

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|--|
| Worship Services 1 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass | Musical Monday 2 9:30 Mindful Monday Exercises 10:00 Let's Read the Daily Chronicle! 10:30 Exercise w/ Michelle! 1:00 Art Group w/Cindy 2:00 "The Four Lads" Jerry! 3:30 Singfit 6:00 Pet Visits w/Minnie 7:00 Snack Cart Pass | Susan & Levi 3 9:30 Chair Boxing! 10:00 Let's Read the Daily Chronicle! 11:00 Gentle Stretching 1:00 Would You Rather 2:00 Spoon Races 3:00 Susan & Levi 6:00 Singfit w/Sheila 7:00 Snack Cart Pass | Bingo! 4 9:30 EZ Stretch 10:00 Let's Read the Daily Chronicle! 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Reminiscing w/Jade 6:00 Puzzling Puzzles 7:00 Snack Cart Pass | Happy Hour! 5 9:30 News Today 10:00 Cardio Drumming 10:30 Let's Read the Daily Chronicle! 1:00 Baking Club w/Sheila 2:00 Happy Hour 3:00 SingFit! 6:00 1:1 Visiting 7:00 Snack Cart Pass | Ice Cream Social 6 9:30 Let's Read the Daily Chronicle! 10:00 Balloon Volleyball 10:30 Good News! 1:00 Football Friday 2:00 Ice Cream Social 3:00 Football Trivia 6:00 Armchair Travel 7:00 Snack Cart Pass | Cards & Games 7 10:00 Saturday Stretch 11:00 Good News! 12:30 1:1 Visits 1:00 Cards & Games 2:30 Bingo! 6:00 Music Enjoyment 7:00 Snack Cart Pass |
| Worship Services 8 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Super Bowl Tailgate 6:30 Coloring & Conversation 7:00 Snack Cart Pass | Musical Monday 9 9:30 Mindful Monday Exercises 10:00 Let's Read the Daily Chronicle! 10:30 Exercise w/Michelle! 1:00 Art Group w/Cindy 2:00 Pretty Nails 3:00 Music w/Marlynda 6:00 Pet Visits w/Minnie 7:00 Snack Cart Pass | Scenic Drive 10 9:30 Let's Read the Daily Chronicle! 10:00 Craft w/Candias! 11:00 EZ Exercise 1:00 Scenic Drive 2:00 Liberty Olympics! 3:00 Valentine Word Game 6:00 Singfit w/Sheila 7:00 Snack Cart Pass | Bingo! 11 9:30 EZ Stretch 10:00 Let's Read the Daily Chronicle! 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 All About the Olympics 6:00 Puzzling Puzzles 7:00 Snack Cart Pass | Happy Hour! 12 9:30 News Today 10:00 Cardio Drumming 10:30 Let's Read the Daily Chronicle! 1:00 Baking Club w/Sheila 2:00 Happy Hour 3:00 SingFit! 6:00 1:1 Visiting 7:00 Snack Cart Pass | Ice Cream Social 13 9:30 Let's Read the Daily Chronicle! 10:00 Balloon Volleyball 10:30 Good News! 1:00 Valentines Cards 2:00 Valentines Social 3:00 Trivia 6:00 Armchair Travel 7:00 Snack Cart Pass | Cards & Games 14 10:00 Saturday Stretch 11:00 Word Games 12:30 1:1 Visits 1:00 Cards & Games 2:30 Bingo! 6:00 Music Enjoyment 7:00 Snack Cart Pass |
| Worship Service 15 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass | Musical Monday 16 9:30 Mindful Monday Exercises 10:00 Let's Read the Daily Chronicle! 10:30 Exercise w/Michelle! 1:00 Art Group w/Cindy 2:00 Pretty Nails 3:00 Music w/Debra Rose 6:00 Pet Visits w/Minnie 7:00 Snack Cart Pass | Mardi Gras 17 9:30 Chair Boxing! 10:00 Let's Read the Daily Chronicle! 11:00 Gentle Stretching 1:00 Olympic Games 2:00 Paczki Party! 3:00 Susan & Levi 6:00 Singfit w/Sheila 7:00 Snack Cart Pass | Bingo! 18 9:30 EZ Stretch 10:00 Let's Read the Daily Chronicle! 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Dice Breakers 6:00 Puzzling Puzzles 7:00 Snack Cart Pass | Happy Hour! 19 9:30 News Today 10:00 Cardio Drumming 10:30 Let's Read the Daily Chronicle! 1:00 Baking Club w/Sheila 2:00 Happy Hour 3:00 SingFit! 6:00 1:1 Visiting 7:00 Snack Cart Pass | Ice Cream Social 20 9:30 Let's Read the Daily Chronicle! 10:00 Balloon Volleyball 10:30 Good News! 1:00 Music with Chuck! 2:00 Ice Cream Social 3:00 More Olympics! 6:00 Armchair Travel 7:00 Snack Cart Pass | Bingo! 21 10:00 Saturday Stretch 11:00 Good News! 12:30 1:1 Visits 1:00 Picture This! 2:00 Bingo! 6:00 Music Enjoyment 7:00 Snack Cart Pass |
| Worship Service 22 9:00 Catholic Mass 1260 AM 10:00 Catholic Mass Ch. 43 11:15 Communion 12:30 1:1 Visits 1:00 Trivia Time 2:00 Sunday Sunnies- Feel Good Stories 6:30 Coloring & Conversation 7:00 Snack Cart Pass | Musical Monday 23 9:30 Mindful Monday Exercises 10:00 Let's Read the Daily Chronicle! 10:30 Exercise w/Michelle! 1:00 Art Group w/Cindy 2:00 Pretty Nails 3:00 Music w/Ted Litchney 6:00 Pet Visits w/Minnie 7:00 Snack Cart Pass | Cornhole 24 9:30 Chair Boxing! 10:00 Let's Read the Daily Chronicle! 11:00 EZ Exercise 1:00 Word Game 2:00 Golfing 3:00 Corn Hole! 6:00 Singfit w/Sheila 7:00 Snack Cart Pass | Bingo! 25 9:30 EZ Stretch 10:00 Let's Read the Daily Chronicle! 10:30 Balloon Volleyball 1:00 1:1 Visits 2:00 Bingo! 3:00 Name That Love Song! 6:00 Puzzling Puzzles 7:00 Snack Cart Pass | Happy Hour 26 9:30 News Today 10:00 Cardio Drumming 10:30 Let's Read the Daily Chronicle! 1:00 Baking Club w/Sheila 2:00 Happy Hour 3:00 SingFit! 6:00 1:1 Visiting 7:00 Snack Cart Pass | Ice Cream Social 27 9:30 Let's Read the Daily Chronicle! 10:00 Balloon Volleyball 10:30 Good News! 1:00 Card Games 2:00 Ice Cream Social 3:00 Finish the Line! 6:00 Armchair Travel 7:00 Snack Cart Pass | Cards & Games 28 10:00 Saturday Stretch 11:00 Word Games 12:30 1:1 Visits 1:00 Bingo! 2:30 Cards & Games 6:00 Music Enjoyment 7:00 Snack Cart Pass |

Calendar Key: