

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 1:30pm Fresh Start Planting Party & Juice Bar 6:00pm Adult Coloring	1 10:00am Daily Devotionals 10:30am Chair Volleyball 1:30pm Cooking Creation: Homemade Chocolate Bars (DR) 6:00pm Guided Meditation	2 10:00am Devotionals 10:30am Saturday Stretches 1:30pm Crafting Corner: Fridge Magnets (DR) 6:00pm Puzzle Wind-Down
4 10:30am Devotionals & Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils	5 10:30am Daily Devotionals 10:45am Brain Games 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo	6 10:00am Daily Devotionals 10:30am Toss & Tone 2:00pm Abominable Snow Cone Cart (RV) 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa	7 10:00am Devotions & Walking Club 1:30pm Music w/ Ricky Nalett (AL) 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	8 10:15am Daily Devotionals & Exercise 1:30pm Manicures 2:30pm Creature Chronicles 6:00pm Adult Coloring	9 10:00am Daily Devotionals 10:30am Chair Volleyball 3:00pm Popcorn Cart 6:00pm Guided Meditation	10 9:30am Devotionals & Saturday Stretches 2:00pm Hand Massages (RV) 6:00pm Puzzle Wind-Down
11 10:30am Devotionals & Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils	12 10:30am Daily Devotionals 10:45am Brain Games 2:45 Zumba w/ Margie 3:30pm Candy Bar Bingo	13 10:00am Daily Devotionals 10:30am Toss & Tone 12:45pm Planetarium Outing 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa	14 10:30am Devotions with Chaplain Grant 1:30pm Music w/ Jonathan Stars 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	15 10:15am Daily Devotionals & Exercise 1:30pm Manicures 3:00pm Resident Memorial Service (AL) 6:00pm Adult Coloring	16 10:00am Daily Devotionals 10:30am Chair Volleyball 1:30pm Get Your Snow off my Lawn Game 2:00pm Snow Making 6:00pm Guided Meditation	17 10:00am Devotionals 10:30am Saturday Stretches 1:30pm Crafting Corner: Whipped Body Butter 6:00pm Puzzle Wind-Down
18 11am & 1pm January Brunch Buffet (IV) 10:30am Devotionals & Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils	19 2:00pm MLK Trivia 2:45 Zumba w/ Margie 3:30pm Candy Bar Bingo (AL)	20 10:00am Daily Devotionals 10:30am Toss & Tone 2:00pm Winter Picnic (AL) 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa	21 10:00am Devotions w/ Chaplin Grant Music w/ Billy McAllister (AL) 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	22 10:15am Daily Devotionals & Exercise 1:00pm Catholic Mass (IV) 1:30pm Manicures 2:30pm Creature Chronicles 6:00pm Adult Coloring	23 10:00am Daily Devotionals 10:30am Chair Volleyball 2:00pm Winter Culinary Showcase 6:00pm Guided Meditation	24 9:30am Devotionals & Saturday Stretches 2:00pm Hand Massages (RV) 6:00pm Puzzle Wind-Down
25 10:30am Devotionals & Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils	26 10:30am Daily Devotionals 10:45am Brain Games 1:30 Tea Tasting w/ Jen 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo	27 10:00am Daily Devotionals 10:30am Toss & Tone 2:30pm Wood Carving Presentation (IV) 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa	28 10:00am Devotions & Walking Club 1:30pm Music w/ Jim Herman 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search	29 10:15am Daily Devotionals & Exercise 1:30pm Manicures 2:30pm Fact or Fiction 6:00pm Adult Coloring	30 10:00am Daily Devotionals 10:30am Chair Volleyball 2:00pm Karaoke & Dance Party (AL) 6:00pm Guided Meditation	31 10:00am Devotionals 10:30am Saturday Stretches 1:30pm Crafting Corner: Vase Painting 6:00pm Puzzle Wind-Down

Calendar Key:

AL - Assisted Living

IV - Independence Village

RV - Room Visits

CP- Connection Pods

P- Patio