

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Sunday Strides with Terry 3:30pm Netflix Series A Man on the Inside	2 Groundhog Day 10am Noodle-cise 11am Manicures 2pm Lets Get It Poppin' 3pm Live Music by Dan Hays 5:30pm Outing to Creative 360 for Blast from the Past 6pm Open Euchre	3 10am Hand Weights 11am Group Sudoku 1pm Give Back: Valentine Candy Grams 3pm Nature Presentation Topic: Animal Courtship 6:30pm Did You Know?	4 10am Stay Active w/ Ashley 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Calendar Review and Brainstorm w/ Katie	5 10am Cardiomelon 11am Crossword 12:30pm The Souper Bowl IX 3pm Discovering Dance Lets Learn: The Hustle 6pm Five Crowns	6 10am Balance in Action w/ Powerback Rehab 12pm Wii Bowling League 3pm Happy Hour & Super Bowl Square Bets 6pm Hillbilly Rummy	7 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Pictionary 3pm BINGO 6pm Saturday Theater The Sandlot
8 Super Bowl Sunday 10am Sunday Stretch 11-2pm Sunday Brunch Buffet 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series A Man on the Inside 2 6:30pm Super Bowl Celebration	9 10am Noodle-cise 11am Kindness 101 with Bonnie Eber (Author) 1pm Outing to the Cozy Cat Cafe 2pm Lets Get It Poppin' 6pm Open Euchre	10 10am Hand Weights 11am Group Sudoku 1pm 'Not So' Newly Wed Game 3pm Resident Forum 6pm Resident Sing Along	11 10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Name that Tune Live with Val Lemen	12 10am Havin' a Ball with Kate 11am Crossword 12:30pm 'A Box Full of Love' 3pm Discovering Dance Lets Learn: The Merengue 6pm Five Crowns	13 10am Balance in Action w/ Powerback Rehab 12pm Wii Bowling League 1pm Meet & Greet w/ PS Salon 3pm Happy Hour 6pm Hillbilly Rummy	14 Valentine's Day 10am Exercise DVD 11am Open Wii Bowling 12-3pm Special Delivery: Valentine Candy Grams 3pm BINGO 6pm Saturday Theater The Kissing Booth
15 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing to the Midland Community Orchestra 3:30pm Netflix Series A Man on the Inside 2	16 President's Day 10am Noodle-cise 11am Lunch Outing to Logan's Roadhouse 2pm Lets Get It Poppin' 3pm Manicures 6pm Open Euchre	17 Fat Tuesday 10am Hand Weights 11am Group Sudoku 1:30pm Mardi Gras Masquerade with The Jolly Hammers 6:30pm Did You Know?	18 10am Stay Active w/ Ashley 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Vitality Check with Powerback Rehab	19 10am Cardiomelon 11am Crossword 1pm Team Jumbo Scrabble 3pm Discovering Dance Lets Learn: The Foxy 6pm Five Crowns	20 10am Balance in Action 11am Prayer & Communion w/ United Methodist 12pm Wii Bowling League 3pm Happy Hour and Birthday Celebration 6pm Hillbilly Rummy	21 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Pictionary 3pm BINGO 6pm Saturday Theater The Zookeepers Wife
22 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Sunday Strides with Terry 3pm Live Music by the Midland Sax Quartet	23 10am Noodle-cise 10am Massage Therapy with Body Mechanics Wellness 11am Manicures 2pm Lets Get It Poppin' 3pm Funny Money Auction 6pm Open Euchre	24 10am Hand Weights 11am Book Club 1pm Tea Time Gathering 3pm Group Outburst 6pm Dementia Education Series Hospice & Grief	25 10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Aviary Exploration 6pm Resident Sing Along	26 10am Havin' a Ball with Kate 11am Crossword 1pm Culinary Demonstration with Executive Chef Karen 3pm 'Dancing with the Stars' Open Floor Dance Party 6pm Five Crowns	27 10am Balance in Action w/ Powerback Rehab 12pm Wii Bowling League 3pm Happy Hour 6pm Hillbilly Rummy	28 10am Exercise DVD 11am Open Wii Bowling 1pm BINGO 3pm Live Music by Harbor Sounds Chorus 6pm Saturday Theater Cast Away