



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00pm Temple Baptist Church Service (A) 5:45pm Tom Talks (A)	2 Groundhog Day 10:30 Morning Stretch (A) 11:00pm Life Enrichment Planning Meeting (L) 1:30pm Groundhog Day Trivia (L) 3:00pm Edible Groundhog Craft (A) 5:45pm Movie (JR)	3 9:30am Catholic Service & Communion (L) 10:00am Coffee Shop SIGN UP 10:30am Weightlifting (A) 1:30pm Apples to Apples Game (L) 3:00pm Valentine Craft (A) 6:00pm Blackjack w/ Don (L)	4 10:30am AM Power Up (A) 11:00am Who Am I? Discussion (A) 1:30pm Hues and Cues Game (L) 3:00pm Bingo (A) 5:45pm After Dinner Game Night -SELF LED (A)	5 10:30am Sandy's Fitness (A) 2:00pm Nails (L) 3:00pm LIVE Piano w/ Karen (A) 4:30pm Men's Pizza and Beer Dinner (A) SEND A BALLOON GRAM BEFORE FEBRUARY 11TH	6 10:00am Short Story Club (L) 10:30am Opening Ceremony Winter Olympics Torch March (RR) 1:30pm Putting the Past in Order - Black History (L) 3:00pm January Birthday Celebration Happy Hour (A)	7 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)
8 3:00pm Temple Baptist Church Service (A)	9 10:30 Morning Stretch (A) 1:30pm Trivia w/Linda (L) 3:00pm Knoxville Public Health Hosts Staying Strong & Independent for Life (A)	10 9:30am Catholic Service & Communion (L) 10:30am Weightlifting (A) 3:00pm LIVE Steve Burgess Magic Show (A) 6:00pm Prayer Group w/ Jean (L)	11 10:30am AM Power Up (A) 11:00am What Am I? Discussion (A) 1:30pm Apples to Apples Game (L) 3:00pm Bingo (A) 5:45pm After Dinner Game Night -SELF LED (A)	12 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (MC) 2:00pm Nails (L) 3:00pm LIVE The Geezer Guy (A) 5:45pm Galentines "Wigs & Wine" Social SIGN UP LADIES ONLY (A)	13 Balloon Grams 10:00am Short Story Club (L) 10:30am Air Drumming (A) 11:30am Cupids Luncheon (DR) 1:30pm Legacy of the Sweet Potato Pie Cooking Workshop (A) 3:00pm New Neighbor Cotton Candy Soiree (A)	14 Valentines Day 9:30am Kroger SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR) 2:00pm LIVE Blue Brothers (MC)

Calender Key:	CY - Courtyard	JR - Jefferson Room	S - Self led	N- New	
A – Activity Room	L - Library	DR - Dining Room		event/entertainer/Host	
FL - Front Lobby	MC - Memory Care	RR - Room to Room			

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StoryPoint Knox West Assisted Living		Week 3-4 February 2026 Life Enrichment Monthly Calendar						Activities are subject to change					
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
15		16		17		18		19		20		21	
3:00pm Temple Baptist Church Service (A) 5:45pm Culinary Travels w/ Megan (A)		10:30 Presidents Fitness Exercise (A) 1:30pm President Trivia (L) 3:00pm LIVE Cliff Adkins (A) 5:45pm Movie (JR)		9:30am Catholic Service & Communion (L) 10:00am Scenic Drive SIGN UP 10:30am Mardi Gras Exercise (A) 2:00pm LIVE Sing along w/ Dennis (A) 3:00pm Mardi Gras Party (A) 6:00pm Caregiver Support Group w/Nancy (L)		10:30am AM Power Up (A) 11:00am Where Am I? Discussion (A) 2:00pm Nutritional Showcase (DR) 3:00pm Bingo (A) 5:45pm After Dinner Game Night -SELF LED (A)		10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Art w/ Sheryl (A) 3:00pm LIVE Frank & Friends (A) 5:45pm After Dinner Discussions with Marita (L)		10:00am Short Story Club (L) 10:30am Air Drumming (A) 1:30pm Decoding Maya Angelou (L) 3:00pm Singo w/ T (A)		10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)	
22		23		24		25		26		27		28	
3:00pm Temple Baptist Church Service (A)		10:30 Morning Stretch (A) 2:00pm LIVE Steve Carr (A) 3:00pm Resident Council (A) 5:45pm Movie (JR)		9:30am Catholic Service & Communion (L) 10:00pm Bearden Library SIGN UP 10:30am Weightlifting (A) 1:30pm Group Crossword (L) 3:00pm Grief Group w/ Scarlett (L) 6:00pm Herbal Tea w/ Mary Ann (A)		10:30am AM Power Up (A) 11:00am What's Your Verdict? Discussion (A) 1:30pm Man Bites Dog Game (L) 3:00pm Movie Bingo (A) 4:00pm Bingo Store (A) 5:45pm After Dinner Game Night -SELF LED (A)		10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (MC) 2:00pm Crossroads Christian Academy Hosts Minute to Win It (1st Floor) 3:00pm LIVE Ricky Starr (MC) 5:45pm T's TV Concert (A)		10:00am Short Story Club (L) 10:30am Air Drumming (A) 1:30pm Black History Words in Words Game (L) 3:00pm LIVE (N) Billie LaFollette/Happy Hour(A)		10:30am Publix SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Movie Gathering (JR)	
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