
| 18<br>10:00 Catholic Mass CH 43 - T<br>10:30 Exercise AR<br>11:00 Trivia - AR<br>1:30 Root Beer Floats<br>3:00 Indoor Bowling or Corn Hole - AR                                                                               | 19<br>10:30 Moves with Marion - AR<br>11:00 Fill in the Blank -AR<br>1:30 Food Council - P<br>2:30 Yarn Club - AR<br>3:00 Book Club - L                                                                                                   | 20<br>9:00 Communion - T<br>10:30 Chair Chi - AR<br>11:00 Trivia -AR<br>2:30 Seated Tap - LR<br>3:30 Activity Meeting " Let's Discuss February's Calendar - P                      | Travel Event 21<br>10:30 Morning Moves - AR<br>11:00 Trivia - Vietnam - AR<br>1:00 Shoulder Massage - AR<br>2:30 Travel Through Taste to Vietnam - P<br>3:30 Poker - P | 22<br>10:30 Morning Moves- AR<br>11:00 Holiday Trivia - AR<br>1:30 Resident Council - P<br>3:00 Bingo - AR<br>6:30 Social hour with Victoria and friends - AR | 23<br>9:00 Donuts- B<br>10:30 Catholic Mass - T<br>11:00 TV Trivia - LR<br>2:30 Happy Hour with Tony M. We are celebrating everyone's birthday for the month - P                                   | 24<br>9:30 Caring for the Finches- LR<br>10:30 Chair Chi - AR<br>11:00 Trivia -AR<br>1:30 Bingo - AR<br>3:00 Wii Bowling - LR                                           |
| 25<br>10:00 Catholic Mass CH 43- T<br>10:30 Exercise -AR<br>11:00 Trivia - AR<br>1:00 Browns Game - P<br>3:00 Sunday Movie - T                                                                                                | Support Group 26<br>10:30 Moves with Marion - AR<br>11:00 Trivia - AR<br>1:30 Iced Coffee with Activity Team - P<br>3:00 Book Club - L<br>4:00 Dementia Support Group in the Library                                                      | 27<br>10:30 Chair Chi - AR<br>11:00 Guess the Clue - AR<br>1:00 Nail Care - AR<br>2:30. Dianne and Fred Seated Dance Performance - AR<br>Join in for laughs, fun and learning - AR | Cerino -Lunch Outing 28<br>10:30 Exercise - AR<br>11:00 Trivia - AR<br>12:00 Cerino Lunch Outing<br>1:30 Shoulder Massage - T<br>3:30 Poker - P<br>6:30 Bingo - AR     | 29<br>10:30 Moves to Music - AR<br>11:00 Guess the Clue - AR<br>1:30 Bingo - AR<br>3:00 Headband Game - B<br>4:00 Social hour before dinner - B               | 30<br>9:30 Conversation over Coffee - B<br>10:00 Rosary - L<br>10:30 Morning Moves - AR<br>11:00 TV Trivia - LR<br>1:30 Afternoon Moves - AR<br>2:30 Happy Hour - P<br>4:00 Activity Packet - FD   | 31<br>10:30 Morning Exercise - AR<br>11:00 Trivia - AR<br>1:30 Bingo - AR<br>3:00 Saturday Flick with popcorn - T                                                       |

Calendar Key:  
B - Bistro  
P - Pub  
FD - Front Desk

LR - Second FL Livingroom  
FL – Front Lobby  
BP - Back Pato  
AR - Activity Room

GR - Game Room  
L – Library  
DR - Dining Room

Birthdays:  
Sally G January 7th  
Dolores H January 12<sup>th</sup>  
Victoria M January 19<sup>th</sup>

Alice M January 21<sup>st</sup>  
Rita L January 24<sup>th</sup>  
Stella R January 27<sup>th</sup>

