

February 2026

Life Enrichment Monthly Calendar

Assisted Living

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2 pm Chapel Hill UMC Trolley Cart is available with games, playing cards, puzzles, and craft	Groundhog Day! 2 10 am Exercise 10:30 am Come bop the groundhog 1 pm Resident Forum 1:30 pm The Long Winter-book club	National The Day The Music Died Day! 3 10 am Exercise 10:30 am Card craft with Amy 1 pm Blast from the past with music	National Thank A Mail Carrier Day! 4 10 am Exercise 10:30 am The Long Winter-book club 1 pm The Long Winter-book club 3:30 pm Independent UNO	5 10 am Exercise 10:30 am Coffee and chat 1 pm Wheel of Fortune 2:30 pm The Long Winter-book club	6 10 am Exercise 10:30 am Sending Smiles: making a friend a card. 1 pm Bingo 6:30 pm Word Search Popcorn Friday!	National Send A Card To A Friend! 7 Trolley Cart is available with games, playing cards, puzzles, and craft
8 Trolley Cart is available with games, playing cards, puzzles, and craft	Wear Pink & White Day! 9 10 am Book Club 10:30 am Exercise 1 pm Sun Catcher Creation	Wear Pink Socks Day! 10 10 am Exercise 10:30 am Decorate Cookies 1 pm Baking with Amy 6:30 pm Sorry with staff	National Latte Day! 11 10 am Exercise 10:30 am Lattes and Chocolate 1 pm Showing Casablanca with popcorn	12 Manicure Magic Day! 10 am Exercise 10:30 am Manicure Magic 1 pm Manicure Magic 3:30 pm Make a friend a card	13 Galentines Day! 10 am Exercise 10:30 am Hair Renewal Experience 12 pm Galentines Lunch Popcorn Friday!	14 3:30pm Special Delivery! Trolley Cart is available with games, playing cards, puzzles, and craft
15 2 pm Chapel Hill UMC Trolley Cart is available with games, playing cards, puzzles, and craft	Presidents Day! 16 10 am Exercise 10:30 am Baking with Amy 2:30 pm Holding On To What Matters with Monica	17 10 am Exercise 10:30 am Wheel of Fortune 1 pm Button Art with Amy	National Wine Day! 18 10 am Exercise 10:30 am Wine Trivia 1 pm Sips Happen! Wine Cart visit 3:30 pm UNO	19 National Chocolate Mint Day! 10 am Exercise 10:30 am Sand Painting 2:30 pm Chocolate Mint Sundaes	20 10 am Exercise 10:30 am Coffee and Chat 1 pm Bingo 6:30 pm Inside walk Popcorn Friday	21 Trolley Cart is available with games, playing cards, puzzles, and craft
22 3:30 pm Word Scramble Trolley Cart is available with games, playing cards, puzzles, and craft	National Banana Bread Day! 23 10 am Exercise 10:30 am Baking with Amy 1 pm Heart Strings Entertainment	24 10 am Exercise 10:30 am Card Shark game 1 pm Name that tune	25 Memory Lane Day! 10 am Exercise 10:30 am Moments That Made Us! 1 pm Moments That Made Us! 6:30 pm Wine and Canvas	26 10 am Exercise 10:30 am Finish the Phrase game 1 pm Wheel of Fortune 3:30 pm Hot Chocolate and Chat	27 National Retro Day! 10 am Exercise 10:30 am Remember When? 1 pm Bingo Popcorn Friday!	28 Trolley Cart is available with games, playing cards, puzzles, and craft

Work Anniversaries:
Shaylene 2/5 celebrating 1 year