

## January 2026

Life Enrichment Monthly Calendar

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>Happy New Year!</b> 1 9:30 Let's Read the Chronicle! 10:00 Cardio Drumming 11:00 Brain Games 1:00 Color & Conversation 2:00 Travel Video 3:00 Art Group with Cindy 6:00 Aqua Painting 7:00 Snack Cart Pass	<b>Ice Cream Social</b> 2 9:30 Let's Read the Chronicle! 10:00 Balloon Volleyball 10:30 Table Talk 1:00 Word Games 2:00 Ice Cream Social 3:00 SingFit! 6:00 Armchair Travel 7:00 Snack Cart Pass	<b>Aqua Painting</b> 3 10:15 Saturday Sitcom 11:00 Conversation Cards 12:30 1:1 Visits 1:30 Aqua Painting 2:30 Brain Games 6:00 Color & Company 7:00 Snack Cart Pass
<b>Worship Service</b> 4 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass	<b>Manicures &amp; More</b> 5 9:30 Let's Read the Chronicle! 10:00 Morning Stretch 10:30 Whiteboard Word Games 12:30 1:1 Visits 1:00 Art Group w/Cindy 3:30 Monday Manicures & More 6:00 SingFit 7:00 Snack Cart Pass	<b>Susan &amp; Levi</b> 6 9:30 Let's Read the Chronicle! 10:00 Brain Games 11:00 Exercise w/Sheila! 1:00 Volunteer Visits 2:00 Afternoon Athletics 3:00 Music w/Susan & Levi 6:00 Singfit w/Sheila 7:00 Snack Cart Pass	<b>Bingo!</b> 7 9:30 Let's Read the Chronicle! 10:00 Good News 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Water Painting 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	<b>Baking Club</b> 8 9:30 Let's Read the Chronicle! 10:00 Cardio Drumming 10:30 Brain Games 1:00 Baking Club 2:00 Happy Hour 3:00 Aqua Painting 6:00 SingFit! 7:00 Snack Cart Pass	<b>Ice Cream Social</b> 9 9:30 Let's Read the Chronicle! 10:00 Balloon Volleyball 10:30 Table Talk 1:00 Word Games 2:00 Ice Cream Social 3:00 SingFit! 6:00 Armchair Travel 7:00 Snack Cart Pass	<b>Aqua Painting</b> 10 10:15 Saturday Sitcom 11:00 Conversation Cards 12:30 1:1 Visits 1:30 Aqua Painting 2:30 Chair Dancing 6:00 Music Enjoyment 7:00 Snack Cart Pass
<b>Worship Service</b> 11 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass	<b>Marlynda!</b> 12 9:30 Let's Read the Chronicle! 10:00 Morning Stretch 10:30 Whiteboard Word Games 12:30 1:1 Visits 1:00 Art Group w/Cindy 2:00 Monday Manicures & More 3:00 Music w/Marlynda 6:00 SingFit 7:00 Snack Cart Pass	<b>Scenic Drive</b> 13 9:30 Let's Read the Chronicle! 10:00 Brain Games 11:00 Exercise w/Sheila! 1:00 Scenic Drive 2:00 Catholic Mass (P) 3:00 Afternoon Athletics 6:00 Singfit w/Sheila 7:00 Snack Cart Pass	<b>Bingo!</b> 14 9:30 Let's Read the Chronicle! 10:00 Good News 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Water Painting 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	<b>Decorating Time</b> 15 9:30 Let's Read the Chronicle! 10:00 Cardio Drumming 11:00 Brain Games 1:00 Baking Club 2:00 Happy Hour w/ Decorating Time 3:00 Aqua Painting 6:00 SingFit! 7:00 Snack Cart Pass	<b>Ice Cream Social</b> 16 9:30 Let's Read the Chronicle! 10:00 Balloon Volleyball 10:30 Table Talk 1:00 Word Games 2:00 Ice Cream Social 3:00 SingFit! 6:00 Armchair Travel 7:00 Snack Cart Pass	<b>Aqua Painting</b> 17 10:15 Saturday Sitcom 11:00 Conversation Cards 12:30 1:1 Visits 1:30 Aqua Painting 2:30 Brain Games 6:00 Color & Company 7:00 Snack Cart Pass
<b>Worship Service</b> 18 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass	<b>Abraham!</b> 19 9:30 Let's Read the Chronicle! 10:00 Morning Stretch 10:30 Whiteboard Word Games 12:30 1:1 Visits 1:00 Art Group w/Cindy 3:00 Music w/Abraham! 6:00 Monday Manicures & More 7:00 Snack Cart Pass	<b>Susan &amp; Levi</b> 20 9:30 Let's Read the Chronicle! 10:00 Brain Games 11:00 Bus Leaves for Angelina's 1:00 Volunteer Visits 2:00 Afternoon Athletics 3:00 Music w/Susan & Levi 6:00 Singfit w/Sheila 7:00 Snack Cart Pass	<b>Bingo!</b> 21 9:30 Let's Read the Chronicle! 10:00 Good News 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 January Birthday Party! 3:00 Bingo! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	<b>Baking Club</b> 22 9:30 Let's Read the Chronicle! 10:00 Cardio Drumming 11:00 Brain Games 1:00 Baking Club 2:00 Happy Hour 3:00 Aqua Painting 6:00 SingFit! 7:00 Snack Cart Pass	<b>Ice Cream Social</b> 23 9:30 Let's Read the Chronicle! 10:00 Balloon Volleyball 10:30 Table Talk 1:00 Word Games 2:00 Ice Cream Social 3:00 SingFit! 6:00 Armchair Travel 7:00 Snack Cart Pass	<b>Aqua Painting</b> 24 10:15 Saturday Sitcom 11:00 Conversation Cards 12:30 1:1 Visits 1:30 Aqua Painting 2:30 Brain Games 6:00 Music Enjoyment 7:00 Snack Cart Pass
<b>Worship Service</b> 25 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Puzzling Puzzles 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass	<b>Tom Adams!</b> 26 9:30 Let's Read the Chronicle! 10:00 Morning Stretch 10:30 Whiteboard Word Games 12:30 1:1 Visits 1:00 Art Group w/Cindy 3:00 Music w/Tom Adams! 6:00 Monday Manicures & More 7:00 Snack Cart Pass	<b>Afternoon Athletics</b> 27 9:30 Let's Read the Chronicle! 10:00 Brain Games 11:00 Exercise w/Sheila! 1:00 Volunteer Visits 2:00 Board Games 3:00 Afternoon Athletics 6:00 SingFit w/Sheila 7:00 Snack Cart Pass	<b>Bingo!</b> 28 9:30 Let's Read the Chronicle! 10:00 Good News! 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Water Painting 6:00 Puzzling Puzzles 7:00 Snack Cart Pass	<b>Baking Club</b> 29 9:30 Let's Read the Chronicle! 10:00 Cardio Drumming 11:00 Brain Games 1:00 Baking Club 2:00 Happy Hour 3:00 Aqua Painting 6:00 SingFit! 7:00 Snack Cart Pass	<b>Ice Cream Social</b> 30 9:30 Let's Read the Chronicle! 10:00 Balloon Volleyball 10:30 Table Talk 1:00 Word Games 2:00 Ice Cream Social 3:00 SingFit! 6:00 Armchair Travel 7:00 Snack Cart Pass	<b>Aqua Painting</b> 31 10:15 Saturday Sitcom 11:00 Conversation Cards 12:30 1:1 Visits 1:30 Aqua Painting 2:30 Brain Games 6:00 Color & Company 7:00 Snack Cart Pass

Calendar Key: