

L/R - Living Room

H/S - Hair Salon

January 2026 Life Enrichment Monthly Calendar

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1					New Year's Day 10:00 a.m DCD 10:30 a.m Prayer Requests/Resolution Discussion L/R 2:00 p.m Cooking w/ Friends D/R 3:00 p.m Christmas Takedown	2 10:00 a.m Daily Chronicle Delivery 10:30 a.m Bingo C/R 2:30 p.m Community Compliments L/R 3:00 p.m Happy Hour TBA	3 10:00 a.m Daily Chronicle Delivery 10:00 a.m Euchre Club C/R 2:00 p.m Dominoes C/R 3:00 p.m Movie Night C/R
1	10:00 a.m Daily Chronicle Delivery 10:30 a.m ODB 10:45 a.m Community Church C/R 2:00 p.m Cleaning Day C/R	3:45 p.m Friends & Family	Salon Day 10:00 a.m Daily Chronicle Delivery 10:30 a.m Chair Aerobics W/Bobbie D/R 2:00 p.m Name That C/R 3:00 p.m Coloring w/ Friends C/R	7 10:00 a.m Daily Chronicle Delivery 10:30 a.m Nail Salon 2:00 p.m Left, Right, & Center C/R 3:00 p.m Women's Group C/R	10:00 a.m DCD 10:30 a.m Dominoes C/R 2:00 p.m Unshakable Hope Bible Study C/R 3:00 p.m Prayer Requests and Worship C/R	Law Enforcement 9 Appreciation Day 10:00 a.m DCD 10:30 a.m Bingo C/R 2:00 p.m Traffic Stop Trivia C/R 3:00 p.m Happy Hour W/Kevin Bendele	10:00 a.m DCD 10:00 a.m Euchre Club C/R 10:30 a.m Nail Salon 2:00 p.m Book Club C/R 3:00 p.m Movie Night C/R
	2.30 p.iii. I diiitiiig witti	10:00 a.m Daily Chronicle Delivery 11:00 a.m AHS Gametime C/R 2:00 p.m Card Bingo C/R 3:00 p.m Spintopia C/R	Salon Day 10:00 a.m DCD 10:30 a.m Catholic Mass C/R 2:00 p.m Cardio Drumming C/R 3:00 p.m Tea & Trivia C/R 6:30 p.m Family Night Bingo D/R		National Hat Day 15 10:00 a.m Daily Chronicle Delivery 10:30 a.m Balloon Volleyball C/R 2:00 p.m Cooking w/ Friends M/C 3:00 p.m Pokeno C/R	10:00 a.m Daily Chronicle Delivery 10:30 a.m Bingo C/R 2:00 p.m Prayer Requests L/R 3:00 p.m Happy Hour TBA	17 10:00 a.m Daily Chronicle Delivery 10:00 a.m Euchre Club C/R 2:00 p.m Trivia w/ Refreshments C/R 3:00 p.m Movie Night C/R
1	10:00 a.m Daily Chronicle Delivery 10:30 a.m ODB 10:45 a.m Community Church C/R 2:00 p.m Dominoes C/R	Martin Luther King Day 19 10:00 a.m Daily Chronicle Delivery 11:00 a.m AHS Gametime/MLK Trivia C/R 2:00 p.m MLK Speech & Discussion C/R 3:00 p.m MLK Mobile Cart	Salon Day 10:00 a.m DCD 10:30 a.m Chair Aerobics w/ Bobbie D/R 2:00 p.m LTCO Guest Speaker C/R 3:00 p.m Spintopia C/R		10:00 a.m DCD 10:30 a.m Left, Right, & Center C/R 2:00 p.m Unshakable Hope Bible Study C/R 3:00 p.m Prayer Warriors C/R	10:00 a.m Daily Chronicle Delivery 10:30 a.m Bingo C/R 2:00 p.m Riddle of the Week L/R 3:00 p.m Happy Hour Comedy StyleTBA	10:00 a.m DCD 10:00 a.m Euchre Club C/R 10:30 a.m Nail Salon 2:00 p.m Cardio Drumming C/R 3:00 p.m Movie Night C/R
		Nat'l Activities Week 26 10:00 a.m Daily Chronicle Delivery 11:00 a.m AHS Gametime C/R 2:30 p.m Root beer Floats AHS Varsity B-ball - C/R 3:00 p.m Spintopia	10:00 a.m Daily Chronicle Delivery 10:30 a.mThe Price is Right C/R 2:00 p.m Nuts & Bolts W/Steve C/R	10:30 a.m Nail Salon 2:00 p.m Party Set-Up C/R 3:00 p.m Monthly Birthday Party/Welcome New	2:00 p.m Cooking with Friends D/R 3:00 p.m Puzzle Riddles	10:00 a.m Daily Chronicle Delivery 10:30 a.m Bingo C/R 2:00 p.m Afternoon Stretches TBA 3:00 p.m Happy Hour TBA	10:00 a.m DCD 10:00 a.m Euchre Club C/R 10:30 a.m Jeopardy Competition C/R 2:00 p.m Spoons C/R 3:00 p.m Movie Night C/R
	Calender Key: D/R - Dining Room C/R - Community Room	B/P - Back Porch F/P - Front Porch M/C - Memory Care		Birthdays: Joan N 4th Mark O 29th		Reminder: Daily Stretches in L/R @ 9:00 a.m.	ARBOR GROVE BY STORYPOINT GROUP