

January 2026 - Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00- Exercise w/ Scarves 11:00- First Foot Day & Daily Chronicle 1:30 -Biscuits & Blessings Devotionals & Prayer Time 2:30- Beverage Cart 3:00-Corn Hole Game Evening Wind Down	2 10:00- Exercise 11:00- Topics: World Introvert Day & Daily Chronicle 2:00-3:00- Music w/ Gordon Taylor 2:30- Happy Hour Beverage Cart 3:30- Wood Puzzle Games 5:00- 6:30- (S) Mitten Painting Art	3 10:00- Exercise 11:00- Topic: J.R.R. Tolkien Day & Daily Chronicle 2:30- Beverage Cart 3:00- Chicken Soup For The Soul Pets Stories 3:30- Top Travel- Wonders of Canada - You Tube Channel Evening Wind Down Music
10:30 Topic: Trivia Day & Daily Chronicle 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Expedition Unknown - The American Revolution - You Tube Channel Evening Wind Down Music	5 10:00- Exercise w/ Ribbons 11:00-Topic: Whip Cream Day & Daily Chronicle 1:45- Music Therapy w/ Janeen 2:30- Beverage Cart 3:00- Art Cart- Snow Flake Canvas 3:30- Finish the Phrase Game Evening Wind Down	6 10:00- Exercise 11:00- 11:45- Cooking w/ Abby 2:00- Bingo 3:00- Beverage Cart 3:30-4:30 Pet Therapy w/ Duke 3:30- Topic January Detective Evening Wind Down Music	7 10:00- Exercise 11:00-Topic- Harlem Globetrotter's 1:30- Walking Wednesday Club 2:30- Beverage Cart - Hot Chocolate 3:30- Patriotic Music Singalongs Evening Wind Down Music	8 10:00- Exercise w/ Scarves 11:45-12:30- " A Slice To Remember Corso Care Ladies Lunch (E) 1:30- Devotions From The Kitchen Table & Prayer Time w/ Chaplain Daniel 2:00- Manicures & More 2:30- Beverage Cart 3:00- Would You Rather / You Tube Evening Wind Down Music	9 10:00- Exercise 11:00-Topic: Balloon Ascension Day & Daily Chronicle 2:00- 3:00- Music w/ Chris H 2:30 - Happy Hour Beverage Cart 3:30- Remember When Photos 5:00- 6:30- Popsicle Snowflake Art (E)	10 10:00- Exercise 11:00- Topic: League of Nations Day & Daily Chronicle 2:30- Beverage cart 3:00 - Finish the Phrase Game 3:30-Top Travels 50 Most Beautiful Places To Visit - You Tube Channel Evening Wind Down
10:30- Topics: Learn Your Name In Morsecode Day & Daily Chronicle Day 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Expedition Unknown- Hidden Treasure Awakens! You Tube Channel Evening Wind Down Music	12 10:00- Exercise w/ Ribbons 11:00- Topic: Kiss A Ginger Day & Daily Chronicle 1:45- Music Therapy w/ Janeen 2:30- Beverage Cart 3:00- Art Cart- String Painting 3:30- Name 10 Things Game Evening Wind Down Music	13 10:00- Exercise 11:00- Topic: Make Your Dream Come True Day & Daily Chronicle 2:00- 3:00- Drumming w/ Billy 3:00- Beverage Cart 3:30-4:30 Pet Therapy w/ Duke 3:30- Laundry Day /Folding Clothes Evening Wind Down Music	14 10:00- Exercise 11:00- Topic: Organize Your Home Day & Daily Chronicle 1:30 - Pet Visit w/ Sherlock 2:30- Beverage Cart -Root Beer Floats 3:30- Memory Lane w/ Dee Dee Singalongs Evening Wind Down Music	15 10:00- Exercise w/ Scarves 11:00- Topic: Bagel Day & Daily Chronicle 1:30-Pet Visit w/ Max 2:00- Manicures & More 2:30- Beverage Cart 3:00- Balloon Volleyball Evening Wind Down Music	16 10:00- Exercise 11:00- Topic: Appreciate A Dragon Day & Daily Chronicle 2:00-3:00- Music w/ Mimix Band 2:30- Happy Hour Beverage Cart 3:30- Reading Words Of Wisdom Magazine 5:00-6:30- Q- Tip Snowflakes Art (S)	17 10:00- Exercise 11:00- Topics: Popeye Day & Daily Chronicle 2:30- Beverage Cart 3:00- Belly Giggles -Joke Book 3:30- Scenic Hunter- 25 Places to Visit In Caribbean Island's - You Tube Channel
18 10:30- Topics: Gourmet Coffee Day & Daily Chronicle 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Expedition Unknown -Mystery Beneath the Nazca Lines ! You Tube Channel Evening Wind Down	19 10:00- Exercise w/ Ribbons 11:00- Topic : Martin Luther King Jr. Day & Daily Chronicle 1:45- Music w/ a Twist 2:30- Beverage Cart 3:00- Art Cart- Q-Tip Log Cabin Picture 3:30- Shake Loose A Memory Game Evening Wind Down Music	20 10:00- Exercise 11:00- Topic: Disco Jockey Day 11:00-11:45 - Cooking w/ Abby 2:00- Bingo 3:00- Beverage Cart 3:30-4:30 Pet Therapy w/ Duke 3:30- Spoon Game Evening Wind Down Music	21 10:00- Exercise 11:00- Topic: Int National Sweat Pants Day & Daily Chronicle 1:30 - Walking Wednesday 2:30- -Culinary Showcase & Beverage Cart 3:30- Patriotic Music Singalongs Evening Wind Down Music	22 10:00- Exercise w/ Scarves 11:00- Topic: Answer Your Cats Questions 11:30- Resident Forum 1:30- The Intrigue of Small Thoughts Devotionals & Prayer Time w/ Chaplain Daniel 2:00- Manicures & More 2:30- Beverage Cart 3:00- Laundry Day Folding Close Evening Wind Down Music	23 10:00- Exercise 11:00- Topics: National Activity Professional Day & Daily Chronicle 2:00-3:00- Music w/ Jim Kozel 2:30- Happy Hour Beverage Cart 3:30- January Trivia 5:00-6:30- Family Night- Mitten Painting (E)	24 10:00- Exercise 11:00- Topic: Beer Can Day & Daily Chronicle 2:30- Beverage Cart 3:00- Time Life Book- The Good Old Days Discussion & Reminiscing 3:30- Transform Your Mind Wonders Of Planet's - You Tube Channel
25 10:30- Topic: Robert Burns Day & Daily Chronicle 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Expedition Unknown - American History You Tube Channel Evening Wind Down Music	26 10:00- Exercise w/ Ribbons 11:00- Topic: Green Juice Day & Daily Chronicle 1:45- Music Therapy w/ Janeen 2:30- Beverage Cart 3:00- Book Lovers Club 3:30- Reminisce Toy Box Evening Wind Down Music	27 10:00- Exercise 11:00- Topic: Old Fashion Candy Day & Daily Chronicle 2:00- Bingo 3:00- Beverage Cart 3:30-4:30 Pet Therapy w/ Duke 3:30- Animal Match Game	28 10:00- Exercise 11:00- Topic: Data Privacy Day & Daily Chronicle 1:30- Pet Visit w/ Sherlock 2:30- Beverage Cart - Hot Chocolate 3:30- Music w/ Dee Dee Singalongs Evening Wind Down Music 12/26	29 10:00- Exercise w/ Scarves 11:00- 11:45- Men's Club Tinker Toys & Duck Tape 1:30-Devotions From The Kitchen Table & Prayer Time w/ Chaplain Daniel 2:00- Manicures & More 2:30- Beverage Cart 3:00- Basketball Toss Game Evening Wind Down Music	30 10:00- Exercise 11:00- Topics: Inane Answering Message Day & Daily Chronicle 2:00-3:00- Music w/ Debbie Darling 2:30- Happy Hour New Resident's Welcome & Birthday Bash 3:30- Name 10 Things Game 5:00-6:30- Snowflake Wreaths Art (S)	31 10:00- Exercise 11:00- Topic: Inspire Your Heart w/ Art Day & Daily Chronicle 2:30- Beverage Cart 3:00- Watercolor Painting Relish Cards 3:30- Island Hopper TV- Best Travel Destinations In The World 4K - You Tube Channel

Calendar Key:

East (E)

South (S)

Activity Table (AT)

Independence Village SENIOR LIVING