

Assisted Living January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*= Resident Led Programs			New Years Day 10:00 am Daily Delights Pickup (AR) 11:00 am Chair Yoga (AR) 1:30 pm Matinee Movie: New Years Eve (AR) 6:00 pm *Adult Coloring & Relaxation (AR)	2 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm Music by Marie Kravetz (MC) 3:00 pm Matinee Movie: Resident Choice (AR)	3 10:00 am Daily Delights Pickup (AR) 11:15 am Saturday Stretch (AR) 2:30 pm Feature Film: Knives Out Wake Up Dead Man (AR)
4 10:00 am Daily Delights Pickup (AR) 10:30 am Televised Church Service (AR) 3:30 pm Jewelry Making (AR)	5 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 3:00 pm Funny Bingo Bingo (AR) 4:00 pm Crafting Collective: Desktop Calendars (AR) 6:00 pm *Jigsaw Puzzles (AR)	6 10:00 am Daily Delights Pickup (AR) 11:00 am Weight Workout (AR) 2:00 pm Shopping at Dollar Store (O) 4:00 pm Rosary Prayer Group (AR)	7 10:00 am Daily Delights Pickup (AR) 11:00 am NEW! SingFit (AR) 1:00 pm St. Paul of Tarsus Catholic Service (IL-AR) 3:00 pm Silver Sneakers Workout (AR) 6:00 pm *Wacky Wordsearches (AR)	8 10:00 am Daily Delights Pickup (AR) 11:00 am Women of Faith Group w/ St Paul of Tarsus (B) 3:00 pm Funny Money Bingo (AR) 4:00 pm Funny Money \$tore! (AR)	9 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm NEW! Spintopia Game! (AR) 3:30 pm Music by Bella Musica (B)	10 10:00 am Daily Delights Pickup (AR) 11:15 am Saturday Stretch (AR) 2:30 pm Matinee Movie: Notting Hill (AR)
11 9:00 am St Paul of Tarsus Catholic Church (O) 10:00 am Daily Delights Pickup (AR) 10:30 am Televised Church Service (AR) 3:30 pm Jewelry Making (AR)	12 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm Victory Church Meetup All Are Welcome! (IL-AR) 3:00 pm Funny Bingo Bingo (AR) 4:00 pm Crafting Collective: Painting with a Twist (AR) 6:00 pm *Jigsaw Puzzles (AR)	13 10:00 am Daily Delights Pickup (AR) 11:00 am Weight Workout (AR) 3:00 pm Hot Cocoa Drive Around Town (O) 4:00 pm Rosary Prayer Group (AR)	14 9-10 am Waffle Wednesday (C) 10:00 am Daily Delights Pickup (AR) 11:00 am NEW! SingFit (AR) 1:00 pm St. Paul of Tarsus Catholic Service (IL-AR) 3:00 pm Silver Sneakers Workout (AR) 6:00 pm *Wacky Wordsearches (AR)	15 10:00 am Daily Delights Pickup (AR) 11:00 am Chair Yoga (AR) 3:00 pm Funny Money Bingo (AR) 4:00 pm Watercolor Painting: Birds (AR) 6:00 pm *Adult Coloring & Relaxation (AR)	16 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm NEW! Spintopia Game! (AR) 3:30 pm Birthday Bash & Music by Theo Spight (B)	17 10:00 am Daily Delights Pickup (AR) 11:15 am Saturday Stretch (AR) 2:30 pm Matinee Movie: Home Again (AR)
18 10:00 am Daily Delights Pickup (AR) 10:30 am Televised Church Service (AR) 3:30 pm Jewelry Making (AR)	19 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 3:00 pm Funny Bingo Bingo (AR) 4:00 pm Crafting Collective: Fabric Plates (AR) 6:00 pm *Jigsaw Puzzles (AR)	20 9:00 am Veterans Breakfast (B) 10:00 am Daily Delights Pickup (AR) 11:00 am Weight Workout (AR) 2:00 pm Lil Daddy's Cheesecakes (O) 4:00 pm Rosary Prayer Group (AR)	Snowflake Ball 21 10:00 am Daily Delights Pickup (AR) 11:00 am Resident Council Meeting (AR) 1:00 pm St. Paul of Tarsus Catholic Service (IL-AR) 4-6 pm Snowflake Ball! 6:00 pm *Wacky Wordsearches (AR)	22 10:00 am Daily Delights Pickup (AR) 11:00 am Chair Yoga (AR) 3:00 pm Funny Money Bingo (AR) 4:00 pm Watercolor Painting: Houses (AR) 6:00 pm *Adult Coloring & Relaxation (AR)	23 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm NEW! Spintopia Game! (AR) 3:00 pm Matinee Movie: Resident Choice (AR)	24 10:00 am Daily Delights Pickup (AR) 11:15 am Saturday Stretch (AR) 2:30 pm Matinee Movie: Death on the Nile (AR)
25 10:00 am Daily Delights Pickup (AR) 10:30 am Televised Church Service (AR) 3:30 pm Jewelry Making (AR)	Nat'l Activity Week 26 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 3:00 pm Funny Bingo Bingo (AR) 4:00 pm Crafting Collective: Blankets for Care (AR) 6:00 pm *Jigsaw Puzzles (AR)	27 10:00 am Daily Delights Pickup (AR) 11:00 am Weight Workout (AR) 2:30 pm English Gardens (O) 4:00 pm Rosary Prayer Group (AR)	28 10:00 am Daily Delights Pickup (AR) 11:00 am NEW! SingFit (AR) 1:00 pm St. Paul of Tarsus Catholic Service (IL-AR) 3:00 pm Silver Sneakers Workout (AR) 6:00 pm *Wacky Wordsearches (AR)	29 10:00 am Daily Delights Pickup (AR) 11:00 am Chair Yoga (AR) 3:00 pm Funny Money Bingo (AR) 4:00 pm Watercolor Painting: Valentines (AR) 6:00 pm *Adult Coloring & Relaxation (AR)	30 10:00 am Daily Delights Pickup (AR) 11:00 am Cardio Drumming (AR) 2:00 pm Music by Scott Vernier (D) 3:00 pm Matinee Movie: Resident Choice (AR)	31 10:00 am Daily Delights Pickup (AR) 11:15 am Saturday Stretch (AR) 2:30 pm Matinee Movie: My Man Godfrey (AR)

Calender Key:
AR - Assisted Living Activity Room
D - Dining Room

O - Outing
F - Fitness Room
CY - Courtyard
M - Media Room 2nd Floor

L-AR - Independent Living Activity Room
IL-B - Independent Living Bistro Pub

SL - South Lobby
MC - Memory Care
L - Main Lobby
C - Cafe