

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day 9:30 This Day in History (LR) 10:30 Cardio Drumming (FR) 1:00 Sing Along (LR) 2:30 Noodle Ball (LR)	2 9:30 Coffee & Chronicles (LR) 10:30 Seated Yoga (FR) 1:00 Colors and Cognition (LR) 2:30 Mixing Mocktails Happy Hour (BP) 3:30 Manicures & Hand Massages (LR)	3 10:30 Noodle Ball (LR) 2:00 BINGO (B & LR) 3:00 Sing Along (LR) 6:00 Travel Vlog (LR)
4 10:30 Princeton Pike Livestream (LR) 1:00 Table Topics (LR) 3:30 Colors and Cognition (LR) 6:00 Sunday Night Movie (LR)	5 10:30 Monday Music & Moves (LR) 10:30 St. John's Communion (T) 1:00 Sing Along (LR) 2:30 Reading Circle (LR) 3:30 6:00 Monday Meditation (LR)	6 9:30 Current Events & Convos (LR) 10:30 Seated Zumba (FR) 1:00 Chair Volleyball (LR) 2:30 Winter Word Unscramble (BP) 3:30 Ice Cream Social (LR)	7 10:00 SilverSneakers (FR) 1:00 Table Topics (BP) 2:30 January Jeopardy (LR) 3:30 Candy Bar BINGO (LR) 6:00 Evening Wind Down with Caregivers (LR)	8 9:30 This Day in History (LR) 10:30 Cardio Drumming - Elvis (FR) 1:00 Elvis Presley Trivia Hour (LR) 2:30 Baking Group: Peanut Butter Fluffernutters (DR) 3:30 Movie Matinee; ELVIS (LR)	9 9:30 Coffee & Chronicles (LR) 10:30 Octoband Exercise (FR) 1:00 Pictionary Charades Whiteboard Game (LR) 2:30 Mixing Mocktails Happy Hour (BP) 3:30 Manicures & Hand Massages (LR)	10 10:30 Noodle Ball (LR) 2:00 BINGO (B & LR) 3:00 Sing Along (LR) 6:00 Walking Tour Video (LR)
11 10:30 Princeton Pike Livestream (LR) 1:00 Table Topics (LR) 3:30 Colors and Cognition (LR) 6:00 Sunday Night Movie (LR)	12 10:00 Outing: Kitty Brew Cat Cafe 10:30 St. John's Communion (T) 1:00 Sing Along (LR) 2:30 Reading Circle (LR) 3:30 Craft Corner: Watercolor Painting (BP)	13 9:30 Current Events & Convos (LR) 10:30 Seated Zumba (FR) 1:00 Cornhole (LR) 2:30 Rubber Duckie Day Duck Duck Goose (B) 3:30 Toss & Talk Ball (LR)	14 10:00 Octoband Workout (FR) 1:00 Game Hour: Tenzi (BP) 2:30 ABC Challenge Trivia (LR) 3:30 Candy Bar BINGO (LR) 6:00 Evening Wind Down with Caregivers (LR)	15 9:30 This Day in History (LR) 10:30 Line Dancing with Erica FR) 1:00 Game Hour: Jenga (BP) 2:30 Out of Neighborhood Walking Club (LR) 3:30 Music Bingo (LR)	16 9:30 Coffee & Chronicles (LR) 10:30 Seated Yoga (FR) 1:00 Colors and Cognition (LR) 2:30 Mixing Mocktail Happy Hour (BP) 3:30 Manicures & Hand Massages (LR)	17 10:30 Noodle Ball (LR) 2:00 BINGO (B & LR) 3:00 Sing Along (LR) 6:00 Travel Vlog (LR)
18 10:30 Princeton Pike Livestream (LR) 1:00 Table Topics (LR) 3:30 Colors and Cognition (LR) 6:00 Sunday Night Movie (LR)	MLK Day 19 10:30 Monday Music & Moves (LR) 10:30 St. John's Communion (T) 1:00 This Day in History - MLK Day 2:30 Reading Circle (LR) 3:30	20 9:30 Current Events & Convos (LR) 10:30 Seated Zumba (FR) 1:00 Dance Party (LR) 2:30 Out of Neighborhood Walking Club (LR) 3:30 Walking Club (BP)	21 10:00 SilverSneakers (FR) 1:00 Game Hour: Po-Ken-O (BP) 2:30 Name That Tune (LR) 3:00 Candy Bar BINGO (LR) 5:00 Family Night - Craft Mocktails and Conversation Cards (LR)	22 9:30 This Day in History (LR) 10:30 Cardio Drumming (FR) 1:00 Baking Group: No Bake Cookies (DR) 2:30 Noodle Ball (LR) 3:30 Mad Lubs & Finish the Phrase (LR)	23 9:30 Coffee & Chronicles (LR) 10:30 Octoband Exercise (FR) 1:00 Colors and Cognition (LR) 2:30 Mixing Mocktail Happy Hour (BP) 3:30 Manicures & Hand Massages (LR)	24 10:30 Noodle Ball (LR) 2:00 BINGO (B & LR) 3:00 Sing Along (LR) 6:00 Walking Tour Video (LR)
25 10:30 Princeton Pike Livestream (LR) 1:00 Table Topics (LR) 3:30 Colors and Cognition (LR) 6:00 Sunday Night Movie (LR)	26 10:00 Outing: Bus Bingo & Scenic Drive 10:30 St. John's Communion (T) 1:00 Sing Along (LR) 2:30 Sorting & Organizing (LR) 3:30	27 9:30 Current Events & Convos (LR) 10:30 Seated Zumba (FR) 1:00 Ladderball (LR) 2:30 Craft Corner: Paper Snowflakes (LR) 3:30 Poetry Reading (BP)	28 10:00 Octoband Workout (FR) 1:00 Game Hour: Dart Ball (BP) 2:30 Recipe Recall Trivia (LR) 3:30 Candy Bar BINGO (LR) 6:00 Evening Wind Down with Caregivers (LR)	29 9:30 This Day in History (LR) 10:30 Line Dancing with Erica (FR) 1:00 Game Hour: Dominos (BP) 2:30 Out of Neighborhood Walking Club (LR) 3:30 Music Bingo (LR)	30 9:30 Coffee & Chronicles (LR) 10:30 Seated Yoga (FR) 1:00 Chicken Noodle Soup Stories (BP) 2:30 Travelogue: Rick Steves (LR) 3:00 January Birthday Party in AL (B) 3:30 Manicures & Hand Massages (LR)	31 10:30 Noodle Ball (LR) 2:00 BINGO (B & LR) 3:00 Sing Along (LR) 6:00 Walking Tour Video (LR)