

Grandhaven Living Center

Assisted Living

January 2025

Life Enrichment Monthly Calendar

Activities are subject to change


| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|--|--|--|--|---|
|  |  |  |  | <b>New Years Day 1</b><br>11:00am New Years Wishes (HD)<br>1:30pm First Bingo of 2026! (CR)  | <b>2</b><br>11:00am Weightlifting (CR)<br>11:30am Daily Reading (CR)<br>2:00pm Leave the Past Behind Workshop (CR)                       | <b>3</b><br>10:00am Activity Table<br>1:30pm YouTube Trivia<br>6:30pm Walk the Community  |
| <b>4</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Activity Table<br>6:30pm Wind Down with Essential Oils                    | <b>5</b><br>11:00am Bingo (CR)<br>1:30pm Manicures (CR)<br>2:00pm Manicures (HD)                             | <b>6</b><br>11:00am Hand Exercise (CR)<br>11:30am Daily Reading & Hymn Sing (CR)<br>2:30pm Fill Out Your '26 Calendars Together (CR) | <b>7</b><br>11:00am Board Games (CR)<br>11:30am Daily Reading (CR)<br>2:30pm Jeopardy (CR)<br>3:30pm Dog Visits with Chewie (CR)         | <b>8</b><br>11:00am Arm Exercises (HD)<br>11:30am Manicures (HD/RV)<br>1:30pm Bingo (CR)<br>3:00pm "Wheelie Good Moments" One-on-One Cart (Harbor RV*) | <b>9</b><br>11:00am Weightlifting (CR)<br>11:30am Daily Reading (CR)<br>2:00pm AI Scam Awareness Program (CR)                            | <b>10</b><br>10:00am Morning Movie<br>1:30pm Post-Lunch Walk<br>4:45pm Dinner Comedy Hour |
| <b>11</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Meet Your Neighbors to the Left  | <b>12</b><br>11:00am Soccer (HD)<br>11:30am Daily Reading (HD)<br>1:30pm Bingo (CR)                          | <b>13</b><br>11:00am Hand Exercise (CR)<br>11:30am Daily Reading & Hymn Sing (CR)<br>2:30pm '26 Quilt Planning (CR)                  | <b>14</b><br>11:00am Board Games (CR)<br>11:30am Daily Reading (CR)<br>2:30pm Activity Forum (CR)<br>3:30pm Cat Visits with Mo (CR)      | <b>15</b><br>1:30pm Bingo (CR)<br>3:00pm "Wheelie Good Moments" One-on-One Cart (Pier RV*)   | <b>16</b><br>11:00am Weightlifting (CR)<br>11:30am Daily Reading (CR)<br>2:00pm Music 'N' Mocktails with Marty Noss (CR)                 | <b>17</b><br>10:00am Activity Table<br>1:30pm YouTube Trivia<br>6:30pm Walk the Community |
| <b>18</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Activity Table<br>6:30pm Wind Down with Essential Oils                   | <b>Martin Luther King Jr. Day 19</b><br>11:00am Bingo (CR)<br>1:30pm Manicures (CR)<br>2:00pm Manicures (HD) | <b>20</b><br>11:00am Hand Exercise (CR)<br>11:30am Daily Reading & Hymn Sing (CR)<br>2:30pm Ice Painting (CR)                        | <b>21</b><br>11:00am Board Games (HD)<br>11:30am Daily Reading (HD)<br>3:30pm Dog Visits with Chewie (CR)<br>6:30pm Music with Russ (LH) | <b>22</b><br>1:30pm Bingo (CR)<br>3:00pm "Wheelie Good Moments" One-on-One Cart (Lighthouse RV*)   | <b>23</b><br>11:00am Weightlifting (CR)<br>11:30am Daily Reading (CR)<br>2:00pm Name That Tune with Disability Network Capital Area (CR) | <b>24</b><br>10:00am Morning Movie<br>1:30pm Post-Lunch Walk<br>4:45pm Dinner Comedy Hour |
| <b>25</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Meet Your Neighbors to the Right<br>6:30pm Wind Down with Essential Oils | <b>26</b><br>11:00am Soccer (HD)<br>11:30am Daily Reading (HD)<br>1:30pm Bingo (CR)                          | <b>27</b><br>11:00am Hand Exercise (CR)<br>11:30am Daily Reading & Hymn Sing (CR)<br>2:30pm Marshmallow Igloo Building Contest (CR)  | <b>28</b><br>11:00am Resident Council (CR)<br>2:30pm Spintopia (CR)<br>3:30pm Cat Visits with Mo (CR)                                    | <b>29</b><br>1:30pm Bingo (CR)<br>3:00pm "Wheelie Good Moments" One-on-One Cart (Harbor RV*)   | <b>30</b><br>11:00am Weightlifting (CR)<br>11:30am Daily Reading (CR)<br>1:30pm Birthday Celebration with Dan the Piano Man (CR)         | <b>31</b><br>10:00am Activity Table<br>1:30pm YouTube Trivia<br>6:30pm Walk the Community |

**Calender Key:**  
BW - Boardwalk  
CR - Community Room  
CT - Cottage

HD - Harbor Dining  
LH - Lighthouse Dining  
PL - Pier Lobby  
RV - Room Visits\*

\*Room visits may happen at an earlier OR later time than the calendar says depending on where LE starts

\*\* Sign-up w/ Life Enrichment Director in advance



Grandhaven  
BY STORYPOINT GROUP