

FEBRUARY 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Coffee & Apple Bars 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 2:00 Matinee Movie: Ground Hog Day (MR)	2 10:00 Exercise with Powerback (EK) 11:00- Cookin' Crew -Beef & Noodles (EK) 1:00 Walk for a Healthy Heart (Meet in the Front Lobby to walk inside together) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:45 Wild Rummy (B)	3 9:00 Walmart Shopping Trip 10:00 Winter Warm Up Exercise (MR) 11:00 Art- Wired Heart (AR) 11:00 JCPenney/Kohl's Shopping Trip 1:00 Trip to Stahl's Auto 3:00 Happy Hour- Gary Pillow (B)	4 10:00 Exercise W/ Syd Fit (MR) 11:00 From Plug to Go: How Electric Cars are Fueled (MR) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 3:00 Men's Social Hour (MR) 6:30 Barb's Sing - along (C) 6:30 Rosary (MR) 6:45 Dominos (B)	5 10:00 Golden Groove Winter Workout Exercise (MR) 11:00 Lunch at Ruby's Chinese Restaurant 3:00 Happy Hour-Mike Palomba (B) 6:30 Barb's Sing-along (C) 6:45 Pinochle (B)	6 10:00 Cardio Drumming (MR) 10:30 Wii Sports (MR) 12:00 \$5 Lunch (B) 2:00 Opening Olympic Ceremony & Games (B) 6:30 Barb's Piano Sing-along (C) 6:45 Hand & Foot (B)	7 10:00 Coffee/On this Day in History (C) 11:30 Trip To Orange Leaf for Frozen Yogurt 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 "Get Your Cue On" Let's Play Pool (MR)
8 11:00 Sunday Stretch Exercise (MR) 11:30 Football Trivia (C) 11:30 Watch Catholic Mass (MR) 2:00 Movie Matinee: First Wives Club (MR) 6:30 Watch Super Bowl (B)	9 10:00 Exercise with Powerback (EK) 11:00 Lutheran Service (MR) 11:00 Cookin' Crew- Walking Tacos EK 1:00 Walk for a Healthy Heart (Meet in the Front Lobby to walk inside together) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:45 Wild Rummy (B)	10 9:00 Aldi Shopping Trip 10:00 Winter Warm Up Exercise (MR) 11:00 Art- Valentine Project (AR) 11:00 Target Shopping Trip 1:30 Catholic Service (EK) 2:00 Winter Minute To Win It Games (B) 3:00 Happy Hour- Kenny G. (B)	11 10:00 Snow Day Stretch (MR) 11:00 Manicures (EK) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 2:30 Winter Olympic Game (B) 3:00 Men's Social Hour (MR) 6:30 Barb's Sing - along (C) 6:30 Rosary (MR) 6:45 Dominos (B)	12 9:00 Vet's Breakfast (B) 10:00 Golden Groove Winter Workout Exercise (MR) 11:00 Lunch at Great Lakes Family Restaurant 1:30 Make a Masquerade Mask for our Mardi Gras Party (AR) 1:00 Euchre (L) 3:00 Happy Hour- Candle Light Concert With Scott Vernier (B) 6:30 Barb's Piano Sing-along (C) 6:45 Pinochle (B)	13 Wear Red or Pink 10:00 Cardio Drumming (MR) 11:00 Science Project- Crystal Hearts (AR) 2:30 Newlywed Game and Valentine Party (B) 6:30 Barb's Piano Sing-along (C) 6:45 Hand & Foot (B)	14 Happy Valentine's Day 10:00 Coffee/On this Day in History (C) 11:00 Baking Club- Strawberry Kiss Cookies (EK) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 "Get Your Cue On" Let's Play Pool (MR)
15 10:00 Coffee & Cookies (B) 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Winter Olympic Game (B) 2:00 Movie Matinee: The American President (MR)	16 President's Day 10:00 Exercise with Powerback (EK) 11:00 Cookin Crew- Sheet Pan Chicken & Vegetables (EK) 1:00 Walk for a Healthy Heart (Meet in the Front Lobby for a walk inside together) 1:30 President's Day Activity (C) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:45 Wild Rummy (B)	17 Fat Tuesday 9:00 Come get your Paczki! (B) 9:00 Meijer Shopping Trip 10:00 Winter Warm Up Exercise (MR) 11:00 Art- Make A Clock (AR) 11:00 Hobby Lobby 3:00 Happy Hour-Jeff Cavataio-Mardi Gras Party (B)	18 9:00 Waffle Wednesday (B) 10:00 Exercise W/Syd Fit (MR) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 3:00 Men's Social Hour (MR) 6:30 Barb's Sing A Long (C) 6:30 Rosary (MR) 6:45 Dominos (B)	19 9:00 Breakfast Outing At Amore's 10:00 Golden Groove Winter Workout Exercise (MR) 11:00 Trip to Somerset Mall 1:00 Euchre (L) 2:00 Activity Committee Meeting (B) 3:00 Happy Hour- New Friend Welcome with Gary Sacco (B)	20 10:00 Cardio Drumming (MR) 10:30 Wii Bowling (MR) 2:00 Menu Chat (B) 2:30 Bingo (B) 6:30 Barb's Piano Sing - Along (C) 6:45 Hand & Foot (B)	21 10:00 Coffee/On this Day in History (C) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 "Get Your Cue On" Let's Play Pool (MR)
22 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Balloon Volleyball (EK) 2:00 Matinee Movie -An Affair To Remember (MR) 2:30 Watch The Olympic Closing Ceremonies (B)	23 10:00 Exercise with Powerback (EK) 11:00 Cookin' Crew- Meatball Casserole (EK) 1:00 Walk for a Healthy Heart (Meet in the Front Lobby to walk inside together) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:45 Wild Rummy (B)	24 9:00 Kroger Shopping Trip 10:00 Winter Warm Up Exercise (MR) 11:00 Trip to Ditto Consignment Shop 11:00 Art-Watercolor Painting (AR) 1:30 Catholic Service (EK) 3:00 Happy Hour- Cheers to Another Year! Pam Edwards (B)	25 10:00 Snow Day Stretch (MR) 11:00 Manicures (EK) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 2:30 Woman's Wine Tasting (B) 3:00 Men's Social Hour (MR) 6:30 Barb's Sing Along (C) 6:30 Rosary (MR) 6:45 Dominos (B)	26 10:00 Golden Groove Winter Workout Exercise (MR) 10:30 Detroit Historical Museum 1:00 Euchre (L) 2:00 Resident Forum (B) 3:00 Happy Hour with Boogie Woogie (C) 6:45 Hand & Foot (B)	27 10:00 Cardio Drumming (MR) 11:00 Trip To Christine's Bakery 2:00 Culinary Showcase (B) 2:30 Bingo (B) 6:30 Barb's Piano Sing - Along (C) 6:45 Hand & Foot (B)	28 10:00 Coffee / On this Day in History (C) 11:00 Baking Club - Raspberry Rice Krispies (EK) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 "Get Your Cue On" Let's Play Pool (MR)
						

Calender Key:

AR- Art Room

B- Bistro

C- Cafe

CY - Courtyard

DR- Dining Room

EK- Enhanced Kitchen

F- Front Lobby

L- Library

S- Salon

MR- Media Room

-\$ Funny Money Earned