

StoryPoint Knox West Memory Care		Week 1-2 February 2026 Life Enrichment Monthly Calendar					Activities are subject to change
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 1:45pm Bingo 3:00pm Temple Baptist Church (AR) 5:00pm Short Story Club	2 Groundhog Day 8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Junk Drawer Detectives 10:00am Weightlifting 12:15-1:15pm Game Shows or Word Search 1:30pm Sorting Laundry 2:00pm Groundhog Day No Bake Workshop 3:00pm Groundhog Knowledge 5:00pm Movie	3 8:30-9:15am Morning News 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am Daily Chronicles 10:30am AM Power Up 12:15-1:15pm Classic TV or Cards 1:30pm Word Games 3:00pm Hot Chocolate Social 5:00pm Puzzles	4 8:30-9:15am Morning News 10:00am Daily Chronicles 10:30am Air Drumming 11:30am Richard's Birthday Celebration 12:15-1:15pm Nature TV or Adult Coloring 1:30pm UT Gardens 2:30pm Seek & Find 3:00pm Black History Bingo 5:00pm Relaxing Scenes	5 8:30-9:15am Morning News 10:00am Scenic Bus Ride or Travel Route 66 on TV 12:00-12:45pm History TV or Mazes 1:30pm Exercise 2:00pm Plant Care 3:00pm LIVE Piano with Karen or Piano Concert on TV 5:00pm Vinyl Vibes	6 8:30-9:15am Morning News 9:30am Daily Chronicles 10:30am Opening Ceremony Winter Olympics Torch Relay (RR) 10:30am Morning Stretch 11:00am Cupids Luncheon (DR) 12:15-1:15pm Sports on TV or Puzzles 1:30pm Nails 2:30pm Guess that Tune 3:00pm Chocolate Hugs Kisses Cart 5:00pm Stories to Fall Asleep to	7 Check out the Connection pods for self-led activities with friends, Family and staff	
8 3:00pm Temple Baptist Church (AR)	9 8:30-9:15am Morning News 9:30am Weightlifting 12:15-1:15pm Winter Olympic Games on TV or Word search 1:30pm Sweeping 3:30pm Number Game 5:00pm Movie	10 8:30-9:15am Morning News 9:30am Catholic Service & Communion (L) or Morning Devotional 12:15-1:15pm Winter Olympic Games on TV or Cards 1:30pm Card Games 3:00pm LIVE Steve Burgess Magic Show or Magic on TV 5:00pm Puzzles	11 8:30-9:15am Morning News 10:00am Daily Chronicles 10:30am Yoga 12:15-1:15pm Winter Olympic Games on TV or Adult Coloring 1:30pm Black History Trivia 2:00pm Finish the Song Lyric 3:00pm Bingo 5:00pm Relaxing Scenes	12 8:30-9:15am Morning News 9:45am Daily Chronicles 12:15-1:15pm Winter Olympic Games on TV or Mazes 1:00pm Calvary Devotion 2:00pm Plant Care 3:00pm LIVE The Geezer Guy (A) or Folk Music on TV 5:00pm Vinyl Vibes	13 8:30-9:15am Morning News 9:30am History of Valentine's Day 10:00am Valentines Trivia 10:30am Morning Stretch 11:30am Cupids Luncheon (DR) 12:15-1:15pm Winter Olympic Games on TV or Puzzles 1:30pm Nails 2:30pm Candy Game 3:00pm Happy Hour Cart 5:00pm Stories To Fall	14 Valentine's Day 12:30pm Crafting w/ Megan 2:00pm LIVE Blue Brothers (MC)	
Calender Key: A -AL Activity Room CY – Courtyard FL – Front Lobby L – Library P - Patio DR - Dining Room RR - Room to Room							STORYPOINT Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>15</div> <div>1:45pm Bingo 3:00pm Temple Baptist Church (AR) 5:00pm Short Story Club</div>	<div>16</div> <div>Presidents Day 8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Presidents & 1st Ladies Weightlifting 12:15-1:15pm Martin Luther King Jr. Bio on TV or Word Search 1:30pm Olympic Winter Games on TV 2:00pm Jim's 102nd Birthday Celebration 3:00pm LIVE Cliff Adkins (A) or Gospel Music on TV 5:00pm Movie</div>	<div>17</div> <div>Mardi Gras 8:30-9:15am Morning News 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am Daily Chronicles 10:30am Mardi Gras Exercise 12:15-1:15pm Winter Olympic Games on TV or Cards 2:00pm Sing Along with Dennis or Sing Along on TV 3:00pm Mardi Gras Social 5:00pm Puzzles</div>	<div>18</div> <div>8:30-9:15am Morning News 10:00am Daily Chronicles 10:30am Dancing Exercise 12:15-1:15pm Winter Olympic Games on TV or Adult Coloring 1:30pm Plant Care 2:00pm Town Hall Meeting 2:30pm Silly Sound Off Game 3:00pm Bingo 5:00pm Relaxing Scenes</div>	<div>19</div> <div>8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Library or Story Telling on TV 12:15-1:15pm Winter Olympic Games on TV or Mazes 1:00pm Calvary Devotion (A) or Devotion on TV 2:00pm Art with Sheryl (MC) 3:00pm LIVE Frank & Friends (A) or 1950's Music on TV 5:00pm Vinyl Vibes</div>	<div>20</div> <div>8:30-9:15am Morning News 9:30am Daily Chronicles 10:00am Name That Tune 10:30am Morning Stretch 12:15-1:15pm Winter Olympic Games on TV or Puzzles 1:30pm Plant Care 2:30pm What Am I? 3:00pm Happy Hour Cart 5:00pm Stories To Fall Asleep To</div>	<div>21</div> <div>Check out the Connection pods for self-led activities with friends, Family and staff</div>
<div>22</div> <div>3:00pm Temple Baptist Church (AR)</div>	<div>23</div> <div>8:30-9:15am Morning News 9:45am Daily Chronicles 10:00am Junk Drawer Detectives 10:30am Weightlifting 12:15-1:15pm Game Shows or Word Search 1:30pm Straightening Up 2:00pm LIVE Steve Carr (A) or Sammy Davis Jr. Concert on TV 3:00pm Black History Main Events 5:00pm Movie</div>	<div>24</div> <div>8:30-9:15am Morning News 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am Daily Chronicles 10:30am AM Power Up 12:15-1:15pm Classic TV or Cards 1:30pm Dice Games 3:00pm Chips and Dip Social 5:00pm Puzzles</div>	<div>25</div> <div>8:30-9:15am Morning News 10:00am Daily Chronicles 10:30am Exercise 12:15-1:15pm Nature TV or Adult Coloring 1:30pm Plant Care 2:00pm Monthly Birthday Party 3:00pm Bingo 5:00pm Relaxing Scenes</div>	<div>26</div> <div>8:30-9:15am Morning News 10:00am Out to the Coffee Shop or History of Coffee on TV 12:00-12:45pm History TV or Mazes 1:00pm Calvary Devotion 2:00pm Cooking with Chef (MC) 3:00pm LIVE Ricky Starr (MC) or Motown Concert on TV 5:00pm Vinyl Vibes</div>	<div>27</div> <div>8:30-9:15am Morning News 9:30am Daily Chronicles 10:00am Riddles 10:30am Morning Stretch 12:15-1:15pm Sports on TV or Puzzles 1:30pm Plant Care 2:00pm LIVE Billie Lafollett (A) or Jazz Concert on TV 3:00pm Happy Hour Cart 5:00pm Stories To Fall Asleep To</div>	<div>28</div> <div>12:30pm Crafting w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan</div>
<div>HAPPY BIRTHDAY</div> <div>Thomas 1st Richard 4th Jim 15th</div>						

Calendar Key:

A -AL Activity Room
CY – Courtyard

FL – Front Lobby
L – Library

P - Patio
DR - Dining Room

RR - Room to Room