

JANUARY 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:00 Daily Chronicle 10:30 Prep Warming Towels 11:00 Stretching & Balancing 12:30 Rosco Visits 1:00 Pet Therapy with Gus 2:00 Blender Bliss 3:00 Getting Crafty 6:00 Sensory Activity	1 9:00 Exercise with Autumn 10:30 St Joseph Church 1:00 Creative Crafting 2:00 25 Weird Facts 3:00 Happy Hour 5:30 Friday Fidgets 6:00 Friday Flicks/Essential Oils	2 3 10:00 Daily Chronicle 11:00 Morning Stretch 2:30 Kevin Adair Comedy Show 6:00 Saturday Night Movie/Warming Blankets
4 10:00 Daily Chronicle 11:00 Sunday Service 1:00 Rock the Block 2:00 Sing Along with Brad 6:00 Coloring/Relaxing Sounds	5 10:00 Daily Chronicle 10:30 Sit to be Fit 11:00 Deep Clean - Placemats 1:30 Candy Dice Game 3:00 Monday Manicures 5:30 Random Pieces 6:00 Relaxing Music/Aromatherapy	6 10:00 Daily Chronicle 10:30 Move to the Music 11:00 Kings Cake & Coffee 1:30 Heather Performs 2:30 Treat Cart 3:30 Getting Crafty 6:00 Easy Listening/Warming Blankets	7 10:00 Daily Chronicle 10:30 Tai Chi 11:00 Monthly Meeting 12:30 After Lunch Cleanup 1:00 Reading with Friends 2:00 Kitchen Creations 3:00 Seated Volleyball 5:30 Dice BINGO 6:00 SCENTsational Sounds	8 10:00 Daily Chronicle 10:30 Improve Your Flexibility 11:00 Office Help 12:30 Rosco Visits 1:00 Pet Therapy with Gus 2:00 Joe Nuccio Performs 3:00 Celebrating the King of Rock & Roll Party 5:30 Salt Painting 6:00 Puzzles/Relaxing Sounds	9 10:00 Exercise with Autumn 10:30 Daily Chronicle 11:00 Counting Coins 1:00 Cranium Crunches 2:00 Joe from Senior Moments 3:00 Happy Hour 5:30 Riddle Me This 6:00 Star Gazing/Essential Oils	10 10:00 Daily Chronicle 11:00 Morning Stretch 2:30 Tony Kawalkowski Violin Show 6:00 Coloring/Warming Blankets
11 10:00 Daily Chronicle 11:00 Sunday Service 1:00 Classic TV 2:00 Bean Bag Toss 6:00 Puzzles	12 10:00 Daily Chronicle 11:00 Time to Sparkle & Shine 1:00 Moo-La Palooza 2:00 Snowball Fight 3:00 Monday Manicures 5:30 Beat That Dice Game 6:00 Audio Book/Shoulder Massages	13 10:00 Daily Chronicle 10:30 Iced Vanilla Lattes 11:00 Morning Stretch 1:30 Elis Olson Performs 2:00 Rubber Duck Day Game 3:00 Random Pieces 6:00 Armchair Travels	14 10:00 Donuts & Daily Chronicle 10:30 Tai Chi 11:30 Matching & Sorting 1:00 Reading with Friends 2:00 Would You Rather 3:00 A Twist on TWISTER 5:30 After Dinner Cleanup 6:00 SCENTsational Sounds	15 10:00 Daily Chronicle 10:30 B-Fit 11:00 Folding Laundry 12:30 Rosco Visits 1:00 Pet Therapy with Gus 1:30 Rock the Block 2:00 Yan Performs 3:00 Chef Demo 3:00 Getting Crafty 5:30 Skee Ball 6:00 Star Gazing/Essential Oils	16 10:00 Exercise with Autumn 10:30 Daily Chronicle 11:00 Polishing Silverware 1:00 Treat Cart 2:00 Yan Performs 3:00 Happy Hour Golden Girls 5:30 This & That 6:00 Tandem Puzzles	17 10:00 Daily Chronicle 11:00 Morning Stretch 2:30 Stan Karcz Sings 6:00 Construct a Puzzle
18 10:00 Daily Chronicle 11:00 Sunday Service 1:00 Classic TV 1:00 Clay Play 6:00 Sing Along with Susie Q	19 10:00 Drum Circle with Lucas 11:00 Sorting by Colors 1:30 Daily Chronicle & Fun Facts 2:30 Science Time 3:00 Manicures/Warming Towels 5:30 MLK Documentary 6:00 Window Watching	20 10:00 Daily Chronicle 10:30 Chair Fitness 11:00 Wet Your Whistle 1:00 Laundry Time 1:30 Penguin Plunge 2:30 Treat Cart 3:00 BINGO 6:00 Nature Landscapes	21 10:00 Daily Chronicle 10:30 Tai Chi 11:30 Folding Laundry 1:00 Reading with Friends 2:00 Winter High Tea 3:00 Let's Bake Cookies 5:30 Black Jack Dice Game 6:00 Essential Oils/Coloring	22 10:00 Daily Chronicle 10:30 Prep Warming Towels 11:00 Stretching & Balancing 12:30 Rosco Visits 1:00 Pet Therapy with Gus 2:00 Kitchen Creations 3:00 Game Time 5:30 Wipe Out 6:00 Sensory Activity	23 10:00 Exercise with Autumn 10:30 Daily Chronicle 11:00 Pairing Socks 1:00 Creative Crafting 2:00 Karaoke 3:00 Happy Hour Pie Day! 5:30 Snowball Toss 6:00 SCENTsational Sounds	24 10:00 Daily Chronicle 11:00 Morning Stretch 2:30 Deane & Layni Myers Perform 6:00 Saturday Night Movie
25 10:00 Daily Chronicle 11:00 Sunday Service 1:00 Sing Along with Brad 2:00 Water Colors 6:00 Nature Landscapes/Relaxing Music	26 10:00 Daily Chronicle 10:30 Sit to be Fit 11:00 Office Work 1:00 Manicures 2:00 BINGO 3:00 Oldies but Goodies - Sing Along 5:30 Fun Facts - Everyday Things 6:00 Armchair Travels	27 10:00 Daily Chronicle 10:30 Let's Get Physical 11:00 Folding Laundry 1:30 Janet & Grant Perform 2:30 Treat Cart 3:30 Brain Floss 6:00 Great Art Explained	28 10:00 Daily Chronicle 10:30 Tai Chi 11:30 Counting Coins 1:00 Reading with Friends 2:00 Snowman Snow Globe Craft 3:00 Guess the Sound 5:30 Tug of War 6:00 SCENTsational Sounds	29 10:00 Daily Chronicle 10:30 Sit to be Fit 11:00 Deep Clean - Placemats 12:30 Rosco Visits 1:00 Pet Therapy with Gus 2:00 Kitchen Creations 3:00 Craft Time 5:30 Random Pieces 6:00 Name That Tune	30 10:00 Exercise with Autumn 10:30 Daily Chronicle 11:00 Wet Your Whistle 1:00 EZ Does it Trivia 2:00 Creative Crafting 3:00 Happy Hour Birthday Bash 5:30 M & M Game 6:00 Easy Listening/Warming Blankets	31 10:00 Daily Chronicle 11:00 Morning Stretch 2:30 Chris Minardi & Lisa Marie Pedicone Perform 6:00 Saturday Night Movie/Warming Blankets