

JANUARY 2026

Life Enrichment Monthly Calendar

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Happy New Year 10:00 Giant Balloon Volley to music 11:00 Left-Right-Center 2:30 Winter crafting with Isabella: Build a Snowman 7:00 Evening winddown	Spelling Bee 10:00 Morning Dance Party 11:00 Simple Joys: Hot Coffee & Blankets 2:00 Spelling Bee 3:30 Afternoon devotions 7:00 Evening winddown	Let's Play Yahtzee 10:00 Saturday morning Chair Chi exercise 11:00 Let's play Yahtzee with Jamie 2:00 Five Card Flip after lunch 7:00 Evening winddown
Trivia Day 4 8:00 Catholic Mass on TV 10:00 Classic Gunsmoke episodes on TV 1:00 Browns vs. Bengals 3:00 Trivia with Isabella 3:30 Manicures to music 7:00 Evening winddown	"Un-deck" the Halls 10:00 Morning exercise 11:00 Help Kathy take down Christmas decorations 2:00 Continue w/ holiday cleanup 7:00 Evening winddown	Family Night 10:00 Countdown followed by morning exercise 11:00 Baking: Orange Spice dump cake 2:00 Simple Joys: Stories, blankets, & cake 6:30 Family Night Meeting	Music Therapist 10:00 Morning stretch 11:00 Whiteboard word games 1:45 Music Therapy with Melissa 3:00 Poems of Winter 7:00 Evening winddown	Elvis' Birthday 10:00 Balloon Floor Hockey 11:00 Pastor Shaun's Bible message 2:00 "Elvis Music Bingo" 3:00 Therapy Dog Visit 7:00 Evening winddown	Intergenerational Fun 10:30 Artful Living & Learning Intergenerational program at our place 2:00 Friday afternoon movie matinee: "Snow Dogs" 7:00 Evening winddown	Hoot Club 10:00 Morning exercise 11:00 Winter Tic-Tac-Toe 2:00 Sensory: Hair brushing 3:00 Laugh til you cry at "Hoot Club" 7:00 Evening winddown
Snowflake Week 11 8:00 Catholic Mass on TV 10:00 Morning exercise 11:00 Snowflake Art Party 2:30 Reading: "Snowflake Bentley" 3:30 Afternoon devotions 7:00 Evening winddown	Birthday Party 10:00 Morning exercise 11:00 Hang our beautiful "Snowflake Art" 2:00 Snowball fight! 3:00 Monthly Birthday celebration 7:00 Evening winddown	Winter Spa Day 10:00 Morning exercise 11:00 Baking: "Lemon Snowflake Cookies" 2:00 Sensory: "Winter Spa Day" & enjoy our cookies 7:00 Evening winddown	Snowy Movie 10:00 Morning stretch 11:00 Whiteboard games 2:30 Simple joys: Popcorn & movie "The Lion, the Witch, & the Wardrobe" 7:00 Evening winddown	Travel Club 10:00 Balloon Badminton 11:00 Pastor Shaun's Bible message 2:00 Travel Club: Visit Denali National Park 3:00 Cut out snowflakes 7:00 Evening winddown	Tim Leali Entertains 10:00 Morning Dance Party 11:00 Singalong with Instruments 2:00 Tim Leali entertains in AL Main DR 7:00 Evening winddown	Snowflake Day 10:00 Balloon volley to music 11:00 Dice game w/Kathy 2:00 Make "Craft Stick Snowflakes" 3:00 Hymn Sing w/Kathy 7:00 Evening winddown
Dulcimer Music 18 8:00 Catholic Mass on TV 10:00 Classic TV episodes 2:00 Let's play POKENO after lunch 3:00 Dulcimer music with Tim 7:00 Evening winddown	Morrie's Place 10:00 Morning exercise 11:00 Leave for lunch at Morrie's Place 2:30 Start working on "Wall of Hope & Joy" project 7:00 Evening winddown	Wall of Hope & Joy 10:00 Morning exercise 11:00 Simple joys: "Hope through Jesus" devotions 2:00 Continue working on Wall of Hope & Joy 7:00 Evening winddown	Whiteboard Games 10:00 Morning Stretch 11:00 Whiteboard word games 1:45 Music Therapy with Melissa 3:00 Hang "Wall of Hope & Joy" project 7:00 Evening winddown	Let's Go Bowling 10:00 Let's go Bowling 11:00 Pastor Shaun 2:30 Travel Club: visit Grand Canyon NP 3:30 Sensory: working with air-dry clay 7:00 Evening winddown	Drum Circle 10:00 Morning Dance Party 11:00 Make "Winter Kindness Cards" 2:30 Join our Rockin' Drum Circle 7:00 Evening winddown	Belly Laugh Day 10:00 Morning exercise 11:00 Crazy 8s and Old Maid Card games 2:00 Humorous jokes & stories to make you "belly laugh" 7:00 Evening winddown
Sunday Chair Chi 25 8:00 Catholic Mass on TV 10:00 Sunday morning Chair Chi exercise 11:00 UNO with Jamie 2:00 Five Card Flip after lunch 7:00 Evening winddown	Sport & Game Day 10:00 Morning exercise 11:00 "Chicken Soup for the Soul" stories 2:00 Sports and Games after lunch 3:30 Manicures to music 7:00 Evening winddown	Hot Cocoa Cookies 10:00 Morning exercise 11:00 Baking: Hot Cocoa Cookies 2:00 Play Winter Bingo & enjoy cocoa cookies 3:00 Afternoon devotions 7:00 Evening winddown	Polish-American Club 10:00 Morning exercise 11:30 Leave for dancing at Polish-American Club 2:30 Movie matinee after lunch 7:00 Evening winddown	Visit Yellowstone 10:00 Balloon Badminton 11:00 Pastor Shaun's Bible message 2:30 Travel Club: visit Yellowstone NP 3:30 Use the CLEAN Wall 7:00 Evening winddown	Tom Adams Sings 10:00 Morning Dance Party 11:00 Hymn Sing and Devotions w/Kathy 2:00 Tom Adams sings & plays guitar-AL DR 7:00 Evening winddown	Coca-Cola Day 10:00 Morning exercise 11:00 Sensory: air-dry modeling clay 2:30 Simple joys: Enjoy a refreshing Coke float! 7:00 Evening winddown

Calendar Key:

B – AL Bistro

C – Community Wide

CR – ALCommunity Room

DR – AL Main Dining Room

FL – Front Lobby

S – AL Sports Lounge

O – Outing

CY – Courtyard

January Birthdays:

Bob S. – January 17th
Joan C. – January 27th